Message From the President

Dear GAP Members:

There was no forsythia in bloom at GAP’s Spring Meeting (something that we from Los Angeles look forward to) but the meeting was a great success. It was clear and sunny, cold but no snow. There was also a change in the Renaissance Westchester Hotel with the new management - it was a bit disconcerting to see the altered facade, absence of the familiar dining room, and change in the decor but we all survived and had a great and productive time.

Jack Drescher, outgoing President, has done a spectacular job and we all wish to congratulate him on his success. Steve Sharfstein gave his Treasurer’s report on Friday morning and unlike his presentation a few years ago when he told us that we might be having our last meeting if the members did not come forward with a contribution, this year he told us we were in excellent shape and had nothing to worry about (if everyone who was in arrears paid their dues). Also during the business meeting John Gibson, a member of the Committee on Planning, Marketing and Communication who has been working with http://www.catchafire.org gave his report which was enlightening.

As you know two Past GAP Presidents, Lois Flaherty and Malkah Notman wrote opinion pieces on the issue of inviting non-physicians to become full GAP members. The Board voted on this issue and the outcome was an almost universal “no”. Everyone was reassured at the Steering Committee Meeting on Saturday morning that Consultants to Committees were welcome and could come indefinitely but with limited funding. Thus we can put this issue behind us. Also at this time we should congratulate Stu Copans and Barbara Long on their election to the Board of Directors.

There was an excellent plenary address by the Committee on Family by Bill Beardslee and Ellen Berman on “Prevention of Depression in the offspring of Depressed Mothers.” Congratulations to them!

At the Fall Meeting, Don Fidler from the Committee of History and Psychiatry will be performing in a play that will take two hours - those of us at the University of Southern California had the good fortune to see part of the production and enthusiastically support the presentation - even if it means that we will start the cocktail hour a bit late and shorten the juice bar a little. So be warned that in the Fall, the juice bar will begin a bit earlier at 4:30 p.m. and the program will begin at 5 p.m. sharp and will end at 7 p.m. and the cocktail time will go until 7:30 p.m. and we will have our banquet at 8 p.m.

Mary Barber who in her capacity as Fellowship Committee Chair, selected an excellent group of resident fellows and we all enjoyed meeting and talking with them. We look forward to their continued involvement.

Marcia Kraft Goin, M.D., Ph.D.
Professor of Clinical Psychiatry
Keck School of Medicine
University of Southern California
Announcements:
The Board of Directors approved a Committee on Military Psychiatry, if you have suggestions for people who might be a good for this committee, please send the names and contact information to Frances.

The Committee on Psychiatry and the Arts would like to invite GAP members, fellows, and guests who are so inclined to bring musical instruments to the upcoming meeting and join us for a “GAP Jam” immediately following dinner Friday night. Any instrument or style of music is welcome. Please contact David Sasso at david.sasso@gmail.com with any questions or ideas.

ADMINISTRATIVE REPORTS:

FELLOW SELECTION COMMITTEE:
Present: Barber, Heru, Gross, Rao
The Committee welcomed sixteen new Fellows! The Fellows met with their assigned committees and began to plan for the Fall 2014 Plenary Program.

PUBLICATIONS BOARD:
Present: Drs. Adler, Compton, Copans, Koh, Merlino, Nadelson, Notman, Pradhan, Robinson, Scheiber
1. Update on former Reports:
   a. The Research Committee’s Op Ed manuscript “Possible Op-Ed: Guns, Violence, and Mental Illness” was reviewed, revised and approved for submission.
   b. The Psychotherapy Committee’s manuscript “Psychotherapy for Suicidal Patients” was reviewed and given feedback for revisions.
   c. The Psychopathology Committee’s manuscript Stigma Survey was reviewed and revised and approved for submission.
   d. The Committee on Psychiatry and the Law had two more chapters of their book manuscript “Legal Cases that Changed Mental Health Treatment.” reviewed and approved though the Committee has yet to find a publisher.
   e. The Adolescent Committee’s manuscript “Being with the Patient: The Use of Clinical Evidence Revisited” was reviewed, given extensive feedback for revision, approved for submission and accepted for publication by the J. of Nervous and Mental Disease.
   f. The Cultural Psychiatry Committee’s manuscript “Developing a Checklist to Assess Reporting of Race, Ethnicity, and Culture in Psychiatric Publications” was accepted for publication by JNMD.
   g. The MHS committee had their manuscript published in Academic Psychiatry.
   h. The Psychopathology’s Work survey was published as a letter to the editor in April’s Psych Services.
2. One Op Ed piece was approved from the MHS Committee but was not published.
3. The following journals have invited submissions specifically from GAP:
   b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Ateazaz Saeed, editor.
   e. Psychodynamic Psychiatry – Richard Friedman, co-editor
   f. Journal of Gay and Lesbian Mental Health – Mary Barber and Alan Schwartz, co-editors
   g. Adolescent Psychiatry – Lois Flaherty, editor
   h. Journal of Community Psychiatry – Jackie Feldman, editor
4. The Committee on Psychiatry and History is in the process of their work on a video. Steve Scheiber is the representative reviewer for the Publications Board.

OPERATING COMMITTEE REPORTS:

Administration & Leadership:
Present: Lucey, Merlino, Moffic, Petit, Silver
Guest: Farooq Mohyuddin

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The Committee is working on a fast track article, “Survey of Psychiatric Administrative and Leadership” to be completed by November 2013 targeted at practicing psychiatrists and psychiatric administrators. This will be submitted to Psychiatric Services. The Committee will do data analysis and work on a rough draft. The Committee will submit the paper to the Publications Board for the next meeting.

Adolescence:
Present: Dan Becker, Stu Copans, Lois Flaherty, Kareem Ghalib, Gordon Harper, Skip Onesti, Jean Wittenberg
Fellow: Sarah Lytle
Guests: Stephanie Kwok (Ethel Ginsburg Fellow); Josh Gibson and Aaron Krasner (from the Committee on Planning, Marketing and Communications)

Current Projects and Progress:
1. “Being with the Patient: The Use of ‘Clinical Evidence,’ Reconsidered” – This manuscript has been accepted for publication by the Journal of Nervous and Mental Disease.
2. Teen Mothers project – Jean lead a discussion resulting in an updated outline of, and a revised Introduction to, the main work. We continue to anticipate that this primary work will be of monograph length, and may be aimed at a Special Issue of Adolescent Psychiatry. The group also discussed several potential subsidiary works, aimed at policy makers, teens, parents, teachers, religious leaders, etc.

In relation to these works directed to non-medical audiences, we met with Drs. Gibson and Krasner (from the Committee on Planning, Marketing and Communications). They offered advice on developing a communication plan for the project.

Between-Meeting Work:
Jean, Stephanie, and Aaron are planning to meet, this Spring, with a Catchafire consultant who has expressed interest in this project.

Jean and Sarah will develop an IRB protocol for our interviews of teen mothers, along with a semi-structured interview and a consent form.

Focus of Next Meeting:
The next meeting will focus mainly on the Teen Mothers project.

Aging:
Present: Faison, Kyomen, Liptzin, Meador, Roca, Sakauye, Streim
Fellow: Theresa Clemmons
The Committee is working on a fast track article, “Health Care Reform/ACO’s Model of Care.” This publication will be submitted to Psychiatric Services, targeted to practicing psychiatrists, psychologists, other mental health care professionals, psychiatric residents and training directors.

The Committee reviewed the recent presentation at the AACP Meeting and at the upcoming APA Meeting. The Committee present at the APA Meeting and put together and edit the draft of the paper.

College Student:
Present: Blue, Backus, Notman, Siggins
The Committee is working on membership recruitment, contemplating writing something about changing relationships patterns in college students and considering developing a statement regarding the Office of Civil Rights’ commentary on mandated withdrawals.

The Committee will remain focused on recruiting new members for the Committee, hopefully inviting 1-2 guests for the Fall Meeting.
Cultural:
Present: Devon Hinton, Ladson Hinton, Lewis-Fernandez

The Committee has two projects, 1) Educating Psychiatry Residents about Cultural Aspects of Care targeted at training directors, to be submitted to Academic Psychiatry and 2) Role of Family Members in Psychiatric Evaluation targeted at practicing psychiatrists, both are fast track articles. The second project will be in collaboration with the Committee on the Family and the Committee will develop the topic and discuss the study design.

Disasters & the World:

Member Updates on Activities - This was a tour de force. Easily mistaken for philosophical reflections and discussion. So much said and too little space to summarize the eloquence of all. From advances at MUSC psychiatry, to business applications of neuroscience at Harvard Business School and beyond, to work in NYC with multicultural survivors many LGBT, to extensive responding to Hurricane Sandy, and to Newtown, to the work with police and fire uniformed services through the Medical Society of the State of NY, to management of LA County and engaging with NAMI, to questions like ‘how far if you’re out partying do you go to help a stranger?’, to countertransference and grief and stress, to teaching Gestalt in Cleveland and working on complex humanitarian emergencies in the Grenadines, to welcoming Linda Chokroverty a pediatrician and child psychiatrist deeply involved clinical care and also in Rockaway’s disaster work… and in mothering their children, to Craig’s quiet move to Corresponding yet ever so actively responsive to the Committee. Sharing of ourselves and our dedication, and of parental roles with very young and grown children, seemed the most meaningful of our activities. Until the ideas for opinion pieces, films, blogs, and other projects blossomed meaningfully as well. The rich ‘processing discussion’ Minutes are worth pondering as we go on.

Book Marketing: Josh Gibson.
The Committee appreciated his joining us and suggesting a range of steps to get our Disaster Psychiatry book out there even more. It’s doing well, could be even better given the honor of our BMA Award / London, in September! And much media coverage.

- Next book: none chosen as yet. Should it be for all MH practitioners?
- ? : ‘lessons learned’ article or book, based on [like a metanalysis]
- NEWTOWN response: Linda interested in participating the next CT intervention.
- ‘gap /APPs’ – Grant!

*Fasttrack Submission in process* excellent & rapid feedback from the Publications Board.

Title so far: Part I: Psychotherapy after Disasters.  
Part II: Principles of Psychotherapy in the Context of Disasters  
Perspectives from Brain Science  
By Anand, Srini, Fred & the Committee.

Disaster Psychiatry Book as an APA Online Course

- Ed and Dave updated us on progress.
- New strategies discussed to move it, including visiting the APA.

Plans for November Meeting:
1. Thursday November 14th fine cuisine at a restaurant not far. TBA
2. Followup results on Online Course and paper submission. Linda has a paper idea.
Family:
Present: Michael Ascher (guest), Bill Beardslee, Ellen Berman, Henry Grunebaum (Thursday & Friday only), Alison Heru (Chair), Allan Josephson, Greg Miller, John Roland, John Sargent, Justine Wittenauer (fellow).

The Family Committee presented at the plenary with a good response from the GAP membership. We are now ready to tackle new projects: we met with the cultural committee to discuss possible collaboration on a project / writing a new review family research article / website. We will structure the next meeting to allow two FC members to present their work in depth. We continue to work on inclusion of “family” into the RRC revisions. New themes emerged: How to link family-centered care to the affordable care act/ health care changes and the promise of family centered care under health care reform.

Josh Gibson visited with us to discuss website development. There was much discussion of what the website might do, its audience etc. Possibilities are to focus on the following groups: consumers, trainees, professionals. We could offer Performance Improvement Modules that professionals could use / track for PI credits.

We voted Michael Ascher to full membership.

Gender and Mental Health:
Present: Fitelson, Nadelson, Robinson
Guests: Judy Greene, Patricia Isbell Ordorica

The Committee is working on two projects,
1) Case Book on Women’s Reproductive Mental Health with the first draft in preparation as a monograph, targeted at practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals, Ob/Gyn, Primary Care to be submitted to Oxford University Press and
2) Opinion piece on rape as a fast track article, targeted at practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals and the general public to be submitted to Journal of Nervous and Mental Diseases.

The Committee will finish the book proposal and write the article on the second topic.

Global Psychiatry:
Present: Gogineni Goldberg, Hamoda, Rao, Sciolla, Sperber
Guest: Rashi Aggarwal and Damir Huremovic

The Committee is working on four intermediate length manuscripts,
1) “Factors Associated with Unsuccessful IMG Residency Applications and the Subsequent Experiences of Those Who Do Not Get In: A Survey of IMG Residency Applicants, Comparing Those Who Do and Do Not Succeed in Getting a Residency Position and Their Experiences Afterwards.” This will be targeted to psychiatric residents and training directors to be published in Academic Psychiatry, to be completed December 31, 2014. The Committee will do a careful redrafting of survey tool. The plan for determining survey population and gaining permissions and access to ECFMG and NRMP databases. The Committee will continue to contact and negotiations with ECFMG and NRMP, further polishing of survey tool. The Committee is seeking consultation from survey methodologist at EDFMG, decisions about population and period of survey/resurvey.
2) “A Residency Curriculum for Social and Affective Neuroscience: What are the Essential Issues Every Psychiatrist Should Understand About the Connections Between Brain and Culture?” The first draft is in preparation targeted to practicing psychiatrists, psychiatry residents, and training directors. The Committee assigned a literature review. Doctors Sperber, Sciolla and Guest Weder will complete the literature review and outline the first draft.
3) “Casebook for Taboo Topics: Vignettes for Training Residents in Skills for Handling Challenging Cultural Issues American Psychiatrists Face in Practice.” The anticipated date for completion is Fall 2013. This will be targeted to practicing psychiatrists, psychiatry resident and training directors to be submitted to Academic Psychiatry. Between meetings, the Committee will collect suitable vignettes and define the range of topics by Doctors Sciolla and Sperber. Vignettes will be solicited from members and other colleagues.
4) “Tips for Early Career IMG Psychiatrists: Factors Associated with Successful Psychiatry Careers for IMG Psychiatrists.” This topic is under discussion and will be targeted to practicing psychiatrists and training directors to be submitted to Academic Psychiatry.

The Committee discussed whether to frame this more as a collective reflection or a more practical “How To” Guidebook, in either case, based on the collective experience of committee members and literature review.

Topics to be considered include the following:

Certain themes and factors reappear in the career narratives of successful IMG psychiatrists. In this collective reflection, the international members of the Global Psychiatry Committee share the lessons of their personal and career journeys to leadership positions in American psychiatry. The collective narrative is organized chronologically into pre-immigration, immigration, early American, and subsequent phases. The pre-residency and residency/fellowship experiences are followed by additional early career phase challenges, pathway choices to academia or clinical practice, mid-career ascendency to leadership roles, and late career needs to give back. Variables along the way include cultural adjustment, mastering differences in the profession and field in old country and new, support for coping with immigration stressors, gaining access to mentoring and tutoring supports, joining local and national professional organizations, connecting to culture-of-origin communities and organizations in America, establishing and supporting family life in America (marriage and children), responsibilities and loyalties to family back home. Factors relevant to becoming and feeling secure personally, financially, and professionally are reviewed. Cultural aspects of gender roles in old country and new are discussed. Development of the self-reflective skills specific to psychodynamic psychiatry are discussed in light of diverse educational backgrounds and spiritual traditions.

History and Psychiatry:

Present: Fidler, Kramer, Larsen, Lipkin, Sasso, Weiss

The Committee is working on a video series, History and Psychiatry. The target audience is practicing psychiatrists, psychologists, other mental health professionals, psychiatric residents and the general public. The place for circulation to begin with is residency training programs. The Publications Board could give impressions to the committee.

The Committee reviewed the current draft and planned other modules. The plan between meetings is to finish music and copy for current video module and continue to work on scripts for other modules. The input from the Psychiatry and the Arts Committee has been helpful and will continue to collaborate.

Human Sexuality:

Present: Drs Downey, Friedman, Adelson, Haase, Bell
Guests: Dr. Tamarind, Dr. Fallon

The Committee worked on writing up the results of a study of sexuality in bipolar outpatients compared to controls. Sexual histories were obtained and compared between 32 bipolar patients and 44 controls. The controls were in treatment (as were the bipolar patients) but had no histories of affective disorder or schizophrenia. We found that risky sexual behavior was more likely to occur in the bipolar patients particularly the males Many other aspects of sexual behavior were comparable between the two groups, however. We are planning to submit our article which is close to completion to the Journal of Nervous and Mental Disease.

LGBT

Present: Barber, Drescher, McAfee, McDowell, Mattson, Pula, Rosario, Schwartz

The Committee continues to finish updates of the Residency LGBT Web – They are in the process of developing a survey for residents and for residency directors to assess factors influencing the use of this curriculum as well as to assess current LGBT residency education. They also have taken on a new project: They will be shooting for a short educational video on Sexual Orientation Change Efforts (SOCE, formerly known as Repairative Therapy) to be shown to license sanctioning, professional sanctioning and ethics boards asked to review complaints against providers engaging in such activities. They have lined up a prospective filmmaker and are partnering with the Southern Poverty Law Center (hopefully) for
Mental Health Services Committee
Present: Donovan Wong, Melissa Arbuckle, Anna Skiandos, Andres Barkil-Oteo, Michael Weinberg, Joanna Fried, Glen Davis, Nubia Lluberes, David Stern, Yael Holoshitz, Tony Carino, Sunmolu Shoyinka, Hunter McQuistion, Wes Sowers

Career Development Toolkit
The overall project was presented and reviewed. The project is identified as a manuscript written for ECPs, MITs, or mid career psychiatrists which would teach skills useful for enhancing career satisfaction in public psychiatry. Feedback was provided including reviewing the PROPER document (see below) for defining optimal roles. The distinction between settings, roles and activities was made. Feedback was elicited and provided around how to support ECPs in identifying a good organizational fit. The group recommended writing about how to determine important organizational factors in career decision making. Anna led a discussion in which mentorship was addressed. The literature about mentorship in research was referenced. The differences between mentorship and supervision were made. The importance of aligning values between mentors and mentees were discussed and the possibility of developing a matching service was suggested by Nubia (she has already done some work in this regard). The maintenance of certification was discussed and the group provided feedback to present information to readers about MOC as it has been communicated. Sonmolu led the next discussion around his literature review of career dissatisfaction and demoralization. Feedback was given that this is important and serves as part of the introduction to the document. The importance of brevity and keeping readers interested was communicated; writing an executive summary for the manuscript was suggested. Sonmolu obtained feedback around branding oneself. The group provided feedback around the concept of branding and communicating one’s professional self to others. It was suggested the concept of branding would fit within the structure of the toolkit. The impact of social media was discussed. The group discussed the plan of posting the manuscript on AACP, APA and GAP websites and presenting it as a workshop or a course at the APA Annual meeting created some interest.

Resource Manager Project
Since the last meeting we (Arbuckle, Weinberg, Barkil-Oteo, Ranz) submitted a “research letter” to the editor of NEJM titled: The Neglected Role of Resource Manager in Medical Education. This was approved through the GAP Publications Committee. It was not accepted to NEJM so we have reworked this article as a similar research letter to JAMA. We anticipate submitting this within the next two weeks. We (Arbuckle, Barkil-Oteo) presented a workshop at AADPRT in March 2013 on teaching resource management in residency training. A similar workshop has been accepted for presentation to AAP in October (Barkil-Oteo, Stern, Arbuckle). We anticipate developing and submitting a model curriculum on resource manager to AADPRT in line with the new residency training milestones.

Community Psychiatry Certification
Tony explained that the AACP has been working on developing a certification process for community psychiatrists. Several members of our committee have been involved in that project, as well as some other GAP members. So far, about 250 questions have been generated from various sources and a vetting process is underway. Once this is complete, the next task will be to validate the exam. He raised the question of how or if our committee might be involved. Michael, who is a consultant to the project, discussed the proposed validation process and we spent most of our time on this issue discussing the identification and recruitment of subjects for a control group (non-expert control). We raised the possibility of using GAP members as one possible control. Time was limited for this discussion, and Tony and Michael will take these suggestions back to the AACP for consideration. Given our crowded agenda at present, the committee will not pursue this as an ongoing project unless a specific role is identified.

“Bending” Diagnostic Criteria to Meet Social Services Objectives
This project, initiated and lead by Donovan looks at ways diagnoses are misused to obtain benefits for patients. In November we reviewed the original paper which discusses the potential damage done by such practices. After discussion at our previous meeting we also recognized that there were some solid arguments that might support such practices as well. Subsequently, a symposium abstract was developed and submitted for presentation at IPS in the fall, and it was accepted. We discussed further how this topic could best be presented at the symposium, which turns out to be a three-hour slot, and ideas for future articles, as well as issues raised by this topic. There were suggestions that consumers be included in the symposium, but there were mixed reactions to this, some feeling that their presence might inhibit discussion. We did

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feel that an active and entertaining presentation of case material would be an asset. There was a suggestion that we invite a couple of consumers to tell their story via digital video.

We will continue to work on our presentation, including monthly group discussions, to finalize our work. We will also discuss how this can be presented as an article, as well as possibly developing a survey to discover the prevalence of this practice.

**Primary Care Psychiatry**

Wes Sowers and Melissa Arbuckle presented three levels of settings in which psychiatrists can ensure that their patients’ primary care needs are being met. Level One is a solo practitioner, and defines some basic practices that should be part of any psychiatrist-patient relationship. Level Two is clinic based care which includes more sophisticated primary care activities. Level Three is a fully integrated program with PC embedded in BH clinic with medical practitioners capable of addressing both behavioral and physical health needs. We created a figure and a table related to this conceptual model and discussed specific challenges and potential recommendations for addressing/implementing these levels of care. This conceptualization will be written up for publication, possibly in Community MH Journal.

**PROPER (Psychiatric Recovery Oriented Practices Evaluation and Ratings)**

We reviewed the evolution of the PROPER document and its potential use as a self-evaluation tool, an evaluation instrument for the RTP/SAMHSA project, and the possibility of using it for MOC requirements. Wes presented the latest revision in which three separate sets of indicators were differentiated for psychiatrists, their supervisors or peers, and consumers for whom they provide care. Prior to review of the specific items in each survey we reviewed the major criticisms/suggestions that had been given re: the previous version. These included:

- Should use simpler language and eliminate jargon in all versions
- More emphasis on primary care collaboration and provision
- Reformat introductory section
- Include some items on confidentiality
- Eliminate Redundancies
- Temper or eliminate apparent Anti-Medication Bias
- Give greater emphasis to medication management in defining the psychiatrists’ roles
- Eliminate compound clauses in the items for greater clarity and possible research validity.

We spent some time discussing how these various concerns had been addressed and then reviewed some specific items in the surveys. Wes will obtain additional input from other participating groups and make further revisions to review at the November meeting.

**ACA Implications**

At the suggestion of Yael, we ended the day with a discussion of the ACA and its implications for mental health services. It was noted that this would touch many of our current projects in unpredictable ways, but that it may present opportunities, particularly in terms of alternative funding mechanisms that will facilitate some innovative approaches that would not be sustainable in a fee for service environment. No specific project was identified at this time, but we will be cognizant of the changing health care environment as we proceed with other projects. Sunmolu was interested in this topic and how it will affect the role of psychiatrists and intends to write an editorial on the topic.

Our next meeting will be November 15, 2013. We discussed the possibility of having subcommittees meet on Saturday, Nov. 16th and most committee members found this idea appealing as it has been difficult to work on these projects remotely in some cases. We will plan to do this in November. The Saturday morning meeting will be optional, but we will reserve space for it.

**Neuropsychiatry:**

The Committee on Neuropsychiatry members attended the American Neuropsychiatry Association meeting in Boston (April 3-6). Next year’s meeting will be in February and should not conflict with the spring GAP meeting.

The Committee is planning to convene on April 12th in Boston to work on our paper. (Margo Lauterbach will be flying in from Baltimore just for our meeting.) We are aiming to complete the article within the next couple of months.
Planning, Marketing and Communications:
Present: Bonner, Gibson, Krasner, Looney, Powsner Ruben, Sharfstein
Fellow: Sarah Weekly
Guests: Virgil Stucker, Cooper-Riis to discuss partnerships around funding.

The proposal was discussed to finalizing the planning for the Dear Abby Award. This award would be targeted to psychiatrists, psychologists, other mental health professionals, psychiatry residents, training directors and the general public.

The Committee continued to develop marketing materials; discussed ways in which the Dear Abby award could be developed in order to help fulfill the mission of the Group, “consulted to the Work and Organizations, Adolescence, Disasters & the World and Family committees about marketing their products. Between meetings, the Committee will discuss further marketing and promotion on pilot initiatives; draft version of new website for organization for discussion at the next meeting. At the next meeting, the Committee will have a further discussion of the Dear Abby Award, the website and internal consulting.

Prevention:
Present: Compton, Koplan, Shim, Langheim, Oleskey
Post Fellow Guest: Marc Manseau
The Committee is working on a manuscript, “The Social Determinants of Mental Health.” The anticipated date of completion is November 2014 with the first draft in preparation, targeted at practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals.

The manuscript is an intermediate length to be submitting an introductory chapter for a Psychiatric Annals issue. During the meeting, the Committee wrote the draft of the article with the focus for the next meeting being writing the introductory chapter for an APPI book on the Social Determinants of Mental Health.

Psychiatry and the Arts:
Present: Cahill, Lustbader, Sasso
Fellow: Adam Stern
The Committee is working on “Another Way In: The Arts in Psychotherapy.” Therapists frequently speak of the art of psychotherapy. What about art in psychotherapy? Distinct from formal art or music therapy, psychotherapists routinely use drawing and other art in evaluation and treatment of children, but this is less often the case with adolescents and adults. The Committee is working on two parallel projects to explore the use of the arts within psychotherapy. First, we are drafting a survey to understand better how psychiatrists are currently using the arts in therapy as well as their attitudes toward the arts in therapy and the therapeutic relationship. The committee’s second project is a planned case series describing clinical scenarios in which existing art or newly created art becomes part of the therapy.

A potential future project is a book aimed at a popular audience in which professional artists of various disciplines are invited to respond to narratives of psychotherapy with an original work of art. These original works would be presented in the book alongside narratives and a response to the art from the therapist and/or patient. The projected completion date is 2014 targeted to practicing psychiatrists, psychologists, other mental health professionals, psychiatry residents, and training directors as a fast track article.

The Publications Board would be helpful in reviewing the survey.
The Committee selected two parallel projects to explore the use of art in psychotherapy. An initial draft of the survey was developed. The Committee will complete the survey and collect cases for an eventual published case series and continue to finalize/distribute the survey and continue to work on case series.

Psychiatry and Community:
Present: Feldman, Goldfinger, Kupers, Lamb, Le Melle, Minkoff, Munetz, Nunley, Osher, Talbott
Fellow: Yvonne Yang

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Guest: Michael Flaum
The Committee has an intermediate length manuscript, “Persons with Mental Illnesses in the Criminal Justice System: An Inspiring Manual for Psychiatrists.” The anticipated audience is practicing psychiatrists and psychiatry residents to be submitted to an online web-based community mental health journal. The Committee would like input from the Planning, Marketing and Communications Committee on help to develop an online dissemination strategy. The plan between meetings is to finish editing the manuscript and develop the web-based platform.

The Committee will develop their vision for ideal systems of care and the psychiatrist’s role in managing the system.

Psychiatry and the Law:
Present: Ash, Giorgi-Guarnieri, Hatters-Friedman, Newman, Pinals, Resnick, Simpson
Post Fellow Guest: Jacob Appel
Fellow: Sarah Roff
Guest: Richard Frierson

The Committee is nearing completion of a book, “Book on Legal Mental Health Cases.” The book is near completion and will be targeted at practicing psychiatrists, psychiatry residents, psychologists and other mental health professionals, lawyers, and mental health consumers.

The Committee is negotiating with Oxford Press for publication. The Publications Board has been very helpful thus far in the process. The Committee will be working to be completing the book.

Psychiatry and Religion:
Present: Hunter, Lewis, Phillips, Viswanathan
Fellow: David Freeman

The Committee is nearing completion of a fast track article, “Therapy with Evildoers,” that will be targeted at clergy to be submitted to Living Church. The Committee will be finishing the final draft to accompany previously submitted papers and work on a new topic.

Psychopathology:
Present: Adler, Berlant, Dixon, First, Koh, Oslin, Siris
Fellow: Venkhat Bhatt
Guest: Bruce Levine, M.D.
Ittleson Consultant: Fran Barg, Ph.D.

The Committee is working on fast track article “Attitudes to the DSM,” with the first draft in preparation targeted to practicing psychiatrists.

The Committee focused on developing a qualitative approach to our investigation of psychiatrists’ attitudes to the DSM. The Committee will continue to work on the qualitative survey as well as developing our strategy of our qualitative survey.

The membership can be helpful by being available for individual interviews.

Psychopharmacology:
Present: Baron, Goin, Gross, Slaby, Sumner
Fellow: Nicholas Badre
Guest: Mike Skoien, Shire Pharmaceuticals

The Committee has selected a new topic, “15 minute Med Checks” to be completed by the Spring 2015 targeted at practicing psychiatrists and psychiatry residents. This will be an intermediate length manuscript to be submitted to Psychiatric

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Services. The Committee refined our new project as the previous project was just published.

Psychotherapy:
Present: Bauer, Caligor, Clemens, Lazar, Melman, Myers, Plakun, Yeomans
Post Fellow Guest: Serina Deen
Fellow: Ferda Sakman
Consultant: Beth Brodsky
Itleson Consultant: Kenneth Levy

The Committee’s agenda for this meeting is as follows:
Discuss future invitations to join the Committee, Donna Sudak, M.D. has been invited.

- Review of suicide paper and feedback from Publications Committee
  There was ample discussion of this paper with a consensus that we have achieved our goal but with some concern that length limitations took some of the teeth out of the paper.
  There was also some discussion that it might, after publication as an article, be published as a monograph, but that idea was tabled as other Committee projects have higher priority.
  The issue of the paper’s not fitting into one of the narrow categories espoused by most professional journals – an issue brought up by the Publications Committee - was discussed.
- Review status of common factors paper
  After some initial sentiment that this paper represents a major academic endeavor that might challenge our resources, the Committee was reminded of the wisdom of the project and how it fits in with our overall goals.
- Discuss evolving mission/direction of our Committee

  The group delineated three central missions at this time:
  - Focusing on treatment issues, as represented by our current paper on approaches to suicide
  - Promoting psychotherapy as part of the identity, skill set, and practice of psychiatry
  - Advocating for policies supporting psychotherapy in the healthcare system

- Work on our position paper on the role of psychotherapy in psychiatry

Discussion of this paper led us to realize:

We have folded two issues together:
How bad things are/the current crisis

How they should be
With limited space, we thought the statement of the current crisis should be short and pithy and the description of how the field is developing – in ways that should allow for a more positive future for psychotherapy in psychiatry – should be the emphasis.

Susan’s work on reimbursement and parity issues has taken on a (very healthy) life of its own. The group invited her to let us know any ways we might be of help.

A challenging issue that came up repeatedly was what psychiatry, in contrast to other disciplines, has to offer to psychotherapy. We will have to continue to work on this one, but some thoughts were:
- The interface and overlap between psychiatric and “medical” and “neurological” conditions
- The documented advantages of combined treatment in contrast to treatment split between therapist and “med back-up”
- The role of interdisciplinary team leader
- The role of teacher and supervisor
- The patient choice issue
- The need to distinguish between more basic therapies and more sophisticated ones requiring higher levels of professional training

Continued. on pg. 12
The related issue of psychiatrists treated more severely ill cases and the question of how patients should be triaged to different types of therapist according to the severity of their pathology.

We reviewed the specific elements of the paper that have been submitted in draft form:

- Introduction/review of advances in neuroscience – Jerry and Eric
- Training and supervision – Mike and Beth
- Practice environment and obstacles – Drew, Lisa, and Serina
- Cost-effectiveness – Susan
- Policy and reimbursement – Susan
- Efficacy – Eve and Frank

In relation to the efficacy issue, Ken gave a very helpful review of the research on psychotherapy. The bottom line is that the decline of psychotherapy is not related to the available evidence.

Research:
Present: Kramer, Keith, Malone, Verhulst, Swann
Fellow: Anup Sharma

Guests: Don Cooper, Virgil Stucker from the Foundation for Excellence in Mental Health Care

The Committee is working on an op-ed piece: “Guns, Violence, and Mental Health: Did We Close the State Mental Hospitals Prematurely?” The piece has been approved by the GAP Publications Board was not accepted by New York Times, Wall Street Journal, Washington Post, JAMA, Archives of General Psychiatry, is under review at this time by Psychiatric Times.

The anticipated audience is practicing psychiatrists, psychiatry residents, training directors, psychologists and other mental health professionals, general public and policymakers.

If the piece is not accepted by Psychiatric Times, the Committee will consider submitting it to Psychiatric News, American Journal of Psychiatry, and The Nation. The Publications Board has been very helpful to the Committee and the authors will continue to find a publication.

During the meeting, the Committee discussed the publication efforts for the Op-Ed piece, there were discussions of including healing communities, natural healing, the need for balance of discipline and diversity in systems, systems that destroy themselves. The Committee decided to begin conference calls this summer and winter.

The Committee will:

a. continue attempting to publish Op-Ed, “Guns, Violence, and Mental Health: Did We Close the State Mental Hospitals Prematurely.”
b. continue to develop manuscript on the placebo effect
c. continue developing ideas discussed at Spring Meeting, including healing communities, natural healing, the need for balance of discipline and diversity in systems, and systems that destroy themselves
d. continue exploring the relationship with the Foundation for Excellence in Mental Health Care
e. continue to develop a website for the Research Committee via Google Drive for committee members to upload and download documents, especially articles of interest to the Committee
f. begin Committee conference calls in July and January.

The Committee will continue to develop a manuscript on the placebo effect, continue developing ideas discussed at the Spring Meeting, including healing communities, natural healing, the need for balance of discipline and diversity in systems, systems that destroy themselves and we will have a dinner meeting at the next meeting.

The Committee would enjoy if Oliver Sacks could be a Plenary Speaker and an Ittleson Consultant, using his article in the New York Review of Books, “The Lost Virtues of the Asylum,” September 24, 2009 as the focus of his remarks.

A truly creative meeting would also include Walter J. Freeman, M.D., one of the world’s pre-eminent neuroscientists as a discussant. Doctor Freeman is the Ittleson Consultant to the Research Committee.

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Doctor Freeman wrote in the AJP (2004), “In an era dominated by molecular biology we need the reminder that psychiatrists must diagnose disordered patients, not diseased brains.” The neuroscientist also wrote (1995), “the most important function of brains is to interact with each other to form families and societies.”

Work and Organizations:
Present:  Long, Morrison
Fellow:  Sean Sassano-Higgins

The Committee is working on a new topic to begin developing at the Fall Meeting.

DATES OF FUTURE GAP MEETINGS

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