Message From the President

As the New Year is upon us, it is time to reflect back on our Fall GAP meeting. This was a bitter sweet meeting in some ways, as it was the “graduation” for an outstanding group of Fellows. The Plenary Session they treated us to was informative and enjoyable. I was very pleased to hear it will be presented at an upcoming APA Meeting. Their efforts, and the quality of work they produced, will make a valuable contribution in our efforts to increase GAP’s visibility nationally. Larry Gross, and his entire Fellowship Committee, did another outstanding job in selecting such a fine group of residents. I am confident many in this class will go on to become not only future GAP members, but leaders in American Psychiatry. I am looking forward to meeting our new Fellows which will join us at our Spring 2011 meeting. They have big shoes to fill, but am confident they will be up to the challenge.

I want to thank the membership for approving the modest dues increase for 2011. We have been holding our own financially, despite ongoing financial pressure. This increase, along with Frances’s ongoing efforts to keep us “lean and mean” will help secure our financial stability. For those members not aware of her efforts, Frances has negotiated masterfully with the hotel to control our costs, while keeping our operating costs in control. We can not thank her enough for all she does for our GAP.

GAP is going green. The Board approved moving to paperless communication at the Fall Meeting. Not only will this save a significant number of trees, but we will save money on printing and mailing. It’s the right thing to do. Any member who does not have access to a computer or email, hard copies of the Circular Letter will continue to be available. Contact the Central Office with your request. An ongoing meeting expense has been the use of LCD projectors. A number of Committee Chairs expressed the importance of having a projector available in order to complete their work. As a token of my appreciation to the members for the honor of being president, I am donating a portable LCD projector to the Central Office for use at our meetings. Any Committee may request it from Frances before, or during, future meetings starting Spring 2011, my final meeting as president.

GAP continues to grow and evolve. New Committees are forming, and we continue to explore new venues to publish our scholarly works. I warmly invite submissions from new Committee Chairs describing your goals and objectives for our Spring 2011 Circular Letter. I wish you all a happy, healthy, prosperous 2011.

Dave Baron
ANNOUNCEMENTS:
If you have a colleague you think might be a good fit for GAP, please let me know and forward their CV with their particular area of interest and I will send to the Committee Chair. There are committees seeking new members; Disabilities, Gender and Mental Health, International Relations, Neuroscience, Psychiatry and Religion and Research. Please contact me in the central office. Email: frdal@airmail.net or 972-613-0985.

The LGBT Committee has another op-ed piece published:
http://www.huffingtonpost.com/jack-drescher/a-glimpse-into-the-dont-a_b_791583.html

POSTERS – SPRING 2011
The Posters for the April 2011 Meeting will be presented by the Committees on History and Psychiatry, LGBT, and Work and Organizations.

REPORT FROM THE NOMINATING COMMITTEE:
President: Jack Drescher
President Elect: Marcia Goin
Secretary: John Looney
Treasurer: Stephen Sharfstein

Board of Directors Positions (vote for two)

Gail Erlick Robinson MD, Dpsych, FRCPC
I am a Professor of Psychiatry and Obstetrics/Gynecology at the University of Toronto and the Director of the Women’s Mental Health Program at the University Health Network, the largest hospital complex in Canada. I was Co-Founding Director of the Women’s Mental Health Program at the University of Toronto, the first such program in Canada. My three main areas of interest are: the psychological consequences of obstetrical and gynecological conditions; all types of violence against women; and career development in women professionals. In my community work I was co-founder of the first Rape Crisis Center in Canada, founder and Chair of the Board of the Metropolitan Action Committee on Violence Against Women and Children, and President of the Board of YWCA Toronto. In 2008, I was honored with the Alexandra Symonds award for my work in women’s mental health and advocating for women. I have previously been Chair of the APA’s Committee on Women and the Committee on Family Violence and Abuse. I have been the Women’s Caucus rep for the last 4 years and on the Council for Minority Health and Underrepresented Groups. I was on the board of regents for the American College of Psychiatrists from 2007 to 2010 and am currently chair of the Finance committee. I have been a member of GAP since 2004 and chair of the Gender and Mental Health Committee since 2006. I have been on the publication Committee since 2005. I received my 4th degree blackbelt in Karate in 2010.

Kenneth Sakauye, M.D.
I am a Professor and Co-Chair of Psychiatry, and the Director of Geriatric Psychiatry at the University of Tennessee Health Science Center College of Medicine in Memphis. I was a graduate of the University of Chicago (BA and MD), and completed Psychiatric Residency at Michael Reese Medical Center in Chicago.
I was introduced to GAP through George Pollock and Gene Cohen and chaired the Committee on Aging when we were working on a paper on the dangers of managed Medicare. I have worked with the committee in its deliberations on successful aging, psychiatric aspects of Alzheimer’s, suicide in the elderly, schizophrenia in the elderly, a Dear Abby project on perceived psychiatry needs of elderly, and geriatric education and standards. I have also had some involvement in projects of other GAP committees, most notably the Committee of Cultural Competence in its film on Cultural Competence (DSM-IV) and recent DSM-V cultural diagnosis workgroup; and the Committee on Disaster in its new book. I helped to mentor many of the Ginsberg Fellows on our committee over the years, and am very committed to GAP and its future. I have been most impressed that this meeting is different than any other professional
organization in its role as a think tank. I always leave with new perspectives and insights.

Prior to UT, I was displaced from LSU in New Orleans by Hurricane Katrina. This delayed my handbook on Geriatric Psychiatry Basics (Norton Publisher, 2008). In New Orleans I was the Ronald Reagan Professor of Psychiatry at LSU Medical School and head of a City-wide Consortium for Geriatric Psychiatry training (LSU, Tulane, Ochsner, and the VA). I am a Distinguished Fellow of the APA, and served as Chair of the APA's Council on Aging and its Task Force and Committee on Ethnic Minority Elderly (when they still existed), was received the Jack Weinberg Award in Geriatrics in 2005. I have been an officer, board member, and committee member/chair within the American Association of Geriatric Psychiatry. I also served as a member of the Committee on Subspecialty Certification in Geriatric Psychiatry for the American Board of Psychiatry and Neurology, and review committees for NIH (National Institute of Health), NIMH (National Institute of Mental Health), AOA (Administration on Aging), and Alzheimer’s Association, plus associate editorships and reviewer for several journals.

Ed Silberman, M.D.

My training in psychiatry has included residency at the Massachusetts Mental Health Center, a research fellowship at the Harvard Medical School, a fellowship at NIMH, and psychoanalytic training at the Washington and Philadelphia Psychoanalytic Institutes.

I have spent my career in academic psychiatry departments where my work has centered on teaching and administration of educational programs for medical students and residents. I have had responsibility for a third year medical student clerkship program and have directed residency training programs at two medical schools. My present position is as Vice-Chair for Adult Services in Psychiatry at Tufts Medical Center and Professor of Psychiatry at Tufts University School of Medicine. I have taught in national programs on topics related to education and faculty development in psychiatry and contributed journal articles in these areas. I have edited or co-edited books on psychiatric practice for trainees and young psychiatrists, psychiatric education, and psychiatric faculty development. I have served on the Executive Committees of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry, and am Past President of the latter organization.

I have published on pharmacology of mood disorders, cognitive dysfunction in psychiatric disorders, phenomenology of dissociative disorders, the interface of psychiatry and neurology, psychiatric education, and psychiatric career development. My clinical work has reflected both my research interests and my interest in psychodynamic psychiatry. I direct and care for patients on an acute inpatient unit and have a broad office practice, encompassing both severely ill and highly functional patients. I have developed a special interest in diagnosis and treatment of anxiety and traumatic stress disorders.

I have been a GAP member since 2005, and have had the pleasure of serving as Chair of the Medical Education Committee and working with a distinguished group of highly experienced and lively colleagues. I would be pleased to have the opportunity to further contribute to the work of GAP as a member of the Board of Directors.

Frederick J. Stoddard Jr., M.D.

Dr. Stoddard has been a GAP member since 1998, and chairs the Committee on Disasters and Terrorism which, in 2010, wrote Hidden Impact: What You Need to Know for the Next Disaster: A Practical Guide for Clinicians. This dynamic Committee, together with Disaster Psychiatry Outreach(DPO), also just completed The Clinical Manual of Disaster Psychiatry to be published by APPI in April. From 1998-2003, he was a member of the Committee on Disabilities. He is Associate Clinical Professor, Harvard Medical School at the Massachusetts General Hospital, heads psychiatry at the affiliated Shriners Hospital for Children, and is senior attending at the MGH Burn Center. He is interested in psychiatric education, treatment of pain and PTSD throughout the life cycle, disaster psychiatry, and federal mental health policy. His research team studies stress and resilience, pain management, body image, bereavement, and treatment interventions. He is also a member of the AACAP, the APA, the AMA, and the American Burn Association. He received the APA's Bruno Lima Award in 1999 in disaster psychiatry. He is a past president of the Massachusetts Psychiatric Society, a Trustee of the American Psychiatric Association, lectures widely, and has a private practice. His wife, Matilda, is an artist. Their children are Eve, a neuropsychologist in Boston, and Jackson, an attorney in San Francisco. They treasure their vacations together at their cottages in Algonquin Park, Ontario.
ANNOUNCING THE 2011-2013 GAP FELLOWS:
Jacob M. Appel, M.D., Mt. Sinai
Michael Asher, M.D., Beth Israel/Mt. Sinai
Johnathan David Avery, M.D., Weill-Cornell/Presbyterian
Andres Barkil-Oteo, M.D., Yale University SOM
Serina Deen, M.D., Columbia SOM
Mia Everett, M.D., Penn State SOM
Adam Graff, M.D., University of New Mexico
David C. Hsu, M.D., USC SOM
Stephanie I. Kwok, M.D., Byalor College of Medicine
Rupinder K. Legha, M.D., Colorado University SOM
Lorrainie E. Lothringer, M.D., NYU SOM
Marc Manseau, M.D., NYU SOM
Basant K. Pradhan, M.D., Jefferson SOM
Naudia Pickens, M.D., Henry Ford University SOM
Marika Inga Wrzosek, M.D., University of Illinois at Chicago

ADMINISTRATIVE COMMITTEE REPORTS:

FELLOWSHIP SELECTION COMMITTEE:
Present: Gross, Heru, Ranz, Barber, Tanquay, Rao
The Committee reviewed all of the applications submitted for the 2011-2013 Fellowship rotation. The Committee began working on the committee assignments and mentors. The Committee will be working on orienting the Fellows prior to the April Meeting.

PUBLICATIONS BOARD MINUTES:
Present: Drs. Adler, Copans, Friedman, Kaplan, Merlino, Nadelson, Notman, Robinson, Schreiber, Hamoda, Koh, Sasso

Update on submitted Reports:
The Committee on Aging’s manuscript: The Public’s View of Mental Health Services for Older Adults: Responses to a Dear Abby Column was published by Psychiatric Services as the third GAP Open Forum column in Nov. 2010.

The Committee on Prevention’s manuscript: Preventive Psychiatry Can Be Ideally Situated in Integrated Treatment Settings: Challenges and Recommendations was approved for submission to Psychiatric Services.

The Child Committee’s invited manuscript: Health Care Reform: Mental Health Care for Children was approved for submission to Psychiatric Times.

The Psychopathology Committee’s manuscript: The Psychiatric Note in the Era of Electronic Communication was reviewed with extensive feedback given to the Committee for revision.

The Publications Board gave extensive feedback to the Committee on Disasters and Terrorism on their APPI book length manuscript: Disaster Psychiatry: A Clinical Guide for Mental Health Professionals which was accepted by APPI for publication Spring 2011.

The Committee on Gender and Mental Health had their Op Ed piece approved but not published: The Nebraska Women’s Health Protection Act
LGBT approved Op Ed pieces since our last meeting, that were published and are up on the GAP website:
It’s About Abuse of Authority-Jack Drescher
Who Gets to Visit? -Alan Schwartz
Protect Children, Not Abusers-Mary Barber and David McDowell
Hiding in the Trenches-Serena Yuan Volpp
New Directives on Hospital Visits-Kenneth Ashley

John Talbot is the new editor of the Journal of Nervous and Mental Disease and is open to publishing GAP products in a similar fashion to Psychiatric Services.

Since 1993 in our shorter publication/rapid turnaround GAP has produced 50 published pieces.

The Publications Board will be able to have up to 3 incoming Fellows sit on the Board for the next two years.

COMMITTEE REPORTS:

ADDITIONS:
Present:  Levin, Lewis, Marzani-Nissen, Fromson, Suchinsky, Sullivan
The Committee would like a Fellow for 2011-2013.

The Committee is working on a fast track article, “Harm Reduction vs. Abstinence in Addiction Treatment: American and European Perspectives.” The article will be completed by August 2011 targeted to psychiatrists to be submitted to Journal of Substance Abuse Treatment and American Journal of Addictions.

Between meetings, consumers will be reached on the topic and the outline will be completed with substantive editing and expansion will be done. The working draft will be circulated at the next meeting.

ADOLESCENCE COMMITTEE:
Present:  Dan Becker, Stu Copans, Lois Flaherty, Kareem Ghalib (guest), Aaron Krasner (for the last time as Fellow), Skip Onesti, Jean Wittenberg, Gordon Harper (chair)
Prospective members:  L Leslie to come as guest in April.
Draft Clinical Evidence paper given to David Adler.

Topics discussed:
1) Membership:  Kareem Gharib was elected to membership.  Prospective members Chris Bellonci, Bob McKelvey, and Ken Rogers, who have attended once as guests, were unable to attend this meeting but look forward to coming in April. Our GAP Fellow, Aaron Krasner, will also come in April as a guest.
2) Clinical Evidence paper (circulated before meeting). With one edit from Dan, this paper has gone to Publications Board. Possible places to publish include Academic Psychiatry, JAACAP, or AJP.
3) New Project (1). Jean taking the lead: Teen parents and their babies: development and support. Goal would be to review and discuss the developmental, interactional, and contextual (including cultural) aspects of the relationships and to review interventions from developmental and evidence-based perspectives for both mothers and infants.
   Work Plan to follow.
4) New Project (2). Stu taking the lead: Applying CQI to study of problems encountered by children in public custody. To start with a case that went badly, do root-cause analysis. Illustrate application of CQI to child welfare.
   Work Plan to follow.
AGING:
Present: Blank, Liptzin, Rohrbaugh, Sakauye, Streim
Fellow: Koh
Guests: Blaine Greenwald, M.D., Director of Geriatric Psychiatry LIJ/Hillside, Marika Bruce, Ph.D., Professor of Psychiatry, Cornell-Weill to discuss depression care management in the elderly.

The Committee has chosen a topic, “Role of the Geriatric Psychiatrist in a Patient Centered Medical Home” anticipated to be completed in 18 months targeted to mental health providers to be submitted to *Psychiatric Services*. The Committee agreed on additional input and data needed. We will invite consultants and explore data sources with further discussion with consultants and review of data.

CHILD:
Present: Stubbe, Pfeffer, Kruese, Jensen, Tanguay, Schowalter, Shapiro, Walkup
Observer: Rita Rogers
Fellow: David Cochran who will return as an Ethel Ginsburg Fellow
The Committee would like a Fellow for 2011-2013 rotation.

The Committee met with Kristen Kroeger by conference call. She is the AACAP Executive Director of Advocacy and is consulting with our group on the Health Care Project. This is a fast track article “Health Care Bill and How it Will Affect Children’s Mental Health Services.” The Committee will re-write for a new publication to be completed by December 2010. This will be targeted at mental health providers, possibly pediatricians in their newsletter. The article will be submitted to *Psychiatric Services, Psychiatric News,* and *American Academy of Pediatricians Newsletter.*

The Publications Board could be helpful to review by no more than three individuals of the Publications Board to decrease work for the Board and assist authors in having coherent review.

Between meetings, the Committee will plan for healthcare bill articles and develop a plan for child psychiatry work force census. The Committee will work with AACAP on joint census plan.

The Committee could use assistance in research design on census.

CULTURAL:
Present: Becker, Lu, Like, Lewis-Fernandez
Fellow: Mandy Garber
Guest: Alex Kopelowicz
The Committee would like to have a Fellow for the 2011-2013 rotation.

The Committee is working three fast track articles:
1. Training in Cultural Psychiatry with adult psychiatric resident with the final draft near completion to be completed by November 2010. Targeted at psychiatrists, mostly people involved in residency training. This will be submitted to *Academic Psychiatry.* Before the next meeting, the draft will be completed and submitted to the Publications Board.
2. Quality of inclusion of Race, Ethnicity, and Culture in psychiatric research articles. This article is planned to be completed by December 2010 with the target to be methods paper-people interested in methods in psychiatric research to be submitted to *International Journal Methods.*
3. A second paper on similar topic of race, ethnicity, and culture is planned. This will be completed by December, targeted to mental health providers in general, to be submitted to the *American Journal of Psychiatry.* This will be worked on between meetings and put into a first draft.
GAP members could be helpful in giving feedback on drafts.
DISABILITIES:
The GAP Disabilities Committee, after a year of review and formal consultation, continued to work toward expanding into “medical/psychiatric professionalism” as a parallel or perhaps our primary topic. The evolving “disabled,” certainly the most challenged within the house of medicine, may be our profession.

Through sage counsel -- Drs. Malkah Notman, Marcia Goin, Jack Drescher -- we’ve added a strong new guest and potential member, Dr. Sheila Hafter Gray. At this meeting we reviewed our own members’ teaching-seminar presentations on medical and psychiatric professionalism. Disabilities carries forward as an interest, and some winnowing, focusing down on a synthesis is anticipated. Impaired professions, impaired physicians, the measurement/significance of neurocognitive injury – lots of close-by topics were discussed. Much common ground betwixt Professionalism and our overall approach to Disability.

We welcome other GAP members seeking a new or a renewal committee to pay us a visit. We’d especially welcome fellows – new, or those who have served well and might now feel the need to change committees due overstaffing or their own interests.

- Bob Nesheim and Jon Van Loon for “The Committee, formerly known as Disabilities” – a Minnesota’s-own Princely title

DISASTERS AND TERRORISM:
Fellow: Chad Lemaire
Congratulations to all on our book, \textit{Disaster Psychiatry: Readiness, Evaluation, Treatment} to be published by APPI in April. Galleys expected in December. Fascinating, exciting, moving, sad, and uplifting updates from each of the Committee members present on their activities and experiences since our last meeting.

Congratulations to Anand on organizing a \textit{Disaster Psychiatry Course for the Hawaii APA Meeting}, which was accepted. Our forthcoming book will be given to those who enroll for the Course.

We met briefly to discuss linkages with the WPA re disasters, with Dr Helen Herman from the W.P.A., Exec Comm, W.P.A.\[ h.herrman@unimelb.edu.au \] a guest at GAP. \url{www.wpa.net} She presented to us re WPA, helpfully fielded questions, discussed the IASC, and later sent an appreciative followup email.
Among topics considered were an op ed piece on emotional preparation for the anniversary of 9/11, and the concept of the anniversary reaction. Or: the nature of traumatic memory related to 9/11. Recall/reflections of Joe Merlino working in the coroner’s committee; Joe’s topic of the disaster drill ‘meltdown’ they had in all 11 acute care NY Health & Hospitals. Ed Kantor suggested the possibility of IPhone Apps for 9/11, to advise in anticipation of, and to prevent affective flooding. 13 items were discussed, not resolved:

1) Emotional self care for professionals in anticipation of the anniversary: Psych Services
3) Emotional preparedness for the bereaved. APA Pulse.
4) Emotional preparedness for 1st responders.
5) Emotional preparedness for those in proximity. NYC / DC / Pennsyl
6) Relevant regardless of the disaster – other types of traumatization.
7) Identifying triggers to reexperiencing
8) Monitoring responders for when they’re not functioning up to par – preventive line walking.
9) APA and AACAP: ?to notify them of this topic.
10) Anticipatory writing: what to do with the reactions to 9/11 that happens. How to prevent/prophylact it.
much grieving is appropriate and necessary?

11) Emotional preparedness for those with serious mental illness who were exposed.
12) Emotional preparedness for those for public officials.
13) Preparedness for the media: what should they present and how?

In order to resolve these items, further work was to occur: what is the goal? Where?

Possibly Psych Services, and other media. Who? Several volunteers.

Farewell to Chad Lemaire, our GAP Fellow who has contributed much to our meetings and writings. He enjoyed being here, the relationships/mentorships and recognition he’s received.

On Saturday, Joe Merlino’s leaving to form a new GAP committee on administration was sadly discussed, but he will continue to participate in the 9/11 anniversary work discussed. He’s interested in writing about his [posttraumatic/traumatic] experience at the recent drill. Spoke about how close to the surface everyone’s personal experiences of 9/11 are, including conversations walking up the stairs or breakfast line with others, when the topic is mentioned. Like “where was I when Kennedy was shot”. Anniversary reactions. Several of us discussed possible formats for writing about this.

FAMILY:
Present: Ellen Berman, William Beardslee, Alison Heru, Alan Josephson, Greg Miller, John Rolland, John Sargent, Gwyn Cattell (fellow)

The Family Committee has two current goals:
1. Promoting the inclusion of training in family skills, family psychoeducation, and family therapy in adult residency training programs.
2. Gathering data on psychiatric services throughout the country which provide care for families in which a parent has a psychiatric disorder.

Committee activities during the Fall meeting included:
1. Reviewing ACGME psychiatry program requirements and submitting revisions that reflect the need for assessment and care of the family.
2. Finalizing the GAP curriculum for family inclusion for general adult residency training. A version of this curriculum has been provisionally accepted as an AADPRT model curriculum.
3. Continuing our review of the research on providing care for families and children where a parent has a psychiatric illness. Dr Beardslee reported on his research on children of depressed parents and efforts to develop programs both in the US and internationally. The Committee is working to determine the most effective ways to help in this effort. We would welcome interested GAP members who would like to join the conversation. At this point we have an extensive bibliography available.

We would welcome a new fellow at this point in our work since the direction of our project is in its early stages.

GENDER AND MENTAL HEALTH:
Present: Robinson, Nadelson
Guest: Helen Herrman, guest from Melbourne, Australia, on the Board of the World Psychiatric Association. Doctor Herrman attended to discuss international issues in women’s mental health and making information about WPA initiatives more accessible.

The Committee is working on a fast track article on State Abortion Laws in final draft targeted to mental health providers and to the general public. This will be submitted to Psychiatric Services and/or The Huffington Post.

Between meetings, the Committee will discuss WPA work, update draft of report, and complete the research
questionnaire.

At the Spring 2011 Meeting, the Committee will stay on top of current issues affecting women that the Committee could respond to with an op-ed piece. The Committee will move forward with the study of female researchers.

The Committee is looking for new members, in particular male members.

**HISTORY AND PSYCHIATRY:**
Present: Gruenberg, Fidler, Lipkin, Harry, Weiss
Guest: Douglas Lehrer
The Committee would like a Fellow for 2011-2013 rotation.

The Committee is working on four video tapes on the history of American Psychiatry. The completion date is scheduled to be April 2012 targeted to residency training programs. The Committee has completed the video and will be working on completing the video tape before the next meeting.

**HUMAN SEXUALITY:**
Present: Friedman, Downey, Edsall, Bell, Goldenberg, Adelson, Tamerin
The Committee would like a Fellow for the 2011-2013 rotation.

The Committee has a study in progress, “Study, Psychiatrist’s Knowledge of Patients’ Sexual Lives.”

The committee reviewed three papers in progress or completed by committee members and the committee members filled out research instruments on their knowledge of patients’ sexual behavior.

The Committee will continue data collection and data analysis. The Committee would like to expand the number of MD’s who will participate in the research study.

**IMG:**
Present: Rao, Sperber, Gogineni, Kramer, Dewan, Fernandez, Goldberg, Saunders
Fellow: Hesham Hamoda
Guest: Andres Sciolla
The Committee would like a Fellow for the 2011-2013 rotation.

The Committee is working on two fast track articles:
A Roadmap for Observership Programs in Psychiatry for IMG
No Resident Left Behind: The Psychiatrists Board Exam Process and Its Impact on Residents Future

The two projects are near completion and will be submitted to *Academic Psychiatry* and *American Journal of Psychiatry*.

Between meetings the Committee will complete the manuscripts and begin a new project: The Ethics of Medical Education in the Context of Globalization.

The Committee will be inviting a guest, John Norcins and begin a new project.

**INTERNATIONAL RELATIONS:**
Present: Twentyman

The Committee is trying to rebuild and request recommendations for new members. The Committee is working on an
intermediate length report.

MEDICAL EDUCATION:
Present: Bernstein, Dickstein, Kaplan, Scheiber, Silberman
The Committee would like a Fellow for the 2011-2013 rotation.

The Committee is working on two fast track articles:
Dilemmas for Psychotherapy posed by the Internet: Implications for education and supervision.
Implications for Psychiatry of Interprofessional Education

The anticipated date for completion is November 2011 targeted to psychiatric trainees and educators. These articles will be submitted to *Academic Psychiatry* and *Journal of Psychotherapy*.

The Committee will be finalizing the outline and assigning the tasks, reviewing literature and formulating the outline.

MENTAL HEALTH SERVICES:
Members: Jules Ranz and Michael Vergare (co-chairs), Hunter McQuistion, Wes Sowers, Tony Carino, Anna Skiandos, Melissa Arbuckle, Kami Sethi, Sunmolu Shoyinka, Glen Davis
Fellow: Ben Brody
Our Committee would like a 2011-2013 GAP Fellow

1. Guests: Michael Weinberg, Joanna Fried, David Stern, Donovan Wong
2. Fast track article
3. Title of article: A Four Factor model for Systems-Based Practices
5. Draft to be submitted to Publication Board in 1-2 months
6. The audience is directors of psychiatry residency training, psychiatric residents and their supervisors
7. Article to be submitted to Academic Psychiatry
8. Publications Board to review article
9. During this meeting the committee reviewed the status of the SBP Instrument study, in which IRB approval was obtained at 12 residency training programs across the country to test the validity and reliability of the 60 item SBP Instrument intended to assess the quality of SBP training being provided. The data produced a validated and reliable 17 item Instrument consisting of four factors. The Four Factor Model will be presented to directors of residency training through presentations at AAP, AADPRT and IPS. The Committee also reviewed the first steps of the SBP Consultation project, in which IRB approval has been obtained to provide requested consultation to the DRTs at Columbia, Cornell and St. Luke’s Roosevelt Adult programs as well as the NYPH Child program. Finally, the committee discussed proposed revisions to the ACGME Guidelines for Psychiatric Residents, focusing on the SBP section. Frances Lu, who had encouraged the committee to undertake these ACGME changes, took part in this discussion.
10. Before the next meeting (1) Drs. Ranz and Arbuckle and Mr. Weinberg will revise the ACGME recommendations and forward them to Dr. Vergare for consideration as to how to approach AADPRT and ACGME with these recommendations, (2) Dr. Ranz and Mr. Weinberg will prepare a draft of the Four Factor Model article and forward it to the other members of the committee for comments, (3) Drs. Ranz, LeMelle and Mr. Weinberg will provide consultation to the remaining three DRTs, (4) Dr. Ranz will consult with the committee regarding presentations.
11. At the next meeting, in addition to status reports on all the above, the committee will consider new mental health services issues for the committee’s consideration.
PLANNING, MARKETING and COMMUNICATIONS COMMITTEE:
Attending: John Looney, Jack Bonner, Harvey Ruben, Steve Sharfstein and Paul Fink. Absent were Seth Powsner, Doyle Carson, Jay Scully and Justin McCarthy.

We discussed three topics in the meeting, stimulated by President Baron’s comments at the Friday Plenary and at some of the Thursday meetings in which he expressed grave concerns about the visibility of GAP, fundraising and the need for funds, although we discovered that we, through the work of Steve Sharfstein and others, are now in the black, not sufficiently but quite a bit, and the low number of applicants for the Fellowship.

With regard to greater visibility for GAP, we opened the discussion on social media and even though Seth was not in attendance, we spent a lot of time talking about Facebook, Twitter, LinkedIn, blogs and other types of media that could help us to be more visible. There was concerned mentioned about getting the training directors to know more about GAP and to recognize not only our existence, but our Fellowship. There was a lot of back and forth about people we could talk to and places we could go to get more visibility. We talked seriously about sending something to Lloyd Sederer, who has his own blog on the Huffington Post, and to get him to feature GAP. The same was said for Mike Bloomfield and the possibility that we might engage Jerry Lewis as well, especially in Psychiatric Times. We could also get Carolyn Robinowitz to get something in Psychiatric News and I could work on Clinical Psychiatry News. It was mentioned that Carol Bernstein is looking for people to help her write her columns. I spoke with her during the meeting and she thought that if she did it with an organization, every allied organization of the APA would want some space.

The issue of Facebook became a major topic for the meeting and we decided to sponsor a GAP Facebook page and we would get one of our graduating Fellows to join our committee and be our Facebook monitor. We would like to feature a Fellow and a highly regarded member each month that would not only give us visibility, but might get people to start talking about GAP. We have 50 short documents which have been approved and published that we could also either put on Facebook or link to our Facebook page.

Someone made the remark that the website is passive and social media is active. The ramifications of getting a Facebook page and diligently adding to it or changing it every month was very well received by the committee. We made a list of people who are highly visible in the psychiatric community and who could be featured on the page along with one of our 15 new Fellows to get people to know that we have a strong fellowship, one that’s unusual because it’s four meetings and they work on a committee and actually do things on the committee.

There was a long discussion on what we might do if we had a Facebook page in terms of linking up with members, organizations and other groups who could help us spread the word about GAP. We were particularly interested in linking with the AADPRT because of our need for applications to the Fellowship. We were visited by David Sasso, a graduating Ginsburg Fellow who knows a lot about the social media, and he told us we have things to worry about such as privacy and other issues about which we have to be careful as we go about putting this together. We could then get all of our members who are already on Facebook to link to the GAP Facebook page and put it somewhere on their own Facebook page.

As you can see, what is written above applies to all three topics of the day. We did discuss what we can do in terms of fundraising and we have in the past agreed to get a professional fundraiser if we can get them on consignment rather than paying them up front. The usual fundraising discussion came up again and again and again – money from foundations, money from individuals, money from the government – it’s the same thing over and over and everyone is having the same problem.

GAP has a product that they can sell – the work of 25 committees. The question of marketing it is the difficult part. We have not developed a model for doing that and the result is we do not have a reasonably good method for seeking funds from any of these sources.
Someone raised the idea of GAP giving awards. That seems to go nowhere and will get very little visibility. Sponsoring conferences might work, but that’s a lot of work and takes up front money which we don’t have. If we could work more efficiently as a consulting firm is one of the big questions at the table and will not be solved at this meeting. In the bowels of GAP currently are three model curricula – Family Committee, LGBT and Geriatric Committee. Those could all be put on the Facebook page.

I believe we had a good meeting. It went well and the time passed rapidly. We covered a lot of territory which I have not been able to capture in these minutes. I have written to David Baron and Frances Roton Bell about implementation of the Facebook page and I have spoken to Aaron Krasner, the Fellow who indicated he would be eager to help with this with our committee. His parent committee, the Committee on Adolescence, would like to keep him and, therefore, I discussed with their chairman the possibility of splitting him, so that is the direction we might be taking.

**PSYCHIATRY AND COMMUNITY:**
Present: Talbott, Osher, Minkoff, Lamb, Munetz
Absent: LeMelle and Cournos

We are working on our second draft of our work involving Letters to Dear Abby from mentally ill persons in the correctional system. The Committee is inviting several guests for membership.

**PSYCHIATRY AND LAW:**
Present: Ash, Pinals, Newman, Resnick, Giorgi-Guarnieri
Fellow: Megan Testa
Guests: Susan Hatters-Friedman

The Committee is working on a monograph with the first draft in process. The project is scheduled to be completed by Spring 2012 targeted at mental health providers to be submitted to APPI and Oxford Press.

The Publications Board could be helpful with advice on an IRB submission. The first draft has been reviewed and between meetings, the Committee will continue to write chapters.

**PSYCHIATRY AND NEUROSCIENCE:**
Present: Devra Braun
Guests: Ezra Susser, Sheldon Benjamin and Barbara Schildkrout; Leah Dickstein, Stu Copans and other members of the former Task Force on Psychiatry and Neuroscience continue to collaborate.

The committee is in the process of self-definition and enthusiastically seeks additional members. The group is united in our conviction that recent paradigm-shifting discoveries about the relationship between the genome, the brain and the environment over the life course have enormous implications for psychiatric diagnosis and treatment.

We discussed a number of ways to describe--to fellow psychiatrists--how neuroscience might change the way they think about patients. Areas of potential interest include writing about cognitive and executive functioning from a neurodevelopmental perspective--explicitly addressing the fact that diagnoses are not fixed, but are dynamic over the life course.

Before the next meeting we are reading several core articles about the role of early life stress in increasing the risk of developing a diverse array of chronic medical conditions –Dr. Susser’s area of expertise. The implication is that early developmental stress--whether primarily physical in nature (eg. exposure to toxins) or primarily social in nature (eg. early parental separation) can have lifelong effects on key neurobiological systems (eg. the hypothalamic pituitary axis). We may write about the clinical implications of the evidence that either “biological” or “psychosocial” stress may work through common biological pathways to increase psychiatric and non-psychiatric
health vulnerabilities. These findings offer new possibilities for synergy between psychiatry and other medical specialties and the potential for developing a new framework for thinking about brain/body “order” and disorder.

We welcome your suggestions of colleagues who might be interested in the topics described above. Please contact Devra Braun --DevraB@gmail.com or 203-252-4627.

PSYCHIATRY AND RELIGION:
Present: Hamblin, Hunter, Lewis, Lurie, Snyder
Guests: Ramaswamy Viswanathan, M.D.
The Committee would like a Fellow for 2011-2013 rotation.

The Committee is working on a fast track article with the first draft in preparation anticipated to be completed by the next meeting, starting second related article.

The Committee could use suggestions from the Publications Board for possible submission places. The Committee will be finishing the first draft of the first paper writing the first draft of the second paper while working on approval of the first paper.

PSYCHOPATHOLOGY:
Present: Adler, Berlant, Dixon, Goldman, Oslin, Valenstein, Siris
Fellow: Rebecca Lewis
Guest: Ilina Nossel
The Committee would like a Fellow for the 2011 – 2013 rotation.

The Committee is working on a fast track article with the topic under discussion to be completed in December. The target audience is mental health providers to be submitted to Psychiatric Services.

The Committee will be re-submitting to the Publications Board and working on selecting a new topic.

PSYCHOPHARMACOLOGY:
Present: Baron, Gross, Bhanji, Goin
The Committee completed the first draft on their Black Box Warning paper. It will be submitted to a primary care journal in early 2011. The Committee is seeking to add 1 or 2 new members. If any current GAP member is aware of a qualified candidate, interested in psychosocial issues related to psychopharmacology, please have them contact Dave Baron at dave.baron@usc.edu

PSYCHOTHERAPY:
Present: Lazar, Plakun, Myers, Yoemans, Mellman, Clemens, Sledge
Fellow: Stephanie Giannandrea
Guest: Amy Brodsky
The Committee would like a Fellow for 2011 – 2013 rotation.

The Committee is working in an intermediate length manuscript and a monograph. The topic under discussion is the “Psychotherapy of Suicide.” This will be completed by May 2010 targeted at psychiatrists. The Committee will be working on the content of the manuscript.

RESEARCH:
Present: Kramer, Keith, Garner, Verhulst, Hale-Richlen
The Committee would like a Fellow for the 2011-2013 rotation.
The Committee is working on the first draft of an intermediate length manuscript, “Relational Neurobiology: A Frontrunner for Psychiatry’s Basic Science?” It is in the final draft anticipated to be completed by December 31, 2010. It will be targeted to psychiatrists and academically oriented psychologists. There is a discussion underway informally with the American Journal of Psychiatry regarding this manuscript. The Committee discussed term limits for chair, future directions of the Research Committee, potential new members including two more-or-less returning members, completed the group aspect of the AJP paper, and worked on the ‘evidence-based psychiatry and placebo effect’ project. The plan between meetings is to finish and submit the AJP paper in final form, work on developing the placebo effect project, and brainstorm about phrenology/MRI project. We are considering an invitation to Walter J. Freeman to consult at the April 2011 meeting.

WORK AND ORGANIZATIONS:
Present: Gibson, Greiff, Heidel, Larsen, Long, Morrison
The Committee would like a Fellow for the 2011 – 2013 Fellowship.

The Committee is working on an intermediate length manuscript, “Career Advice for Young Adults” with the first draft mostly completed to be completed in 2012 targeted to the general public. The Committee is working on revising the first draft.
DATES OF FUTURE GAP MEETINGS

2011
April 7-9
November 10-12

2012
March 29-31
November 15-17

2013
April 4-6
November 14-16

2014
April 10-12
November 13-15

2015
April 16-18
November 12-14

---

2010 GAP OFFICERS

President
David Baron, DO
Email:  dave.baron@usc.edu

President Elect
Jack Drescher, MD
Email:  jackdreschermd@gmail.com

Secretary
Marcia Goin, MD
Email:  mgoin@usc.edu

Treasurer
Steven S. Sharfstein, MD
Email:  ssharfstein@sheppardpratt.org