Message From the President

Dear All,

It has been a difficult winter for those of you in the East and Midwest.......here’s hoping it will be mild in Westchester as we enjoy the Spring meeting. The Fall meeting had the largest attendance ever and the Fellows presented The Plenary Program. There was a great deal of participation from the audience as they were captivated by the subject.

The publications being produced from the Committee work are wonderful...I know you will keep up the good work.

It is at this meeting that we induct our new Fellows and welcome them into the organization.

Thus we say “Hello” to:
Miquel Alampay – Committee on Mental Health Services
Elia Aoun - Committee on Addictions
Aparna Atluru - Committee on Preventive Psychiatry
Alicia Barnes - Committee on Family - Dear Abby Fellow
Thomas Blair - Committee on Psychiatry and the Community
Deanna Chaukos - Committee on Medical Education
Aaron Hauptman - Committee on Child Psychiatry
Ben Hunter – Committee on Work and Organizations – Cotswold Looney Fellow
Brian Hurley - Committee on LGBT
Daniel Knoepflmacher - Committee on Psychotherapy
Jacqueline Landess - Committee of Psychiatry and the Law
Lindsey McGillivray - Committee on Neuropsychiatry
Nadia Oryema - Committee on Cultural Psychiatry
Chaitanya Pabbati - Committee on Psychopathology
Rajiv Radhakrishnan - Committee on Psychopharmacology
Audriy Yur’yev - Committee on Global Psychiatry

These two years have gone by rapidly and I will turn over the gavel to the capable hands of your soon-to-be President, Steve Sharfstein, M.D. I wish you all a most productive meeting and future!!

Best wishes,

Marcia Kraft Goin, M.D., Ph.D.
President, Group for the Advancement of Psychiatry
ANNOUNCEMENTS:

a. The Plenary Program will be: **Allen Ginsberg at the Group for Advancement of Psychiatry, The Beat Generation**

   At the upcoming GAP meeting, Dr. Stevan Weine will present the plenary, revisiting an event renowned in GAP lore and literary history – the 1960 GAP symposium on the Beat Generation, which featured the poet Allen Ginsberg. Like those psychiatrists in 1960 who came to the meeting with their Beat books and bebop albums to share with colleagues, GAP members can prepare by revisiting some of Ginsberg’s works that will be discussed, as listed below.


b. There will be an election at the Spring Meeting:

   - **President:** Steven S. Sharfstein
   - **President Elect:** John G. Looney
   - **Secretary:** Barbara Long
   - **Treasurer:** Lawrence S. Gross

   Board of Directors (vote for two of the four):

   **Mary Barber, M.D.**

   Mary Barber has been honored to serve as GAP Fellowship Chair since 2012. She has been a member of the GAP LGBT Committee since 2003 and was chair of the committee from 2006-2012. Dr. Barber is Clinical Director of Rockland Psychiatric Center, the largest of New York’s state psychiatric hospitals, and Associate Clinical Professor of Psychiatry at Columbia, where she is voluntary faculty with the Columbia Public Psychiatry Fellowship. She is past Co-Editor-in-Chief of the Journal of Gay and Lesbian Mental Health, Co-Editor of “The LGBT Casebook” (American Psychiatric Publishing 2012), and Co-Editor of “Motherhood and Mental Illness: Stories of Hope” (Springer 2014). She would be thrilled to contribute the work of positioning GAP as the premier psychiatry thinktank by serving on the GAP Board.

   **Alison Heru, M.D.**

   Alison Heru is Professor of Psychiatry, University of Colorado Denver, Medical Director of Psychosomatic Services at the University of Colorado Hospital and the Chair of the Family Committee. As a member of the Board of Directors, I would promote the mission of GAP by encouraging committee collaboration and developing a robust public and professional presence through our website.

   **David Sasso, M.D.**

   David Sasso, MD, MPH, began his career at GAP as a fellow on the College Student Committee from 2008-2010, stayed on as a Ginsberg Fellow, and became a member serving on the History Committee. He is now the founding chair of the Committee on Psychiatry and the Arts. David is Assistant Clinical Professor in the Child Study Center at Yale University School of Medicine and Medical Director of the non-profit Mid-Fairfield Child Guidance Center in Norwalk, CT. He also maintains private practices in child, adolescent, and adult psychiatry in New Haven and Westport, CT.

   Prior to his medical training, David studied music composition at the Indiana University School of Music and composed “The Trio of Minuet,” a full-length opera performed by children, which was broadcast nationally on PBS stations. Two ongoing collaborations, Musical Intervention and the Riverview Opera Project, bring songwriting and the composition and production of original opera scenes by youth to mental health settings.
David would be honored to serve on the GAP Board to help promote and expand its mission and exposure, both within the profession and more broadly in the community. You can join him at GAP meetings to play some tunes after dessert on Friday nights.

Ruth Shim, M.D.

Ruth Shim, MD, MPH is Vice Chair of Education and Faculty Development in the Department of Psychiatry at Lenox Hill Hospital in New York City, and Associate Professor of Psychiatry at the Hofstra North Shore-Long Island Jewish School of Medicine. Formerly, she was Associate Professor in the Department of Psychiatry and Behavioral Sciences at Morehouse School of Medicine, and the Associate Director of Behavioral Health at the National Center for Primary Care, dedicated to promoting optimal health care for all, with a special focus on underserved communities. She serves on the Preventive Psychiatry and Fellowship Committees of GAP, and is the co-editor (with Michael T. Compton, MD, MPH) of the Preventive Psychiatry Committee’s most recent GAP product, The Social Determinants of Mental Health (American Psychiatric Publishing, 2015).

I have dedicated my psychiatric career to public health and social justice, and appreciate the like-minded, yet simultaneously diverse opinions, experiences, and expertise of my fellow GAPers. Our organization has a rich and powerful history, and I have a vested interest in building on that history as we continue forward in a rapidly changing world, in which GAP members will shape the dialogue and redefine what it truly means to be a psychiatrist.

c.  Curbside Consult with the Group for Advancement of Psychiatry’s (GAP) Family and Cultural Committees is a column inspired by the DSM-5’s emphasis on developing a cultural formulation of patients’ illnesses and addressing family dynamics and resilience in promoting care that fosters prevention and recovery.

Curbside Consult will examine case vignettes sent in by readers and will be written collaboratively by members of the GAP Family and Cultural Psychiatry committees.

The introductory column has just been published in the January 2015 online and print issues of Clinical Psychiatry News. Two clinical cases with commentaries will be published later this year.

Here is the citation for the initial column: Ascher, MS, Heru AM, Lewis-Fernández R, Like RC. Curbside Consult: A New Column for Clinical Psychiatry News. Clinical Psychiatry News 43(1): January 1, 2015, page 12. This column presents the history and mission of GAP.

Additional information can be obtained at the following link:
We would welcome and invite GAP members to submit cases to cpnews@frontlinemedcom.com.

Please feel free to share as appropriate via email and in the GAP Newsletter. Thanks very much and have a great weekend!

Sincerely,

Roberto Lewis-Fernández, MD
Robert C. Like, MD, MS
GAP Cultural Psychiatry

Alison M. Heru, MD
Michael S. Ascher, MD
GAP Family Psychiatry

Continued. on pg. 4
Symbolic Experiential Family Therapy: Film of a Public Lecture
Carl A. Whitaker, M.D., M.A.
Atlanta, Georgia
June 12, 1987

My own understanding of ‘family therapy,’ which I always understood to be ‘family psychiatry,’ as it seemed mostly practiced by psychiatrists, began in 1975 – my first year of psychiatry residency. The family psychiatry movement had multiple loci of origination, multiple parents, speaking multiple languages, with much of the history never recorded. Just as with child psychiatry, the child guidance clinics were prominent in the early conceptions of family psychiatry. However, there wasn’t a single father or mother, a William Healy, of family psychiatry.

Carl A. Whitaker, M.D., M.A., did this internship (1936-37) and one year of residency in obstetrics and gynecology (1937-38) at City Hospital (Bellevue) in New York City. Following psychiatry residency at Syracuse University Psychopathic Hospital (1938-40), he trained in child psychiatry at University of Louisville Bingham Child Guidance Clinic (1940-41), his fellowship funded by The Commonwealth Fund.

In their book, The Roots of Psychotherapy (1953), Whitaker and his colleague Thomas P. Malone, M.D., Ph.D., advocate for, “the importance of treating the whole family when one member of the family undertakes psychiatric treatment.” Whitaker and Malone saw family treatment as facilitating better treatment of both the individual patient, and the relational context in which the individual patient lived. Referring to “a fundamental principle of modern ecology,” the longer version of the Whitaker and Malone principle states:

“No only are the parts of an organism so interrelated that the whole is more than the sum of its parts, but the relationships among different organisms in the bionomical field are such that the whole is more than the sum of the organisms involved. The principle has led to the recognition of the importance of treating the whole family when one member of the family undertakes psychiatric treatment. We have all seen dramatic changes occur in children, both physically and psychologically, when they are moved from one environment to another. The most striking example of the sensitive interdependence among members of a family is that seen in the case of a patient who undergoes psychiatric treatment successfully. The new-found capabilities in one member of the family upsets the total economy of the family so that the other members are precipitated into a different type of pathology or therapy, or both.”

Most histories of family psychiatry highlight the important thought leaders and clinicians in the early years of family psychiatry. Such an approach diminishes the grassroots origins and the organic nature of family psychiatry. As in the early days of psychoanalysis, when there were several prominent advocates shaping the field, each with a somewhat different perspective, so with family psychiatry were there a variety of proponents and associated theoretical positions. The various orientations have become less important as the field matured, akin to an adolescent experimenting with different identities while developing one unified character. None of the identities is necessarily wrong.

Of the eleven primary founders of family psychiatry, eight were psychiatrists, of whom four were child psychiatrists (Nathan Ackerman, Carl Whitaker, Salvador Minuchin, John Bowlby). The contributions of the child psychiatrists have been the most lasting. I do not believe it is an accident that all eleven founders were born 1904-1923, and thus their own childhoods, and their own families of origin, lived and developed in the cauldron of the social reform movements of the latter part of the 19th century and the early 20th century.

The first three founders, of the eleven chronologically by way of their first family publication, had initial family publications spanning a brief four-year period (1950–1953): Family Diagnosis: An approach to the Preschool Child, by Nathan Ackerman and Raymond Sobel (1950); Communication: The Social Matrix of Psychiatry, by Jurgen Ruesch and Gregory Bateson (1951); and The Roots of Psychotherapy, by Carl Whitaker and Tom Malone (1953).

Douglas A. Kramer, M.D., M.S.
March 21, 2015
In Memorium

Tribute to Warren J. Gadpaille
By Lois Flaherty and Skip Onesti

Warren J. Gadpaille, MD died at his home near Bigfork, Montana on July 9, 2014 at the age of 90. Warren was a founding member of the Committee on Adolescence. The committee began in 1957 as a small group who wanted to consider and write about psychological, cultural and biological aspects of adolescence. As the committee grew over the years, Warren was respected for his contribution of his knowledge regarding multicultural environments and their impact on adolescents. He helped produce the committee’s first report, “Normal Adolescence” (GAP, 1968), chaired the committee during the initial stages of its work on the monograph, “Teenage Pregnancy: Impact on Adolescent Development,” (Brunner/Mazel, 1986) and again when it produced the monograph “Adolescent Suicide” (APPI, 1996). He was particularly interested in the influence of culture and society on adolescent development and often contributed to lively discussions on this topic. His ever present wish was to influence adults to protect and enhance adolescent creative spirit. We very much missed Warren when he retired and pursued his own free spirit.

Warren had a fascinating life and career. He was born in 1924 New Orleans to a family with French roots. At the age of 16, having completed high school, he joined the Army Air Corps, and became a World War II fighter pilot, flying 40 missions out of England from 1944-45. After the war he went to college and medical school at Tulane, completing his psychiatry residency at the Touro Infirmary. He also completed psychoanalytic training. While in medical school he sang in the New Orleans opera and acted professionally. His interest in music continued throughout his life; he took piano lessons after he retired.

After completing his training in psychiatry, Warren moved to Denver, CO where he combined a private practice with teaching at the University of Colorado Health Sciences Center. In 1997, he was named Clinical Professor Emeritus in the Department of Psychiatry. He wrote many journal articles about treating adolescents. In 1975, he published the book “Cycles of Sex,” about normal psychosexual development. He also continued singing in professional musical productions, studied the piano, hunted wild game, assembled a world class collection of Native American art and artifacts, and designed and built heirloom furniture for each member of his family. In 1996 he retired, first to Estes Park, CO, then to Bigfork, MT in 2002 where he spent most of his days in his wood-working shop. Warren is survived by his wife Susan; four children Charles, Robert, Ingrid and Antoine; five grandchildren and one great-grandchild. Condolences may be sent to the family in care of Susan Gadpaille (Mrs. Warren Gadpaille), P.O. Box 2546, Bigfork, MT 59911.


SPRING 2015 MEETING
136th MEETING OF
GROUP FOR THE ADVANCEMENT OF PSYCHIATRY

THURSDAY, APRIL 16

10:00 a.m. GAP Office Opens Masefield A Room
10:00 a.m. Finance Committee Meeting Masefield B Room
12:30 p.m. Publications Board Hutchinson A Room
2:00 p.m. Board of Directors Cooper B Room
4:00 p.m. Fellows Meeting with Selection Committee Cooper A Room
4:30 p.m. Fellowship Selection Committee Masefield B Room

Continued. on pg. 6
5:30 p.m. Reception of the Board of Directors with Fellows Room 634
6:30 p.m. Fellows Dinner Cooper A Room
9:00 p.m. - 11:00 p.m. Hospitality Room Hosted by: Psychiatry and the Arts Irving A and B Rooms

Thursday Committee Meetings:

<table>
<thead>
<tr>
<th>Committee</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Administration and Leadership</td>
<td>6:30 p.m.</td>
<td>Restaurant (6–Saeed)</td>
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<tr>
<td>Child</td>
<td>6:30 p.m.</td>
<td>Restaurant (6–Stubbe)</td>
</tr>
<tr>
<td>History &amp; Psychiatry</td>
<td>7:00 p.m.</td>
<td>Restaurant (6 – Weiss)</td>
</tr>
<tr>
<td>Family and Cultural</td>
<td>7:00 p.m.</td>
<td>Private Dining Room (14)</td>
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<tr>
<td>Neuropsychiatry</td>
<td>2:30 p.m.</td>
<td>Room 201</td>
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<tr>
<td>Psychiatry &amp; Community</td>
<td>7:30 p.m.</td>
<td>Restaurant (4-Schildkrout)</td>
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<tr>
<td>Psychopathology</td>
<td>3:30 p.m.</td>
<td>Gallery Room</td>
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<tr>
<td>Research</td>
<td>7:00 p.m.</td>
<td>Restaurant (10-Kramer)</td>
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FRIDAY, APRIL 17

7:30 a.m. Breakfast Cooper-Greeley Rooms
8:30 a.m. General Membership Meeting Cooper-Greeley Rooms
9:30 a.m. Committee Meetings
10:30 a.m. Coffee Break
12:00 noon Luncheon Cooper-Greeley Rooms
Steering Committee Meeting Irving A Room
Fellows Meeting Irving B Room
2:00 p.m. Committee Meetings
3:00 p.m. Coffee Break
5:00 p.m. Juice Break
5:30 p.m. Plenary Session: Stevan Weine, M.D. Cooper-Greeley Rooms
The Beat Generation Revisited
6:30 p.m. Cocktail Reception Red Oak Terrace
7:30 p.m. Dinner Cooper-Greeley Rooms
8:45 p.m. Symbolic Experiential Family Therapy: Film of a Public Lecture The Harrison Room

Continued. on pg. 7
9:00 p.m.        Hospitality
                 Hosted by: Psychiatry and Law

Foyer - Cooper-Greeley Rooms

SATURDAY, APRIL 18

8:00 a.m.        Breakfast
                 Steering Committee Meeting
                 Fellows Breakfast Meeting

Cooper-Greeley Rooms
Irving B Room
Irving A Room

9:00 a.m.        Committee Meetings

11:30 a.m.       Lunch

Cooper Room

COMMITTEE MEETINGS

ADOLESCENCE               ROOM 305
AGING                      MASEFIELD B ROOM
ADMINISTRATION & LEADERSHIP ZENGER ROOM
CHILD PSYCHIATRY           LIBRARY ROOM
COLLEGE STUDENT             VERANDA ROOM
CULTURAL PSYCHIATRY        PORTICO ROOM
DISASTERS AND THE WORLD    KYKUIT SUITE/ROOM 103
AGING                      HUTCHINSON B ROOM
HUMAN SEXUALITY            HUTCHINSON A ROOM
GLOBAL PSYCHIATRY          VANDERBILT/ROOM 107
HISTORY AND PSYCHIATRY     JOHN JAY SUITE/ROOM 102
LGBT                       CARRERE SUITE/ROOM 101
MEDICAL EDUCATION          PARLOR ROOM
MENTAL HEALTH SERVICES     HUDSON A
MENTAL HEALTH SERVICES     ROOM 223
NEUROPSYCHIATRY            ROOM 201
PLANNING, MARKETING & COMMUNICATIONS ROOM 434
PREVENTIVE PSYCHIATRY      ROOM 215
PROFESSIONALISM AND ETHICS ROOM 221
PSYCHIATRY AND THE ARTS    ROOM 219
PSYCHIATRY AND THE COMMUNITY LYNDHURST/ROOM 104
PSYCHIATRY AND THE LAW     SLEEPY HOLLOW/ROOM 105
PSYCHIATRY AND RELIGION    ROOM 209
PSYCHOPATHOLOGY            GALLERY
PSYCHOPHARMACOLOGY         ROOM 634
PSYCHOSOMATIC MEDICINE     ROOM 225
PSYCHOTHERAPY              RED OAK TERR
RESEARCH                   ROOM 217
TERRORISM/POLITICAL VIOLENCE HUDSON B
WORK AND ORGANIZATIONS     VAN CORTLANDT/ROOM 106
DATES OF FUTURE GAP MEETINGS

2015
April 16-18
November 12-14

2016
April 14-16
November 10-12

2017
April 6-8
November 9-11

2018
April 12-14
November 8-10

2019
April 11-13
November 7-9

2020
April 2-4
November 12-14

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