What a great meeting! We had meaningful transitions. We were productive. We had fun. Let me review a bit about each of these outcomes.

Transitions: One transition was Steve Sharfstein finishing his tenure as President. I have learned so much from Steve, and GAP is fortunate to have had his leadership. I used a sports analogy about how he, like the great Johnny Unitas, can survey the field ahead and develop a plan to win (See my full text of the analogy below). When he took charge at GAP he saw that, although GAP is the oldest honorary society in American Psychiatry and is productive, the financial structure is not good. He huddled his team and developed a plan to improve our situation. Improvements are occurring.

Another transition is the election of new officers (President Elect: Larry Gross, Secretary: Barbara Long, Treasurer: Cal Sumner) and two new members of the Board, Margaret Balfour and Michael Compton. All bring significant skills to our Board, and we look forward to going to work for the benefit of all at GAP.

A further transition is the beginning of the two-year tenure for our new Fellows. Ruth Shim and her group have selected Fellows with diverse skills and backgrounds. Yet they are homogenous in some respects. They are all bright and energetic, and they all show promise to enhance the work of GAP and to be future leaders in psychiatry.

We also praise our new Senior Fellows. GAP had been the only organization that did not offer a Fellow award. That changed when we started the Senior Fellow group. All members of GAP are distinguished, and we do not want to set up an award that enhances one member over others for unclear reasons. Thus, to become a Senior Fellow, regularity of attendance is the only criterion. When a member attends ten meetings he/she becomes a Senior Fellow. The meetings do not have to be consecutive. Members interested in becoming a Senior Fellow should ask their committee chair to document the ten meeting accomplishment to Frances Bell. Memory and the honor system are good enough. GAP provides an attractive certificate that can be framed. Hung in a prominent office space, it can generate discussion about GAP and teaching about it’s unique purpose.

Lastly in noting our transitions the loss of Skip Onesti is a sad one. He was at the past meeting and was spry and productive at 90. He had become a GAP Guardian. Thanks for being with us so long, Skip. Rivaling Skip Onesti as a long time GAP member is Perry Ottenberg. After we returned from White Plains word was received of the loss of Perry.

Productivity: Most of our committees are really ginning out the work. GAP is fulfilling its mission of being America’s Think Tank for Mental Health. As always we need to be in awe of David Adler for moving this productivity forward while at the same time editing toward the quality that should be expected from a think tank. He and his group are now able to do a review and return it to the committee in one month. Amazing! He advises us that the quality as well as quantity of committee output is going up. There are an usually large number of books being accepted for publication.

Of course not all committees are as productive as they want to be. We have been looking at things to enhance productivity. Maintaining an adequate number of members appears to be a major factor. Members can access the Report of the Task Force on Committee Size and Productivity. Thanks to Drs. Copans, Adler, Sasso, Shim, and Frances for this action-oriented report.

Productivity is not just defined by publication record. It is also the committee interactional process. That process makes each of us think more deeply about a matter than we otherwise would just in the pleasure of our own company.

Another measure of our productivity is the improvement in our financial status. We are making
The first thing we have had to accomplish is the recognition that there will be no more money from Big Pharma to cover any annual deficits. When that stopped we started drawing on our small investment fund to pay expenses that were not covered by our dues. We drew that investment fund down to half of its prior value. We stopped that, and then we were left with only dues and attendance fees to cover the fixed costs of our meetings. In this situation it is likely that dues will just keep going up. We must stop that! The solution is to find charitable donors who are interested in funding some of our Fellow positions or other projects (as I will discuss below.) One of our first steps has been to challenge ourselves internally for support. We are encouraged that so many members have become GAP Guardians by contributing $1,000, either in one contribution or by multiple small contributions. Our current GAP Guardians are:

David Adler    Silvio Onesti (deceased)
Jack W. Bonner, III   Anand Pandya
Jack Drescher   Gail E. Robinson
Marcia K. Goin    Harvey Ruben
Lawrence S. Gross   Stephen C. Scheiber
Douglas Kramer    John E. Schowalter
Steve Leifman    Stephen B. Shanfield
Benjamin Liptzin    Steven S. Sharfstein
John G. Looney    Frederick Stoddard
Joseph Merlino

We are also beginning to be successful in finding outside sources of support. At the meeting we made GAP Guardians of those helping us in that manner:
- Pat Stern has been a frequent interested guest at GAP meetings and made a generous contribution in honor of Paul Fink.
- Jorge Petit has secured funding from Beacon Health Options for some support of a Fellow.
- Ben Liptzin supported with costs for our Plenary Program and Dear Abby Awardee, Richard Kogan.
- Jeanne Phillips and Walter Harris from the Jay & Rose Phillips Family Foundation of Minnesota

At our next meeting, we will honor Wistar Morris and Dear Abby with GAP Guardian Certificates for significant help.

Please, all members, think of outside sources of support you could introduce to GAP. With work and luck we might make enough progress to actually lower the dues some day! I am so determined to achieve this goal that I am going to begin encouraging those of us who love GAP to consider something in our wills for America’s Think Tank.

As always, we recognize that our high level of productivity would not be possible without Frances keeping us organized.

Fun and Camaraderie: One of the best reasons for coming to GAP is to have time for those with whom we have developed relationships over the years and to make new enduring friendships. The multiple receptions and meals provide this opportunity. (We have received thanks from those who appreciate returning to a full evening bar.)

I thought one of the best opportunities for fun combined with education was our Plenary session when psychiatrist, music historian and concert pianist Richard Kogan explained Robert Schumann’s place in history in the Romantic era, his suffering from an affective disorder and his endearing love for his wife, Clara. He showed how all these things can be found in his compositions. It was educational but was also achingly beautiful. I have seen Dr. Kogan perform before but it was never as intimate as it was with our close group. What could be more fun than our private concert and then an elegant reception and dinner?

John G. Looney, M.D.
President

Statement of appreciation to Steve Sharfstein at the completion of his Presidency
By John Looney

I would like to make some comments about how Steve Sharfstein, in his role as President of GAP has enhanced my vision of...
leaders, role models and heroes. I grew up in a very small Texas town with significant cultural restriction. Part of that restriction was that my friends and I only measured our progression towards manhood by playing football. Big or small we all played football. We were told to like it, and I did. My heroes were prominent football players. By chance, early in my high school years the greatest football game of all time was played in Yankee Stadium. The champion New York Giants hosted the challenging Baltimore Colts for the professional championship. I want to recount that game and relate it to Steve Sharfstein.

The Giants were the glamour team. Their running back was Heisman winner Frank Gifford. Their never-miss kicker was Pat Summerall. The most dominate player on that team was an aggressive middle linebacker, Sam Huff. Coaching the defense of the Giants was Tom Landry. The offense was coached by Vince Lombardi. Yet the Colts had Johnny Unitas, still considered by many to be the greatest quarterback ever.

The Giants were expected to win big. Nevertheless, the game was close and exciting. Back and forth it went. At the end it was tied, 17-17. The completely exhausted teams headed to the locker rooms, both satisfied with a tie. Yet they were called back to be told the NFL had a new policy of overtime and sudden death to the team not scoring first.

The Giants got the ball first but could not progress up the field. They punted and the Colts received on about their 20 yard line. Unitas surveyed that 80 yards and developed a plan. He had been observing the strengths and weaknesses of the Giants defensive players. He began marching up the field, passing to small town Texas boy, Raymond Berry, who never missed. He handed off to Alan “The Horse” Ameche and used the other offensive stars. It was masterful and the Colts scored, winning that amazing championship game.

At about that same time, Dartmouth College, still waiting to be civilized by female students, was the hyper-macho school of the Ivy League. Dartmouth lined up the new freshman class from largest on down to see who they had to fill their famous athletic teams. On the unfortunate end of that line was our president, Steve Sharfstein. You can imagine he faced a serious challenge at Dartmouth. Yet through true grit, the ability to get along with people, and high intelligence, he completely mastered that environment, graduating magna cum laude and with the admiration of classmates. He went on to medical school, married his medical school classmate Margret, now married for 52 years, and started a distinguished family.

Steve went on to significant leadership in American psychiatry. I have had the pleasure of working with him in several organizations, and what I have discovered is, he is the Johnny Unitas of American psychiatry. He comes into a new situation and surveys the field in front of him to determine how to proceed. For example, here at GAP he noted that, although we are the oldest honorary organization in American Psychiatry and are a vibrant organization, we do not have a good financial structure. So, Steve huddled his team, made assignments and developed a plan to give us some financial structural permanency, a plan we will be working on for several years.

Thus in my mind’s eye, and I suggest putting in your mind’s eye, Steve is about 6 feet 2 inches tall, 220 pounds of solid muscle. With shoulder pads he presents an indomitable figure, headed for the hall of fame. So from personal gratitude, Steve I want to give you my well-read copy of “The Best Game Ever Played” so you can see the people I used to think were huge heroes but who now shrink in comparison to you. Also from all of us at GAP a beautiful crystal trophy signifies our appreciation for all you have done, and it signifies our expectation that you will be an early inductee into the GAP presidential hall of fame.

So Big Steve thanks so much!

ANNOUNCEMENTS:

Report from 2017 Meeting of the American College of Psychiatrists

Johan Verhulst, MD – GAP Research Committee

Fellow GAP Members:

I am just back from attending the yearly meeting of the American College of Psychiatrists. The ACP regularly has meetings in which keynote speakers broadly review the state of research in a particular psychiatric field and what the future might look like. This was again the case this year. We had “cutting edge” reviews with a look toward the future of Mood Disorders, Schizophrenia, Opioid addiction, Suicide, PTSD, and Alzheimer’s disease. I thought that some of the trends that seemed to be present in all of these presentations, without exception, might be of interest to our members.

First of all, all speakers were leaders in their field and chosen for their “cutting edge” research. They were all biological psychiatrists, involved in neurobiological research, with Randy Nesse, MD, who gave an excellent talk on evolutionary psychiatry—being about the only exception.

The last time we had a similar meeting, all talks seemed to focus on “synapses.” What neurotransmitters are involved? How are they modulated? How do our drugs affect them? How do they influence the clinical picture? And synapses are clearly inside the brain and encased in the skull. There was some beginning exploration of neural networks, but no interest in the rest of the body or

Continued. on pg. 4
in the interactions with the social and cultural milieu.

This year I noticed a remarkable change in that the “brain/body” and the “brain/environment” barriers are breached. Research has resolutely gone beyond “synapses,” and is dealing with neural networks that also include the peripheral sympathetic and parasympathetic networks. It was shown that the nervous system, the immune system, and the endocrine system “are one” (!) and produce integrated responses to the environment, responses that evolved because of their adaptive advantage. For instance, we learned about the inflammatory response to stress and its role in Depression and in PTSD, as well as about epigenetic changes and glucocorticoid sensitivity and the neurobiological correlates of attachment. Indeed, the more integrated perspective of this cutting edge research forces the scientists to think about the construction of meaning, e.g., about the importance of interpersonal relationships, and about the etiology of psychiatric conditions. This was very reminiscent of our Ittleson Consultation with Walter J. Freeman, MD, in 2012.

Granted, when talking about the future, everybody was mostly interested in finding biomarkers to confirm diagnoses, to guide the selection of treatment, and to measure treatment progress. Nevertheless, I believe that – now that body and brain are seen as one system that is interacting with the world – an appreciation of family and cultural dynamics becomes unavoidable. (For instance, I asked one of the speakers whether the Medical Alliance could have a dampening effect on inflammatory mediators, and he became rather enthusiastic and thought that this should be a feasible and relevant research project). I came from this conference with a lot more positive feelings about the future of psychiatry than I have had in a long time. It seems that the “bottom-up approach” from the study of synapses to networks and to the endocrine and immune systems, is on its way to meet the “top-down” approach of meaning and stories and social interactions.

I hope that these comments make others feel more hopeful too.

Your correspondent, Johan

ADMINISTRATIVE COMMITTEES:
GAP PUBLICATIONS BOARD MINUTES
April 6, 2017

Present: Drs. Adler, Erlich, Flaherty, Merlino, Nadelson, Notman, Robinson, Scheiber, Winston and Wu.

1. Update on former Reports:
   a. The Psychotherapy Committee has an established routine with our subcommittee: Tom Franklin, Jack Drescher and Lois Flaherty who have reviewed and the Board has approved 4 Psychiatric News columns on Psychotherapy, 4 of which have been published between the last meeting and this one.
   b. The Disasters Committee which inaugurated our GAP Blog website had an additional piece reviewed by the subcommittee: Mary Barber, Aaron Krasner and Jack Drescher and approved by the Board and is up on line. No other committee has undertaken a GAP blog.
   c. The Committees on Arts and Humanity had an invited blog manuscript approved by the Publications Board for Psychiatric Times on its goals which went live today.
   d. The Psychopathology Committee’s second manuscript on Suicide Postvention was approved, submitted and accepted by the Journal of Nervous and Mental Disease.
   e. The Administration Committee had its latest manuscript approved by the Publications Board for journal submission.
   f. The Addictions Committee submitted a manuscript on Harm Reduction which was reviewed and suggestions for revision were given to the Committee.
   g. The Gender and Mental Health Committee proposal to Oxford University Press for a series gender related case books is under contract. The Publications Board has not received any of these chapter manuscripts.
   h. The Committee on Work and Organization had its book manuscript: “Challenges of the 21st Century Workplace” accepted by Oxford University Press.
   i. The Committee on Psychiatry and the Law long approved manuscript: “Landmark Psychiatric Case Book” has also been accepted by Oxford Press. The Publications Board has reviewed two of the final three chapters not already approved (7 previous chapters). In addition, a second book on Family Murder was accepted by Oxford Press and the Publications Board has reviewed and approved 3 chapters and the introduction.

2. The following journals have invited submissions specifically from GAP:
   b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Atezaz Saeed, editor.

Continued. on pg. 5
OPERATING COMMITTEE REPORTS:

ADMINISTRATION & LEADERSHIP

Members: Buwalda, Khin-Khin, Lekwauwa, Levin, Merlino, Moyhuddin, Petit, Saeed, Silver, Weinberg
Present: Buwalda, Khan-Khin, Merlino, Moyhuddin, Petit, Silver, Weinberg

The Committee is working on two projects; an international survey on administrative psychiatry under the direction of Jorge Petit to be completed April 2017. The Committee is in the process of mailing the survey to international psychiatrists. The second project, “Psychiatric Management, Administration & Leadership: A Continuum or Distinct Concepts?” The review from the AJP will be reviewed. The Committee will respond to AJP comments on manuscript; mail survey to international psychiatrists. Between meetings, the Committee will review the curriculum for residents and make presentations at the APA and the IPS Meetings.

ADOLESCENCE

Present: Dan Becker, Lois Flaherty, Gordon Harper, Jean Wittenberg
Guest: Jake Crookall

Current Projects and Progress:

1. “Teen Mothers” manuscript – The group reviewed the most recent revision of this paper, and considered the arrangement and editing of its various sections. We will be working with our recent Ittleson Consultant, Natasha Vianna, to place one or two “voices of lived experience” vignettes into the manuscript. This paper is targeted at primary care providers.


Between-Meeting Work:
Jean will edit the manuscript further, prior to requesting specific additions from other group members. The manuscript will then be sent to the Publications Board.

Lois will work with the Central Office and with Springer to develop the book contract, and will forward the book proposal to the Publications Board.

We plan a Summer conference call in order to review our progress on the paper and to revisit our plan for the book.

Focus of Work for the Next Meeting:
The next meeting will continue to focus on these two related projects.

ARTS AND HUMANITIES

Present: Lustbader, Fidler, Sasso, Tamerin, Weiss, Peterkin, Dube
Guest: Richard Kogan, M.D.

The Committee is working on The History of Psychiatry Video Series. These will be posted online. The Committee continued to work on the History of Psychiatry Video Series. The Video on 19th Century psychiatry has been completed. We reviewed the nearly complete video on Ancient Origins. We discussed ideas for distribution and publicity for the video series, with a goal of reaching psychiatrists, training programs, and the general public. The Committee will work on the final editing of Ancient Origins video and addition of musical score. For the next meeting, the Committee will finalize Ancient Origins and begin work on the next video in the series. The Committee is working on a second project, Psychiatric Times Blog Series. This will be targeted to practicing psychiatrists, psychiatric residents and training directors.

The Committee reviewed the recently published inaugural Psychiatric Times piece on Humanities in psychiatry training. We discussed future pieces in this blog series.

The Committee members will work on the following blog series: Psychiatry and the Blues, the lessons learned from creating a video series on the History of Psychiatry, the making of a documentary about a psychiatric inpatient unit by one of our committee members, and a piece on the treatment of the child of an artist.

The Committee encourages GAP members to suggest topics for our blog series on topics at the intersection of Psychiatry, the Arts.
and the Humanities, and to submit their own short blog pieces that our committee will edit and submit to Psychiatric Times.

The Committee is working on a third project, Psychiatry, Arts and Humanities website. This will be completed by next meeting. We discussed the goal of creating a committee website to house our History videos, publicize our committee products, and to serve as a general hub for information and links to content regarding the intersection of psychiatry and the arts and humanities.

The plans for work between meetings is to create a mockup of the proposed website and work with the Publications Board on approval and implementation.

**COLLEGE STUDENT**
The Committee on College Student has a new Chair, Brunhild Kring with a project underway on dilemmas of prescribing to students who may also be taking drugs.

**CHILD PSYCHIATRY**
Present: Dowben, Jackson, Pfeffer, Pradhan, Schowalter, Stubbe
Not attending: Sarvet, Shapiro, Tanquay, Walkup
Guests attending: Susan Daily
The second project in the works is “Growing up American Muslim in the Age of Islamophobia”. These projects will be targeted to practicing psychiatrists, psychiatry residents, and training directors. The Committee would like to submit to Adolescent Psychiatry. The Publications Board can be helpful by reviewing the manuscripts.

The focus of work accomplished during the meeting is to plan the completion of “The Child and Adolescent Psychiatrists’ Role in a Changing Healthcare Environment”, planning the completion of “Growing Up American Muslim in the Age of Islamophobia” and planning for the next project “Remember the Children” and underserved, immigrant and children in poverty. The plan for work between meetings is finish the articles.

**CLIMATE PSYCHIATRY**
Member: Elizabeth Haase, M.D.
Guests: Janet Lewis, Lise Van Susteren, Robin Cooper, Ilona Kulman, Mariah Linden, Alex Schrobenhauser-Clonan, Anne Richardson, Andrew Bowen, David Pollack, Carissa Caban-Aleman.
The Committee is working on “Climate Change Webinar for APA” to be completed Summer 2017. The audience is practicing psychiatrists, psychiatry residents and psychologists. This will be posted on YouTube or a CME site. Between meetings, the Committee will be finalizing the workgroup proposal, finalization of small card for distribution at events with CPA website/data points for psychiatrists on climate mental health points, draft of website structure and content, draft of webinar, discussion of outreach, liaison to APA, presentations at IPS, use of data from GAP survey.

The Committee will have monthly on line meetings to finalize website content. The webinar content finalization/slide show for grand rounds.

**CULTURAL**
Present: Lu, D. Hinton, Kohrt, Hansen, Lewis-Fernandez
Fellows: Emily Wu
The Committee is working on three projects:
1. Integrating culture within neuroscience training for psychiatrists in the first draft. The anticipated date of completion is June 2017, targeted to psychiatrists, psychiatric residents and training directors. This will be submitted to JAMA Psychiatry.
2. Cultural issues in family separations (e.g. immigrants, military) and interventions designed to overcome deleterious effects with the first draft in preparation. The anticipated date of completion is November 2017, targeted to psychiatrists, psychiatry residents, training directors, and psychologists/other mental health providers. This will be submitted to Psychiatric Services.

The Committee reviewed the current draft for the first project and came up with the idea, developed an abstract, spoke with the journal editor, and started to flesh out the outline for the second project. Between the meeting, the Committee will submit the first project’s manuscript to the Publications Board and submit to the journal. For the second project, the Committee will write the first draft and circulate among committee members for comment. At the next meeting, the Committee will finalize the second project.

**Continued on pg. 7**
and develop the next writing project.

**GENDER & MENTAL HEALTH**

Present: Benders-Hadi, Greene, Mittal, Nadelson, Robinson

The Committee is working on the Postpartum Casebook to be completed by June 2017, with the first draft completed, targeted at psychiatrists, psychiatric residents, psychologists, mental health professionals, the general public, FP’s, nurses and social workers.

This will be published by Oxford Press. The Committee worked on several chapters at the meeting, and will continue working on the following chapters and begin to work on the second book.

**LGBT**

Present: Schwartz, Barber, Mattson, Goldenberg, Lothwell, Tompkins, McIntosh, Ashley, Casoy, Adelson, Drescher

Fellow: Naomi Libby

Guest: Alhasan Ghazzawi, Ittleson Consultant

The Committee is working on an intermediate length, performing qualitative study of a convenience sample (respondents to a request published by Dear Abby) of individuals reconciling personal transgender status or feelings about transgender identity with religion, “Religious Faith and Transgender Identity.” Doctors Schwartz and McIntosh will be working to complete this project by Fall 2017. The first draft is in preparation and will be targeted to mental health professionals.

A second project, “Religious Faith and LGB Identity” scheduled for completion Spring-Fall 2018 with the first draft in preparation. The Committee wrote the first draft, sourced references, and began coding letters. Between meetings, the Committee will be re-writing the draft, further coding and theme evaluation. The focus for the next meeting will write the LGB paper, code and theme, possibly write article about the results for public (Huffington Post?) consumption.

The LGBT Committee is interested in liaisioning with the Committee on Psychiatry & Religion.

**MEDICAL EDUCATION**

Present: Belitsky, Bernstein, Cohen, Silberman, Scheiber, Hutner, Penzner, Wroszek (via phone)

Fellow: Nadejda Bespalova

The Committee is working on three projects:

1. An Ounce of Prevention: A Public Health Approach to Improving Physician Well-Being, with an anticipated date of completion of May 2017. The Committee is awaiting response from editors/reviewers. This will be submitted to *Academic Psychiatry*.

2. Manualized approach to teaching formulation to be submitted as a workshop abstract in August to be presented at the May 2018 Annual Meeting. The Plan for the Committee members to pilot the manual, and then to submit an abstract for an APA workshop. If this is accepted, this manuscript will be submitted to *Academic Psychiatry*.

3. Screening for Emotional Distress in Trainees: A Practical Guide to be completed Spring 2018. In the early phase of project – lit search, members piloting different existing screening tools. This will be submitted to *Journal of Graduate Medical Education*, second choice, *Academic Psychiatry*. There will be a follow up piece that builds off the work we did for our last manuscript (currently under review) on the subject of a public health approach to improving physician well-being.

The Committee had a productive meeting with lively discussion of a wide variety of issues pertaining to medical education that could be a potential focus of our next project. We ultimately narrowed it down to two project ideas. First, to submit a workshop to present at APA 2018 on the subject of A Manualized Approach to Teaching Formulation.

The projects will be targeted at psychiatry residents and training directors.

The plans for between meeting work:

1. The Committee will respond to reviewer comments when received.
2. Doctor Silberman will distribute formulation document to committee
   • Members to review document and send their thoughts/comments to the group (April)
   • Doctor Silberman will draft workshop abstract and send to group, members will edit (May)
   • Interested members will pilot the formulation tool at their own institutions with different learner populations in different clinical settings (May-November)

*Continued. on pg. 8*
3. • Preliminary lit search of screening in physicians -Heather
  • Comprehensive search and compilation of database of screening tools – Nadejda
  • Some or all tools will be distributed to members to fill out; members will share their comments/observations/
    reflections about the screening tools (either generally, or regarding specific tools); to be determined whether members will
tally their scores and we will all compile this data as a potentially interesting exercise to see where we are “scoring.”
  • Begin to craft a manuscript outline, as this process evolves
  • Tentative plan to submit Perspectives to JGME, with, Academis Psychiatry as back-up

The focus for the next meeting:
Project 2: For November meeting: Members will share experiences using the formulation tool
Project 3: Continue to work on editing manuscript.

MENTAL HEALTH SERVICES
Present: Sowers, Ranz, Fried, Davis, Carino, Sastry, Lluberes, Skiandos, Sethi, Wong, Barkil-Oteo
Fellow: Bruce Fage
Guests: Joe Battaglia

The Committee is working on a book, with the first draft in preparation to be completed November 2019. This will be targeted to
practicing psychiatrists, psychiatry residents, training directors, psychologists/other mental health professionals and Behavioral
Health stakeholders. A book publisher is being sought. The Publications Board could suggest suggestions

The focus of work accomplished during the meeting is the creation of a basic outline of the book and a proposal to take to
publications committee and eventually to find a publisher. The plan for between meetings is to begin to identify authors for the
proposed chapters. We will send a proposal to publications committee. At the Fall Meeting, the Committee will be finalizing
authorship for chapters.

MILITARY
Present: Kudler

The Committee is currently “a committee of one” and that I have no prior experience in GAP, I arranged to “audit” the Committee
on Psychiatry & Community, which is well established and highly productive. They were gracious in allowing me to take part in
their discussions and extremely helpful in informing me didactically and by example) in how a GAP committee works to develop
concepts, processes and products.

Based on this experience and on conversations with Jack Drescher, a telephone “consultation” with Dr. William Byne (who has
prior GAP experience) and correspondence with Drs. Looney and Sharfstein, I have made progress in thinking about how best to
develop the Military Committee (which I recommend be re-framed as the Military and Veterans Committee).

My plan is to focus on creating opportunities (practical tools, scholarly articles, books, outreach and in-reach) to increase Military/
Veteran cultural and clinical competence among community providers and health systems. This is a place for quick wins and the
need is great- as is the range of areas in which progress is needed. These span from transition to civilian life (and into civilian
healthcare) to the care of military children to issues involving intersex Service Members and of Veterans and their families
seeking care across systems with very different levels of competence and competency. RAND has already provided us with a
valuable analysis of the gap/need: http://www.rand.org/pubs/research_reports/RR806.html

This is an area in which I already have a great deal of experience and many partners (individuals and organizations). Further,
DoD, VA and many professional organizations (both APA's, AAMC and the American Academy of Family Practitioners to name
a few) have advocated for the same but no single group has taken this on as their mission. This is a gap we can help ameliorate.

Plans for Between Meeting Work: I’ve developed a list of psychiatrists (current and former military, VA, academics, epidemiologists,
clinicians and teachers) who I’d like to invite as guests along with Bill to our next meeting.

Our only real problem is that, like several of the people I plan to tap, I’m obligated by presentations already submitted) to attend
the meeting of the International Society for Traumatic Stress Studies (ISTSS) which meets in Chicago on exactly the same dates
as the Fall GAP Meeting. This conflict will recur annually for this Committee. Still, I think we can begin using Skype and other
methods of communication and plan on a face to face meeting in the Spring. We could also begin to hold unofficial meetings at
the APA and ISTSS (a “best practice” which I learned from the Committee on Psychiatry & Community).
Focus for Next Meeting:
Come prepared to develop practical tools, scholarly articles, books, outreach and in-reach capable of increasing Military/Veteran cultural and clinical competence among community providers and health systems spanning from transition to civilian life (and into civilian healthcare) to military children to intersex Service Members and Veterans seeking care across systems with very different levels of competence and competency. Build on the needs assessment contained in RAND’s Ready to Service report (http://www.rand.org/pubs/research_reports/RR806.html), on determination of “quick wins” which will get the Committee going and on the networks identified by guests and new Committee members.

GAP Members can be helpful by:
Drs. Drescher, Looney and Sharfstein have been supportive of this plan- including of innovative efforts to quick start the Committee through meetings at other venues including virtual meetings. As per their request, I will keep leadership posted on progress and seek consultation on any difficulties.

NEUROPSYCHIATRY
Present: Margo Lauterbach and Barbara Schildkrout
Guest: Lindsey MacGillivary
The project, “Six Seminal Cases in Neuropsychiatry, an intermediate length manuscript with the first draft mostly completed, targeted at psychiatrists, psychiatric residents, training directors, psychologists, mental health professionals, and medical historians.

Focus of work accomplished during the meeting:
1. Extensive discussion of the Cases Paper introduction and conclusion.
2. Critique of the Cases Paper from an outside reader via Zoom (like skype)
3. Extensive discussion of our next projects – possibly an archive to support the Cases paper.

Plans for between meetings work: We plan to finish the cases paper within a month. Will then begin to work on next project in support of the cases paper for teaching, and generate a list of ideas for short writing projects. The focus for the work between meetings is to work on the archive project.

The Committee might need a legal consultation about the public use of old medical records.

PSYCHIATRY & LAW
Present: Appel, Ash, Buchanan, Friedman, Frierson, Giorgio, Pinals, Resnick
Absent: Martinez
Post Fellow Guest: Jackie Landess
The Committee continues working on a book, “Family Murder”. The projected date of completed is October and to APPI by December 2017 and work completed by Dr. Friedman. This book is targeted at psychiatrists, psychologists, other mental health professionals, psychiatric residents, and criminology/law professionals.

The Committee will continue editing drafts of the manuscript and looking to the next project.

PSYCHIATRY & RELIGION
Present: Norko, Phillips
Guest: Fayez El-Gabalawi (proposed for membership)
Consultant: Rmaswamy Viswanathan, M.D.
Fellow: David Saunders, M.D., PhD
Guests: Jenifer Nields, M.D. and Brian Fallon, M.D.

PROJECT INFORMATION:
Varieties of Religious Experience in the Age of Neuroscience: Relevance for Psychiatrists (working title)
Journal article to intermediate length manuscript
First draft in preparation
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Any ways in which the Publications Board might be helpful: This paper is likely to be at least 7500 words (~30 double-spaced pages). We would welcome recommendations for other journals to consider – include potential targets for intermediate length manuscripts.

Continued. on pg. 10
Topic: Mental health implications of the decline of religious institution and increase in individuals who identify as ‘spiritual but not religious’ (sometimes referred to as “the nones”)
Journal article and/or monograph length manuscript
Topic chosen – outline in preparation
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals/publisher: TBD
Any ways in which the Publications Board might be helpful: We may wish to confer with the PB in our deliberations about article vs. monograph product

Topic: Dear Abby narratives
The LGBT Committee is leading this project, to which we hope to contribute usefully.

Topic: White Paper on the importance of faith communities in efforts to reduce suicide and other negative mental health outcomes for LGBT youth
Fast track: article-length product
Topic chosen, draft outline prepared; initial writing tasks assigned; coordinating with LGBT Committee
Anticipated audience: Faith communities, general public, practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals: Mental Health, Religion and Culture; Journal of Religion and Health; or lay outlets
Any ways in which the Publications Board might be helpful: suggestions for lay outlets that we might approach to achieve a wider circulation to members and leaders of faith communities

FOCUS OF WORK ACCOMPLISHED DURING THE MEETING:
We reviewed our unsuccessful 2016 grant application to the Templeton Foundation for fellowship endowment and discussed potential merit of resubmission/revised proposal
We reviewed drafts of sections of our paper on religion and spirituality in the age of neuroscience; re-formulated the outline for the paper; identified project leader (Dr. Phillips); assigned further work on paper.
We outlined a plan for a manuscript on the decline of religious institutions and the growth of individuals identifying as spiritual but not religious and the implications of these trends for mental health practice and research; identified project leader (our new fellow, Dr. Saunders).
We met with representatives of the LGBT Committee to discuss our collaboration on their Dear Abby project (narratives from LGBT folks about their experiences with their faith communities). We also discussed a proposal for a white paper addressed to faith communities about the mental health implications of acceptance/rejection of LGBT youth and adults; outlined the paper; identified project leader (Dr. Norko) and assigned tasks divided between Religion and LGBT committees.
We discussed ideas for future projects on extremism/fundamentalism and understanding of faith development in patients and its effect on psychotherapy.
We established a Dropbox account folder for coordinating/sharing our research and writing efforts. We worked on installing Mendeley reference-management software on our individual computers to facilitate our writing projects; Dr. Saunders provided instruction on use of the software.
Discussed nomination for Dear Abby Award.

PLANS FOR BETWEEN MEETING WORK:
• Seek feedback from Templeton Foundation about last year’s grant denial; modify application and re-submit if possible
• Refine drafts of neuroscience paper; write new sections of paper; prepare manuscript for submission to Publication Board by October 1, 2017
• Refine outline of decline of institutions manuscript; consider fit for journal length vs monograph length (or both); circulate revised outline among members for further review/discussion at November meeting
• Review Dear Abby narratives and attempt to analyze/code them per Fowler’s stages of faith as a way of understanding the confluence of gender identity/orientation journeys and faith journeys
• Assess the Fowler analysis for its potential for future development as a separate project on Fowler faith development stages and clinical practice
• Draft sections of white paper
• Continue correspondence with LGBT Committee on our collaborative efforts

FOCUS FOR NEXT MEETING:
• Review feedback from Publication Board on neuroscience paper; plan revisions accordingly
• Review outline/plan for decline of institutions paper; develop plan to complete manuscript
• Meet with LGBT committee to review progress on two collaborative projects (Dear Abby narratives and white paper)
• Discuss development of other projects

Continued. on pg. 11
PSYCHOPATHOLOGY
Members Attending: Adler, Dixon, Erlich, First, Levine, Oslin, Siris,
Fellow Attending: Helena Winston
Project Information:
1. A DSM-V User Survey. A journal article likely to be submitted to JNMD in 2017 undergoing third draft with Michael First as the lead.
2. The Role of Adaptation in Delivering Integrated Care: The Tension between Implementation and Evidence undergoing second draft with David Oslin as the lead. This will be a journal article likely to be submitted in early 2018.

PSYCHOPHARMACOLOGY
Present: Baron, Gross, Goin, Pine, Slaby
Fellow: Gopalkumar Rakesh, M.D.
The Committee is working on a new topic, genomic testing in clinical psychiatry; implications for clinical psychopharmacology.

PSYCHOSOMATIC MEDICINE
Present: Pinkhasov, Viswanathan
The Committee is working on “Narrative Medicine – A Natural Fit for Integrated Care?” to be completed November 2017, targeted at practicing psychiatrists, psychiatric residents, and training directors. The manuscript will be submitted to General Hospital Psychiatry.

Focus of work accomplished during the meeting:
Identified a journal
Clarified the intent and focus
Developed the manuscript to near completion

Plans for Between Meeting Work:
Work by email
Add additional citations
Tighten and tidy up the manuscripts
Send to colleagues for a review

Focus for Next Meeting:
Begin work on two manuscripts for publication in a journal.
1. Improving management of delirium in the general hospital
2. Cultural issues in decisional capacity assessments

RESEARCH
Present: Copans, Keith, Kramer, Paparone, Swann, Verhulst
Guest: Patricia Stern
The Committee has an on-ed piece almost ready to submit to the Publications Committee, targeted at the general public, practicing psychiatrists, psychologists and other mental health providers. The manuscript will be submitted to major or minor newspaper, NEJM or JAMA.

The Committee has re-worked our most recent draft into an almost-ready manuscript or op-ed length. We also engaged in team-building.

Plans for Between Meeting Work:
Monthly conference calls. We have dual projects:
1. getting the op-ed piece published
2. beginning work on a journal length article or articles

Focus for Next Meeting:
Ideally, we will be in the middle of a journal length article with the help of our Itleson Consultant, Kelly Kelleher, M.D., Nationwide Children’s Hospital.

Continued. on pg. 12
WORK & ORGANIZATIONS
Present: Long, Morrison, Sassano-Higgins
Fellow: Christopher T. Flinton, M.D., CPT USARMY
Post Fellow Guest: Ben Hunter
The Committee’s book, *Psychiatry of Workplace Dysfunction—Tools for Mental Health Professionals, Managers, and Employees*, has been accepted for publication by Oxford University Press. The committee is adding two chapters, which will be submitted to the Publications Committee and are perfecting the remaining chapters for initial submission to the publisher.

OBITUARY:
Silvio Onesti, M.D.
GAP was an integral part of Skip’s life for so many years. I think it was the professional organization for which he had the greatest affinity and love.

The only possible competition would be the Boston Psychoanalytic Institute---and I’ve always suspected that had more to do with the members’ secret parking area in the Back Bay!

There never has been a time in my life, as Skip’s son, when I wasn’t aware of GAP. For the last 18 years I’ve always looked forward to his visits in April and November, as I and my family live in Westchester. He and my mother would always come to dinner after the meeting. If the weather was nice, we’d often go to Wave Hill to see the gardens.

In particular I remember my dad writing for the Adolescent Committee. I think the monographs he helped create were the best examples of his professional writing. For the most part, my dad was not a prolific writer, and not really interested in academic or political promotion. So, the GAP writings I think were really his finest.

I know he always saw many friends and colleagues at the GAP meetings who were of value to him. I think that he benefited greatly from the insights and experiences of the members of GAP, and that these made him a better psychiatrist. GAP was central to what I believe he saw as his principle role, the care of patients in need and the fostering in them and in all of who knew him of what it means to be human.

Stephen Onesti, M.D.

DATES OF FUTURE GAP MEETINGS

<table>
<thead>
<tr>
<th>Year</th>
<th>April</th>
<th>November</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>12-14</td>
<td>9-11</td>
</tr>
<tr>
<td>2018</td>
<td>11-13</td>
<td>7-9</td>
</tr>
<tr>
<td>2019</td>
<td>4-6</td>
<td>14-16</td>
</tr>
<tr>
<td>2020</td>
<td>15-17</td>
<td>11-13</td>
</tr>
<tr>
<td>2021</td>
<td>7-9</td>
<td>10-12</td>
</tr>
<tr>
<td>2022</td>
<td>22-23</td>
<td>9-11</td>
</tr>
<tr>
<td>2023</td>
<td>4-6</td>
<td>14-16</td>
</tr>
<tr>
<td>2024</td>
<td>15-17</td>
<td>11-13</td>
</tr>
</tbody>
</table>

GAP OFFICERS

President
John G. Looney, M.D.
Email: john.looney@duke.edu

President Elect
Lawrence S. Gross, M.D.
Email: lgross@usc.edu

Secretary
Barbara Long, M.D.
Email: blong@post.harvard.edu

Treasurer
Calvin R. Sumner, M.D.
Email: docsumner@gmail.com

Past President
Steven S. Sharfstein, M.D.
Email: ssharfstein@sheppardpratt.org

CENTRAL OFFICE
Frances M. Bell
PO Box 570218
Dallas, TX 75357-0218
O: 972-613-0985
FAX: 972-613-5532
Email: frda1@airmail.net