Message From the President

After the trauma of the election, the November GAP was just what the doctor ordered. We gathered together, 160 of us (out of a total membership of 227) and spent a very productive 2 days together. The term “productive” refers not only to the articles, op ed pieces, books and more books (see later) but to the close connections we make with each other and the collegiality and support for each other in these fearful times. In the retreat like atmosphere of the Westchester Hotel we enjoyed the food, the fall weather, and the uniqueness of GAP, “America’s Think Tank for Mental Health”.

We shared the good news that GAP seems to be on a firmer financial footing with a small surplus this year that we have returned to our reserve which is now one year of operations. Our goal is to have 2 years of operations in reserve. What has made the difference is not only the dues paid on time but especially the registration fee. No longer able to rely on outside support from industry, we now must rely on ourselves to make ends meet and preserve and even expand the organization. We are recruiting new members to the 32 committees despite the daunting costs to be a member of GAP.

The benefits are clear. Here is just a sample of our incredible output:

- The Psychotherapy Committee has published 5 Psychiatric News Columns since the last meeting and have more on the way.
- Sue Kweskin, editor of Psychiatric Times, attended our meeting. The Committee on Psychopathology published the first quarterly GAP Column on Suicide Postvention in the September issue of Psychiatric Times. Sue met with 4 committees at the meeting.
- The Disasters Committee inaugurated our GAP blog with two pieces.
- The Committee on Psychiatry and the Law is now under contract with American Psychiatric Press for another book.

Journals are publishing GAP Committee pieces, notably Lancet and The Journal of Nervous and Mental Disease.

A highlight of our meeting was the presentation by the graduating GAP Fellows on the major issues of controversy for psychiatry in the present and the future. We had a great discussion and interaction with the members. The Fellows make GAP smart and strong.

We are the most productive psychiatric organization in the world! Speaking of “productivity”, the Board approved the report of a Task Force I appointed on Committee Size and Productivity. Currently there are 7 committees with less than five members. We hope they will recruit more if necessary to be productive. Other committees with more members may be working on a project for five years or more. The essence of the Task Force recommendations is to offer assistance and support when needed when it seems a committee is in trouble either with recruitment or productivity. Many thanks to Stu Copans, David Adler, David Sasso and Ruth Shim for their work on this Task Force. And, of course to Frances for her work and leadership.
In April we will have a Dear Abby Awardee who will be performing and lecturing at our Friday Plenary, Dr. Richard Kogan. More to come in the Spring Newsletter.

I am very grateful to the leadership of GAP who have contributed nearly $9,000 dollars this year that is in addition to their dues and meeting registration fees. We inducted 6 new “GAP Guardians” that is those who have contributed $1,000 or more to GAP. They are Marcia Goin, Doug Kramer, Ben Liptzin, Steve Scheiber, Fred Stoddard, and Harvey Ruben.

And as ever we are all grateful to Frances for her superb management of expenses and the office for so many years.

Steven S. Sharfstein, M.D.

ANNOUNCEMENTS:

a. The Nominating Committee presents the following slate for the Spring 2017 election:
President: John G. Looney
President-Elect: Lawrence Gross
Secretary: Barbara Long
Treasurer: Calvin Sumner
Board of Directors: Margaret Balfour, Michael Compton, Warachal Faison, Sy Saeed

Bios for Board of Directors’ Nominees:
Margaret (Margie) Balfour, MD, PhD is the VP for Clinical Innovation & Quality at Connections AZ, one of the largest providers of emergency psychiatric care in Arizona. She is responsible for managing the clinical operations at the Crisis Response Center on the Banner-University Medical Center South Campus in Tucson, AZ, where she led major process improvements resulting in significant improvements in the timeliness and quality of care. Prior to joining ConnectionsAZ, Dr. Balfour directed the quality program for behavioral health within the public-safety net health system for Dallas, TX, with a special emphasis on emergency psychiatric services and integrated care models to address the behavioral health needs of patients throughout the health system. She also worked with ValueOptions to create a new program for the highest utilizers of behavioral health services in north Texas. She received her MD and PhD in Neuroscience from the University of Cincinnati and completed residency and a fellowship in Public and Community Psychiatry at the University of Texas Southwestern Medical Center in Dallas. She serves on the board of directors for the American Association of Community Psychiatrists and The American Association for Emergency Psychiatry and is a member of the Standards and Practices Committee of The National Suicide Prevention Lifeline. She was the 2010 recipient of the NAMI Dallas Professional of the Year. As an Assistant Professor of Psychiatry at the University of Arizona, she remains engaged in teaching and research.

Michael T. Compton, M.D., M.P.H. is Medical Director for Adult Services for the New York State Office of Mental Health (OMH), the largest state mental health system in the nation. He is also Professor of Psychiatry at Columbia University College of Physicians & Surgeons. After completing medical school at the University of Virginia in 1997, Dr. Compton trained in general psychiatry, preventive medicine, public health, and community psychiatry, all at Emory University in Atlanta, Georgia. He served on faculty as an Assistant Professor, and then tenured Associate Professor, at Emory from 2003 to 2010. He then served as Professor and Director of Research Initiatives in the Department of Psychiatry and Behavioral Sciences at The George Washington University School of Medicine and Health Sciences, from 2011 to 2013, before relocating to New York. In New York, he was Chairman of Psychiatry at Lenox Hill Hospital in the Upper East Side of Manhattan, and Professor of Psychiatry at Hofstra Northwell School of Medicine, for three years before taking a position in the Central Office at OMH. Dr. Compton conducts research on first-episode psychosis, the Crisis Intervention Team (CIT) model of collaboration between law enforcement and mental health, linguistic abnormalities in persons with schizophrenia, schizotypy, and the effectiveness of a new form of recovery-oriented community navigation for persons with serious mental illnesses and repeated hospitalizations. In addition to heading up numerous research projects, Dr. Compton, has taught in a wide array of settings, has cared for both inpatients and outpatients, and has served on a number of institutional, regional, and national committees. He is a Fellow of the American College of Preventive Medicine and a Distinguished Fellow of the American Psychiatric Association.
Dr. Compton has been a member of GAP’s Prevention Committee since 2005, and Chair of that Committee for the past nine years. His Committee—focusing on mental health promotion, mental illness prevention, public health, social justice, policy, and the social determinants of mental health—has been highly productive. In recent years his Committee has worked to advance psychiatry specifically regarding prevention by publishing: (1) a Psychiatric Annals issue on Prevention in Psychiatry; (2) an APA book on prevention in psychiatry (Clinical Manual of Prevention in Mental Health, 2009); (3) a number of articles in the scholarly literature, including in Academic Psychiatry and Psychiatric Services; (4) several publications in the non-scholarly literature (e.g., op-eds); (5) a Psychiatric Annals issue on the Social Determinants of Mental Health; and (6) an APA book on that same topic (The Social Determinants of Mental Health, 2015). His Committee’s members have also presented at numerous APA Annual Meetings and IPS meetings. Dr. Compton now seeks to advance the broader GAP organization by serving on the Board of Directors.

Warachal Eileen Faison, MD is a geriatric psychiatrist and Medical Director at Pfizer. Prior to joining Pfizer in 2008, Dr. Faison was Clinical Director, Alzheimer’s Research & Clinical Programs at the Medical University of South Carolina (MUSC). She graduated from North Carolina Central University with a BS degree in biology summa cum laude. Dr. Faison received her medical degree and completed her psychiatry residency, including chief residency at the University of North Carolina at Chapel Hill (UNC-CH) School of Medicine. She completed a clinical geriatric psychiatry fellowship at Duke University School of Medicine.

Dr. Faison has been recognized for her work as a health care provider, researcher, and community advocate in health disparities, minority recruitment clinical trials, women’s health issues, and mental health. In 2013, she completed a global health fellowship in China for 3 months increasing awareness about diabetes, a growing epidemic in China. A recipient of numerous honors and awards, Dr. Faison has been featured in the national media, including CNN, BET, and Washington Post. She has also been recognized as a National Alzheimer’s Champion by the National Alzheimer’s Association as she has furthered research for prevention and cure, made strides in care and support, and raised awareness of Alzheimer’s disease. She recently received one of the UNC-Chapel Hill Harvey E. Beech Outstanding Alumni Awards for Overall Achievement.

Dr. Faison’s service to medicine has included national appointments such as the following: Executive Committee, Association of Women Psychiatrists; Board Member, American Association of Community Psychiatrists; Consultant, American Psychiatric Association (APA) Council on Aging; Board Member, American Association for Geriatric Psychiatry; Board Member, Geriatric Mental Health Foundation; Editorial Board, American Journal of Geriatric Psychiatry; Medical Advisory Board, Alzheimer’s Foundation of America; Treasurer, Association of Women Psychiatrists; Vice President, American Association of Community Psychiatrists; and Advisor, DSM-V Workgroup on Neurocognitive Disorders and Lifespan Study Group. She has also been a member of the GAP Aging Committee since 2008.

No matter what her role in the community—from her sorority, Delta Sigma Theta Sorority, Inc. to the YWCA of Greater Charleston, Inc., where she served as President, Board of Directors—she engages in active dialogue concerning health disparities. Due to her community advocacy, she was selected by the Charleston Regional Business Journal as one of the Influential Women in Business due to her volunteerism. She frequently collaborates with the New York chapters of the Alzheimer’s Association and American Heart Association as well as Caring Kind. Passionate about increasing the pipeline of ethnic minorities pursuing health careers, Dr. Faison is actively involved with National Medical Fellowships, chairs the United Negro College Fund New York Leadership Council, and has been recently appointed to the North Carolina Central University College of Arts and Sciences Advisory Board.

As Dr. Menninger highlighted in 1959, now more than ever there is a “sense of great urgency” to advance psychiatry and Dr. Faison hopes to serve GAP by participating on its board of directors. Let’s all embrace and work towards GAP’s “unlimited opportunities.”

Professor Sy Atezaz Saeed, MD, MS, FACPsvch
Since 2004 Dr. Saeed has been serving as the Chairman of the Department of Psychiatry and Behavioral Medicine at the Brody School of Medicine, East Carolina University. He also serves as the Executive Director of Behavioral Health Service
Line for Vidant Health, a non-profit hospital system made up of eight hospitals, physician practices, home health, hospice, wellness centers and other health care services serving 1.4 million people in 29 counties in Eastern North Carolina. Dr. Saeed also serves as the Director of the Center for Telepsychiatry at ECU and as the Director of North Carolina Statewide Telepsychiatry Program (NC-STeP), a state funded program covering over 70 hospitals in North Carolina.

A 1982 medical graduate of Dow Medical College, Dr. Saeed completed his residency training in psychiatry at the Illinois State Psychiatric Institute, Chicago. He is a diplomate of the American Board of Psychiatry and Neurology. He is also certified in Psychiatric Administration and Management by the American Psychiatric Association and holds a MS degree in Counseling and Psychotherapy. Prior to his appointment at East Carolina University, Dr. Saeed served as Professor and Chairman, Department of the Psychiatry and Behavioral Medicine at the University of Illinois College of Medicine at Peoria (1995-2004) where he was also the Clinical Director for the Comprehensive Community Mental Health Service NetWork of North Central Illinois, a state-operated Network serving people with serious and persistent mental illness in 23 counties and covering 1.5 million lives in north central Illinois.

Dr. Saeed was the founding Editor of the American Association of Psychiatric Administrator’s Journal, Psychiatrist Administrator (2000-2010). He is currently the Editor-in-Chief of the Journal of Psychiatric Administration and Management (JPAM). He serves on the editorial boards of several academic journals. He is a fellow of the American College of Psychiatrists, a Distinguished Fellow of the American Psychiatric Association, and an elected Fellow of the Royal Society of Health, London. He also serves on the Group for Advancement of Psychiatry (GAP), a think-tank for psychiatry dedicated to shaping psychiatric thinking, public programs, and clinical practice in mental health. In 2014 Governor McCrory appointed him to the Governing Board of the North Carolina Institute of Medicine. In 2016 he was reappointed to the board for a 4-year term by the governor.

Dr. Saeed has published extensively in the areas of evidence-based practices; anxiety and mood disorders; telepsychiatry; psychiatric administration and leadership; and psychiatric treatment integration. His current scholarly and research interest areas include: the study of the process and impact of implementing evidence-based practices in mental health settings; telepsychiatry; and psychiatric administration and leadership. He has been involved in funded research both as a principal investigator and co-investigator. He has lectured and presented nationwide and internationally, including being an invited speaker at a White House Convening in 2016.

b. Final Report of the Task Force on Committee Size and Productivity
Stuart Copans, David Adler, David Sasso, Ruth Shim, Frances Bell
September 2016
Introduction

There are two eras of GAP’s Publications History: 1947-1990 and 1991 to the present. From 1947-1995 GAP produced at first short and then longer monographs and books (totaling 139) published through a variety of mechanisms. From 1996, through APPI and other publishers found by the various committees, eight additional books have been published.

Beginning in 1991, GAP Committees largely turned their attention to shorter pieces (totaling 130) that were generally published as peer review articles but also included OpEds, internet and other print pieces (Psychiatric Times). Using data from 2006-2016, there were 92 such pieces (summarized in the attachment). In addition to these outputs, GAP has produced two videos and since 2009 has made at least 12 presentations to national conferences. Of those 92 products since 2006, 12 committees (whose membership ranged in size from 6-13) produced 78 of them (see attachment). It is likely that some committee work has not been acknowledged and for that we apologize and ask for corrections. This Task Force was charged with making recommendations regarding both committee size and productivity.

Summary Recommendations
The Task Force makes the following recommendations:
1. Committee membership should be set at a minimum of five members for reasons of continuity, dissemination and critical mass. A Committee can request assistance in membership development at any time, but will meet with the President or his/her designee for consultation on increasing membership following four meetings of membership below
five members.
2. If after a period of six meetings, a committee has not shown significant progress with a product (defined as a submission to the Publications Board), there will be a consultation with the President or his/her designee regarding productivity.
3. While responsibility for committee function lies within a committee as a group, ultimate responsibility for size and productivity lies with the Committee Chair as delineated in the revised Chair Handbook.
4. There should be a formal orientation for new committee chairs at their first meeting as chair.

Commentary

The Task Force understood that the open exchange of ideas is the cornerstone of GAP committees. The Task Force recognized that the concept of “productivity” is broad and at its essence refers to sharing information in some form beyond the walls of the committee meetings. While this is the ultimate responsibility of the entire committee, the Chair Handbook has been modified as follows to delineate the committee chair’s responsibility.

1. The Committee Chair is selected by committee vote or consensus.
2. An orientation by a designee/s of the GAP President will be held upon appointment as Committee Chair to review the roles and responsibilities of Committee Chairs. On an ongoing basis, Committee Chairs can request consultation/support from the designee/s.
3. Information discussed at the Steering Committee is shared with the individual committee membership; and individual committee concerns conveyed to the Steering Committee by the Chair.
4. With the help of committee members, the chair will ensure the recruitment and retention of a minimum of five committee members willing to work to the goal of some type of “product” as defined as peer-reviewed journal article, book or book chapters, video, Op/Ed or other newspaper column, GAP blog or other online content, media piece, or presentation to a national organization. There is an expectation of a submission to the Publications Board at least every six meetings but recognition that some major projects may require longer times, and that the purpose of GAP is changing the paradigms of psychiatric thought and practice, not simply generating publications. Generally this benchmark requires the identification of one committee member taking responsibility for shepherding the deliberations to product.
5. The Meeting Committee Report Form has been revised to reflect these recommendations. These reports will be reported in the Meeting Circular Letter to indicate the status of each committee with respect to the above metrics.

c. Minutes from the Publications Board:

GAP PUBLICATIONS BOARD
November 10, 2016
Present: Drs. Adler, McIntosch, Flaherty, Krasner, Nadelson, Robinson, Notman, Scheiber
1. Overview: The Task Force on Productivity and Committee Size completed its recommendations that were approved by the Board of Directors:
   a. Committee membership should be set at a minimum of five members for reasons of continuity, dissemination and critical mass. A Committee can request assistance in membership development at any time, but will meet with the President or his/her designee for consultation on increasing membership following four meetings of membership below five members.
   b. If after a period of six meetings, a committee has not shown significant progress with a product (defined as a submission to the Publications Board), there will be a consultation with the President or his/her designee regarding productivity.
   c. While responsibility for committee function lies within a committee as a group, ultimate responsibility for size and productivity lies with the Committee Chair as delineated in the revised Chair Handbook.
   d. There should be a formal orientation for new committee chairs at their first meeting as chair.
2. Update on former Reports:
   a. The Psychotherapy Committee has an established routine with our subcommittee: Tom Franklin,
Jack Drescher and Lois Flaherty who have reviewed and the Board has approved 5 Psychiatric News columns on Psychotherapy, 5 of which have been published between the last meeting and this one.

b. The Disasters Committee has helped inaugurate our GAP Blog website with two pieces reviewed by the subcommittee: Mary Barber, Aaron Krasner and Jack Drescher and approved by the Board and are on line along with a Q&A about what is a blog.

c. The Committees on Cultural Psychiatry and Family’s manuscript: “Family, Cultural Identity Key to Assessment and Treatment” is the third installment of Curbside Consultation in Clinical Psych News was reviewed, approved and published.

d. The Committee on Psychopathology on Suicide Postvention as reviewed, approved and accepted as the first in our quarterly GAP Column in Psychiatric Times appeared in Sept. 2016. We are working towards additional columns in the future including one by the Committee on Work and Organization. Sue Kweskin, the editor met with 4 committees on 11/11.

e. The Gender and Mental Health Committee proposal to Oxford University Press for a series of five gender related case books is under contract.

f. The Committee on Work and Organization had its book manuscript: “Challenges of the 21st Century Workplace” accepted by Oxford University Press.

g. The Committee on Psychiatry and Community book: “People with Mental Illness in the Criminal Justice System” has been receiving significant publicity.

h. The Committee on Psychiatry and the Law long approved manuscript: “Landmark Psychiatric Case Book” has also been accepted by Oxford Press. In addition, they are now under contract with APPI for a book entitled Family Murders: Pathologies of Love and Hate.

i. The Committee on Religion manuscript “Can Religion Protect Against Suicide?” was reviewed with feedback, revised and approved for submission.

j. The Committee on Terrorism approved manuscript “Violent Extremism” was accepted by the Journal of Nervous and Mental Disease.

k. The Neuropsychiatry’s approved manuscript on the importance of rare diseases was accepted by Lancet.

l. The Psychopharm Committee’s manuscript on was reviewed, approved and accepted by Lancet.

3. The following journals have invited submissions specifically from GAP:

   d. *Journal of Psychiatric Practice* – John Oldham, editor
   e. *Journal of Gay and Lesbian Mental Health* – Chris McIntosch and Alan Schwartz, co-editors
   f. *Adolescent Psychiatry* – Lois Flaherty, editor
   g. *Community Mental Health Journal* – Jackie Feldman, editor

OPERATING COMMITTEE REPORTS:

**Addictions:**
Membership: Labins, Levin, Sullivan, Williams

The Committee is working on a journal article, “Moderation Management” that is near completion.

**Adolescence:**
Membership: Becker, Flaherty, Harper, Onesti, Wittenberg

Guest: Yajaira Rodriguez

The Committee is working on a journal article, The “Teen Mothers” project considers teen motherhood from a variety of perspectives (socio-cultural, developmental, public policy, etc.)—but especially through the lens of stigmatization and the role of stigma in negative outcomes for teen mothers and their infants, to be completed May 2017.

General Committee Update: For the above-mentioned project, a draft is currently being completed by Dr.Wittenberg. Further editing will be completed by the group prior to a Winter conference call. At that time, a preliminary draft will be finalized. Committee members presented this work, in part, at the recent AACAP Annual Meeting. Dr. Jack Crokall has

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been invited to attend the Spring Meeting as a Guest. Dr. Sarah Lytle will be returning as a Guest, and will be nominated to membership at that time.

Plans for Between Meeting Work: There will be a conference call, as noted above. The next meeting will continue to focus on the “Teen Mothers” project.

**Aging:**

**Membership:** Ellison, Kyomen, Lehmann, McGuire, Meador, Roca, Rohrbaugh, Sakauye

**Absent:** Faison, Liptzin

The Committee is working on a column, Medical Marijuana and Dementia. Patients and families are asking their physicians to support the use of medical marijuana as a treatment for psychiatric symptoms arising in the context of a dementing illness. There is little (if any) evidence supporting its efficacy or safety. This brief article will review the evidence and help physicians respond to these requests. The first draft is in preparation.

The Committee is working on a second column, Teaching Geriatrics to Medical Students. There will never be enough specialists in geriatrics or geriatric psychiatry to care for older adults in need of expert care. It is important for medical students to be introduced to geriatrics in general and geriatric psychiatry in particular in a way that opens them to learning about how to care for the elderly, whatever specialty they may choose. This article will propose a way to do this. The first draft is in preparation.

The Committee is working on a third column, Geriatric Psychiatry: Building the Workforce. It is important for all physicians in general and psychiatrists in particular to learn how to care for older adults. But it is also vital to support the growth of the specialty of geriatric psychiatry so that there is adequate expertise available to train other physicians and to design clinical programs for older adults with psychiatric disorders. This article will propose strategies for enhancing the workforce, including advocacy with CMS for new policies regarding reimbursement, loan repayment, fellowship funding, etc. The completion for this project is February 2017.

**General Committee Update:**

In addition to the aforementioned projects we are also working on the following:

1) While the future of health care reform is uncertain, we believe that collaborative care is here to stay. We plan an article on the role of geriatric psychiatrists in emerging collaborative care models. Helen Kyomen and Bob Rohrbaugh are taking the lead on this project.

2) Suicide among veterans is a serious concern among psychiatrists in the VA. Risk of suicide is particularly high at times of transition between levels of care. Little has been written about transitions from nursing home to home. We are planning to access data available to some of our committee members to look at this issue and write a piece describing the problem and proposing interventions that might be helpful for veterans and perhaps other patients as well. Marsden McGuire is taking the lead on this project.

3) Few patients with dementia receive hospice services prior to death. This may be at least in part because the criteria for admission to hospice are too restrictive. We are looking into writing an article on (a) improving hospice admission criteria for persons with dementia and (b) what constitutes excellent hospice care for these patients, especially those with severe behavioral dyscontrol.

Between meetings, the Committee will meet by telephone at least monthly and will share drafts of articles between calls.

**Cultural:**

**Membership:** Aggarwal, Becker, Faris, Hansen, D. Hinton, L. Hinton, Kopelowicz, Kohrt, Lewis-Fernandez, Like, Lu

**Absent:** Becker, D. Hinton, L. Hinton, Kohrt

**Contributing:** Bhui, Primm, Weiss

**Guest:** Laurence Kirmayer

The Committee is working on a column, clinical case for column in Clinical Psychiatry News in collaboration with Family committee. The Committee is also working on a journal article on the interface between culture and family work in collaboration with Family committee to be completed in January 2017. The Committee is working on a third project, journal article on MH consequences of discussed deportation of undocumented migrant children back to their countries of origin to be completed in June 2017.

The work between meetings will be work on all three projects.
Disasters and the World:
Membership: Beckert, Brenner, Chokroverty, Clegg, Dowling, Haase, Koyfman, Nininger, Pandya, Pillay, Stoddard,
Present: Brenner, Chokroverty, Clegg, Haase, Koyfman, Pillay, Stoddard
The Committee is working on blog post with three in production. The Committee is also working on a book, Election 2016: The First 100 Days, considering a book related to Election 2016 and will submit a proposal to the Publications Board upon completion.
General Committee Update: We are continuing to increase momentum in relation to blogging and are looking at a book project. Our focus is shifting as the role of psychiatry in disaster response shifts.
Plans for Work Between Meetings: Conference calls (already have had one to discuss the book project), email exchange, and ongoing communication.

Gender and Mental Health:
Membership: Benders-Hadi, Green, Ordorica, Nadelson, Robinson
The Committee is working on a series of books, 5 Case Books in Women’s Mental Health. The first book should be completed December 2017. The contract is in the process of being signed.

History & Psychiatry:
Membership: Dube, Fidler, Larsen, Sasso, Weiss
The Committee is working on a film/video project, The History of Psychiatry with the current module to be completed by 2017.
General Committee Update: Due to dwindling membership and our ongoing collaboration with the Psychiatry and the Arts Committee, we will ask the Board to merge the two committees under the new title Arts and Humanities. Among other things, we will continue to work on the video series.
Between Meeting Work: The Committee will make minor changes in the Ancient Origins module and for Dr. Sasso to compose a soundtrack.

LGBT:
Membership: Adelson, Ashley, Barber, Casoy, Drescher, Goldenberg, Herbert, Lothwell, McAffê, McIntosh, Mattson, Schwartz, Tompkins
Fellow: Brian Hurley
Guest Hasan Gazzawi
The Committee is working on a journal article, The Intersection of Faith and Sexual and/or Gender Identity. The first draft is in preparation. The Committee is working on a second journal article, Mental Health Care for Transgender Individuals: Best Practices with the completion is April 2018.
General Committee Update:
The Committee is focusing on first project this meeting, reviewed letters to develop themes for qualitative study, discussed software for facilitating data analysis and will coordinate with another GAP member (Helena Hansen), discussed collaboration with GAP Committee on Religion, developed literature review on topic, gave assignments for interim work.
Between meetings, the Committee will review summaries of literature review, cleaning up themes, coding letters.

Medical Education:
Membership: Belitsky, Hutner, Scheiber, Vestal
Absent: Bernstein, Cohen, Silberman, Wrzosek
Guest: Julie Penzner
The Committee is working on a journal article, Public Health Approaches to Trainee Well Being to be completed April 2017.
General Committee Update:
The Committee is discussing new topics, one of which is what special qualities does the psychiatrist bring to medical education settings. The plans between meetings is responding to revisions of the article before submitting to the Journal of Academic Psychiatry.

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Mental Health Services:
Membership: Barkil-Oteo (via SKYPE), Bell, Fried, Ranz, Sastry, Sethi, Skiandos, Sowers, Stern, Wong (via SKYPE)
The Committee is working on a book. The Committee agreed to begin a book project related to principles of value driven mental health services and psychiatry’s role in them. The book would contain chapters related to several of our ongoing projects as well as others that are related to providing quality care in an economic manner. The list of chapters could include:

Part I: Value in Behavioral Health Services
- an introduction with a historical perspective on the quality and cost of care
- the current system and opportunities for improvement
- incentive and risk management
- effective methods for managing services and resources
- integration of services
- the triple aim: measuring values
- workforce development
- pharmaceutical management
- prevention

Part II: Psychiatry’s Role in Value Driven Care
- prescription practices
- scope of practice
- innovative use of psychiatric resources
- trends in the psychiatric workforce
- patient, personal and professional advocacy
- training needs
- diagnostic reform
- leadership

Between meetings committee members will consider the outline of the book and develop consensus on its contents. Members will choose chapters they would like to work on based in part on the projects they have been involved with previously. Authors will present a rough outline of the chapter they will be writing at the spring meeting. The anticipated date of completion is 2020.

Neuropsychiatry:
Membership: Benjamin, Lauterbach, Schildkrout
Fellow: Lindsay MacGillivray
The Committee is working on a journal article, Classical Cases in Neuropsychiatry. We describe six classical cases in neuropsychiatry, the lessons that were learned from them, and their continued relevance to trainees and practicing clinicians today. This is planned to be completed January 2017. This project, learning module, is in the process of being conceptualized and developed. We are thinking of this as a training module that will utilize one of the historic cases from the paper we are working to complete. At the moment we are simply going to collect on-line resources about the six cases. These resources will not be journal articles. This is planned for completion Fall, 2018.

General Committee Update:
Our committee is very excited about our last paper which is about to appear in Lancet Psychiatry. And now we’re all very engaged in writing our next “Cases” paper. The fact that this paper involves incredible stories, medical history, and neuropsychiatric thinking makes the work really fun. We’ve realized that committee face-time at meetings is best spent in brainstorming. We spent this last meeting discussing about 15 possible next projects and have selected one – the development of a learning module based on the Cases paper.
Between meetings, the Committee will regularly work as individuals on our joint projects via google drive. We schedule conference calls when needed.

Prevention:
Membership: Compton, Koplan, Langheim, Manseau, Powers, Shim
The Committee is working on a journal article, we are currently considering writing a Commentary for a high-impact journal that would address the fact that “all policies are mental health policies,” while giving illustrative examples of mental
health implications of non-health policies.
The Committee is working on a second journal article, a subset of committee members will be writing an article for a special upcoming issue of the Journal of Ethics in Mental Health. The Article will focus on the ethical dilemma of States’ decriminalizing/legalizing marijuana use despite known negative mental health impacts of marijuana use (e.g., increased risk for psychotic disorders). The article will argue that such large-scale policies with potential health (and mental health) implications should be evaluated using a Mental Health Impact Assessment. This is to be completed April 2017.
The Committee is preparing an oral presentation, Mental Health in All Policies: Evaluating the Mental Health Implications of Evolving Federal Legislation (Symposium submission for the October 2017 APA Institute on Psychiatric Services conference in New Orleans)

General Committee Update: After having published a Psychiatric Annals, and then an APA book on Prevention in Mental Health, and then another Psychiatric Annals and then another APA book on The Social Determinants of Mental Health (in addition to several articles and numerous presentations), the Committee has spent several meetings determining our next direction. After some strategic planning during the November 2016 Meeting, we have now reached a general consensus that we will: (1) work on increasing the size of our Committee by 1-3 members, especially bringing in Guests in an early career stage who might be potential members, and (2) now focusing our attention on examining how policies/legislation can have unrecognized mental health effects, and encouraging the field to conduct formal Mental Health Impact Assessments (MHIAs) of proposed policies.

Plans for Between Meeting and Focus on Work at the Next Meeting: We will be working on the above-mentioned Commentary and article. We will also prepare a submission for a Symposium on our current topic for the October 2017 Institute on Psychiatric Services conference in New Orleans.

Professionalism and Ethics:
Membership: Candilis, Gennaro, Fallon, Hafter-Gray, Nesheim (via video-conference), Rosenthal
The Committee is working on two projects:
a. Psychiatric Ethics for the 21st Century. REVISION after rejection by the American Journal of Psychiatry. This will be completed December 2016.
b. The Ethics of Using Clinical Material in Teaching, Research and Publication with the outline prepared. The completion date is undetermined to be submitted to Psychodynamic Psychiatry.

Focus of Work During the Meetings:
a. We reviewed the comments on Psychiatric Ethics for the 21st Century and made suggestions to our lead author (Candilis).
b. We reviewed the outline prepared by Fallon and noted areas of conflict with clinical priorities.
c. We heard a planned new lecture by Jane Rosenthal about the ethics of conducting on line searches to find information about patient, and suggested ways the presentation might be strengthened.

Plans for Between Meeting Work:
a. Candilis and Hafter Gray will complete revision of Psychiatric Ethics for the 21st Century for re-submission to the AJP.
b. Fallon will write first draft of The Ethics of Using Clinical Material
c. Rosenthal will lecture on ethics of conducting on-line searches about patients

Focus for Next Meeting:
a. Continuing discussion of ethical use of clinical material for teaching, research and publication.
b. First review of paper by Howe on contemporary military medical ethics. Chair extended invitation to Committee on Military Psychiatry to join us for this discussion. There has been no response to date.

The Committee is always happy to receive comments from members who have relevant experience.

Psychiatric Administration and Leadership:
Membership: Buwalda, Lekwauwa, Levin, Merlino, Moyhuddin, Petit, Saeed, Silver, Weinberg.
Members in attendance: Buwalda (via SKYPE), Moyhuddin, Petit, Saeed, Silver, Weinberg.
Guests: Eindra Khin Khin and Brian Hepburn
The Committee is working on a journal article, Psychiatric Management, Administration, and Leadership: A Continuum or Distinct Concepts? The terms psychiatric management, psychiatric administration, and psychiatric leadership are often used interchangeably, yet they each have a different distinct focus. Some consider the concepts overlapping, existing on a
continuum, while others draw distinct conceptual boundaries between these terms. In this paper, we propose operational definitions of these concepts (management, administration, and leadership) and offer clarification of the relationship amongst them based upon our experiences in the field of administrative psychiatry. We also discuss core competencies and personal attributes, which we consider are the most relevant for this field. This is planned for completion June 2017.

The Committee is planning a Workshop at the 2017 APA Annual Meeting, San Diego. A decade ago Porter and Teisberg defined value for patients as the “overarching goal of health care delivery in which value is defined as the health outcomes achieved per dollar spent” in their 2006 book “Redefining Health Care, Creating Value-Based Competition on Results.” Value-based initiatives shift the focus of care delivery from volume to value and redefine financial incentives toward reduced costs. Organizing healthcare to achieve the triple aim of better quality, lower costs, and higher patient satisfaction has not been an easy task. In the ever changing world of healthcare delivery, healthcare professionals are tired and burning-out, costs are still rising, and we are not sure if the patient is more satisfied. Psychiatrists in administrative roles are struggling with balancing between areas of cutting costs, creating more patient centeredness, and having health professionals in the organization to do the job. In this workshop we will define “value” in care and “value-based care” while discussing what is needed to put the value framework at the care delivery level. This is planned for completion May 2017.

The Committee is working on International Survey on Administrative Psychiatry. The GAP Committee on Administration and Leadership, 2016, defined administrative psychiatry as the field in psychiatry with the focus on the policy and role of psychiatrists within and outside healthcare organizations and systems. This is done in collaboration with other professionals, managers, fiscal managers, insurers, governments, community organizations and patient, with the aim of achieving optimal treatment quality and outcomes, while reducing costs, and enhancing patient experience. It is an axillary science towards general psychiatry and it conducts research on different aspects of administrative psychiatry for example research on assessment tools, outcome measurement and management (Buwalda et al. 2013, Roca et al., 2016) and lean management (Merlino et al., 2014). This research is based on the principles of Donabedian (1988) towards quality improvement of and it three aspects: structure, process and outcome. The purpose of this survey is to get a better understanding of the concerns and needs of those psychiatrists in leadership positions. The survey data will help the Committee on Administration and Leadership determine training needs for residents, fellows, and early career psychiatrists, as well as those interested in a career-path in Administrative Psychiatry. The planned completion date is March 2017.

General Committee Updates:
1) Committee has worked on securing a 2-year funding for a fellow (Beacon Fellow) and is now awaiting assignment of a fellow to the committee.
2) We discussed whether it may be useful to propose a column for Psychiatric Times focused on administration and leadership for the day to day clinical practice.
3) We discussed our experience of presenting two workshops at the IPS Meeting in October 2016. Drs. Buwalda, Silver, and Saeed presented these two workshops focused on the areas of financial management, as well as outcome monitoring/measurement.
4) We discussed working on a training manual/curriculum for psychiatric administration and leadership with the purpose being “this is what we think a resident needs to know about administration and leadership” at the time of their graduation from the residency program using ACGME requirements + what we (as experts in the field) think the residents need to know. Look at what other disciplines (e.g. IM) do for leadership training. Write a book proposal for a publisher. Survey residency training directors regarding what they think they need on the curriculum and whether they have a formal curriculum.
5) We also discussed contacting SAMSHA (Anita Everett) regarding this curriculum idea to explore a potential dialogue with SAMSHA (e.g. what does she see as needs gap in this area?). Send her link to our special section. Invite her to one of our meetings. Can there be funding for training residents in administration and leadership?
6) Discussed further the book idea. Discussed Victor’s ideas and reviewed minutes from April 2015 meeting (Chairs Report). Who are the audience (only psychiatrists or broader)? Who are the authors (only psychiatrists or broader)? Shall we do a series of books?

The Committee plans to focus on the following between meetings:
1) Finalize the content of the paper on Definition and Competencies: Psychiatric Administration and Leadership and submit for publication board review.
2) Invite guests mentioned above to the fall meeting.
3) Finalize International Survey and submit for the publication board review.
4) Finalize content for 2017 APA workshop, if accepted.

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**Psychiatry and the Community:**
Membership: Adams, Balfour, Dragatsi, Feldman, Flaum, Hackman, Le Melle, the Honorable Judge Steve Leifman, Minkoff, Munetz, Osher, Panzer, Tandon, Yang
In attendance: Adams, Balfour, Dragatsi, Feldman, Flaum, Hackman, Le Melle, the Honorable Judge Steve Leifman, Minkoff, Osher, Panzer, Yang
Fellow: Tom Blair
Guest: John Santopietro
The Committee is working on the Development of the Ideal Behavioral Health System via patient stories to reflect systemic problems, then utilizing root cause analysis and fishbone structure to identify systems challenges, professing solutions and cross-walking to an extensive recommendations grid for said problems. The anticipated completion date is Spring 2018.

**Psychiatry and the Law:**
Fellow: Jackie Landess
Guest: Alec Buchanan
The Committee is working on a book, Murder in the Family, to be published by APPI. The Committee has a journal article, Unsolicited Emails to Forensic Psychiatrists, that is published this month. The Committee will be working on drafts and will send to the Publications Board when draft is ready.

**Psychiatry and Religion:**
Membership: Norko, Phillips, Hunter and Viswanathan as consultant
Guest: Fayez El-Gabalawi
The Committee is working on a journal article, Can Religion Protect Against Suicide?
Abstract: The vast majority of the world’s population is affiliated with a religious belief structure, and each of the major faith traditions (in its true form) is strongly opposed to suicide. Ample literature supports the protective effect of religion affiliation on suicide rates. Proposed mechanisms for this protective effect include enhanced social network and social integration, the degree of religious commitment, and the degree to which a particular religion disapproves of suicide. We review the sociological data for these effects and the general obligations to suicide held by the faith traditions. We explore how clinicians may utilize such knowledge with individual patients, including routinely taking a religious/spiritual history. The clinician who is aware of the common themes among the faith traditions in opposition to suicide is better prepared to address religious/spiritual matters, as appropriate, in crisis situations. The clinician who understands the patient’s belief system is also better prepared to request consultation with religious professionals when indicated. The article has been posted online at [J Nerv Ment Dis](http://journals.lww.com/jonmd/toc/publishahead).

The Committee is working on another journal article, Religion and Psychiatry in the Age of Neuroscience. The paper will: 1) examine the phenomenology of patients’ lived experience of faith beliefs and practice; 2) describe the ways in which various scholars have explicated the science/faith “debate” (dialectical models); 3) review the neuroscience challenges to a traditional understanding of faith traditions in the context of mental health practitioners; and 5) advocate a posture for providers and patients consistent with the APA Resource Document on Religious/Spiritual Commitments and Psychiatric Practice (2006).

The Committee is working on a third journal article, exploration of the implications for mental health care of recent trends in much of the world in which religious institutions (in many faith traditions) have seen declines in members and participation, while there is a growing interest in non-institutional based spirituality of many sorts. The ways in which we think about religion and psychiatry and spirituality and psychiatry must take account of these trends, and we hope to offer insights into areas for future development, research, and practice.

General Committee Update: We were approached by the LGBT Committee about potential collaboration on the dissemination to faith leaders and faith communities of their qualitative research on the responses to their Dear Abby requests for personal narratives. We met with representatives of the LGBT Committee and discussed possible directions for our future collaborations and plan for going forward.

Plans for Between Meeting and Focus of Work for Next Meeting: Members will research their section assignments from the Neuroscience paper and outline or prepare preliminary drafts of their assigned sections by March 15, 2017 for distribution to full committee in preparation for continued discussion at April 2017 Meeting. Plan for drafting remaining sections to be decided at that meeting. Will also continue the discussion of the paper on the decline of religious institutions at April

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meeting.
The Committee has been actively discussing the need to increase membership (as well as the diversity of membership) on the committee, and will reach out to several colleagues in the near future. The Committee would welcome a Fellow interested in our work.

**Psychopathology:**
Membership: Adler, Berlant, Dixon, Erlich, First, Goldman, Koh, Levine, Oslin, Siris
Absent: Berlant, Koh
Fellow: Chaitnanya Pabbati
Guest: Doctor Rollin
The Committee is working on a journal article, Why We Need to Enhance Suicide Postvention to be completed in December 2016. The Committee is working on a second journal article, From Evidence Based to Implementation: The Role of Adaptation in the Provision of Integrated Care to be completed in May 2017. The Committee is working on a third journal article, The Unintended Consequences of Doing Away With the Multiaxial Diagnostic System to be completed in 218.
General Committee Update: The Committee would welcome a Fellow.
Plans for Work Between Meetings: As always, we have small work groups that meet telephonically as needed as drafts are being revised with at least one teleconference with the entire committee in between meetings.

**Psychopharmacology:**
Membership: Baron, Garakani, Goin, Gross, Pine, Slaby, Sumner
Fellow: Rajiv Radhaktishnan
The Committee is working on a journal article, Neuropsychiatric Aspects of Concussion to be completed November 2016. The Committee currently has an article in publication with Lancet Psychiatry for December 2016.

**Psychotherapy:**
Membership: Clemens, Franklin, Gerber, Kay, Kennedy, Lazar, Plakun, Sudak, Yeomans
Absent: Bauer, Caligor, Mellman
Fellow: Daniel Knoepflmacher
Guest: Meiram Bendat, Ittleson Consultant, is a psychoanalyst and an attorney who has been guiding us in our effort to be on the cutting edge in writing about the struggle to obtain implementation of the Parity Act and fair reimbursement for psychiatric services.
The Committee is working on monthly columns for Psychiatric News through September. The Committee may go to an every other month schedule in the fall. The Committee met with Susan Kweskin, Editorial Director, Psychiatric Times, to discuss the idea of quarterly columns. The Committee is working on another journal article, reviewing insurance company guidelines for reimbursing psychiatric services for depression and for borderline personality disorder and to compare these with the academic literature and professional organizations’ guidelines. This is planned to be completed by January.
General Committee Update:
Our Committee seems to have hit a good stride. We regret a bit that our short columns have taken over our resources to some degree at the expense of journal articles or even a book project. However, we are working on the article described above and hope to submit it to the Journal of Psychiatric Practice. We are very happy with the members who have joined the group over the past couple of years – Sudak, Kennedy, Gerber, Knoepflmacher. We regret the resignation of John Oldham who is beginning to ease into semi-retirement but we are grateful for all he contributed to the committee over the years.
The Committee will have an on line meeting on January 9 to check the progress of our projects and because it helps build team spirit to see each other between meetings.

**Research:**
Membership: Hale-Richlen (via SKYPE), Josephson, Keith, Kramer, Swann, Verhulst
Guests: Yajaira Rodriguez, William Swift
Doctor Copans from the Committee on Adolescence has been visiting Research for 2+years to lead the current project, “Family-focused, community-based health care. Ms.Susan Kweskin, Editorial Director, Psychiatric Times, attended to coordinate possible publication opportunities. For guest/possible member, Dr. Margaret Cary, attended by SKYPE.
The Committee is working on a journal article, Family Focused, Community-Based Health Care: An Alternative in need

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of exploration. This article will outline a model of health care we are proposing, health care focused on families (not individuals), and delivered within the setting of a shared community in which members work together to promote the health care of all community members. This project is based on two historical models: 1) The Peckman Experiment carried out in Britain between the first and second World Wars; and the Shtetl health care systems from Eastern Europe. The article will include relevant experiments in community-based, and family focused care currently being carried out in the United States. We have been busy locating these experiments, consulting experts involved in these models, and inviting key some to attend out committee meetings. David Sloan Wilson, Ph.D., author of “The Neighborhood Project: Using Evolution to Improve My City, One Block at a Time,” was an Ittleson Consultant and Plenary Speaker in 2015 to be completed April 2018; The second project is an op ed piece, Evolution Based Health Care: Family-Focused and Community-Based. This will be an op-ed discussing the evolution of the primate brain, the primate social organ system (PSOS), human group functioning, and the importance of attachment, the family, and the community, for health care. It will briefly reference the extensive data presented in the above paper and discuss the importance of relationship in the heating process, and the interference with relationship-based health care by an increasing industrialization of health care, a model in which patients and doctors are interchangeable. Our goal is to have the first draft of a paper prepared before our April 2017 Meeting. The third project, Re-orientation of American Health Care is Family-Focused, Community-Based Health Care. The goal of this project is to work with a foundation to sponsor a 2-3 ay long conference (like the Macy Conferences in the 1950’s) to bring together key figures involved in community and family based projects, and to support the publication of a book including the various presentations. Hopefully key legislators, reporters, and health care economists could be invited, along with executives from Kaiser and Partners, and other large health care organization. This will be completed in 2019.

Work and Organizations:
Membership: Long, Sassano-Higgins
Fellow: Ben Hunter
The Committee is working on a book on 21st Century Workplace with a contract pending and a journal article, Treater’s Need for Work Psychiatry Consultation in Questions of Disability to be completed by April 2017.

DATES OF FUTURE GAP MEETINGS

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