Message From the President

We live in a bubble. Safe, secure and oblivious to the currents and storms that buffet our hermetic existence. But then the bubble bursts.

The swiftness and cruelty of President Trump’s Executive Order on Immigration and Refugees punctured my personal bubble one day in January in, of all places, the Dallas Fort Worth Airport where I was attending a meeting in the airport hotel.

This order banned Syrian refugees from entering our country, suspended the entire refugee program for 120 days, cut in half the number of refugees we can admit, and halted all travel from certain Muslim-majority countries. After the courts stopped this order, another order has been signed and is also being challanged. This is a cruel measure that represents a stark departure from America’s core values. We have a proud tradition of sheltering those fleeing violence and persecution, and have always been the world leader in refugee resettlement.

There is no data to support the idea that refugees pose a threat. This policy is based on fear, not facts. The refugee vetting process is robust and thorough. It already consists of over 20 steps, ensuring that refugees are vetted more intensively than any other category of traveler. The process typically takes 18-24 months, and is conducted while they are still overseas. When the administration makes wild claims about Syrian refugees pouring over our borders, they are relying on alternative facts – or better understood as fiction.

I left my meeting to wander down to the International Arrivals area. “Let them in” was the loud chant that came from the thousand or so demonstrators in the well of the atrium of the arrivals area. The different ethnicities, colors, accents hit me and I mused that I added to the diversity by increasing the age of the participants by at least one standard deviation. I was thrust back into the 60’s and the various civil rights and anti-war protests I participated in. As then, the feeling was not only anger, but optimism that together we could reverse this inhumane and un-American policy. Indeed after 2 days of protests that swelled to over 2,000 participants, the nine detainees at the airport, including 2 physicians, were let in. And, I realize, this is just the beginning.

Where does psychiatry and GAP fit in as we go from one crisis to the next during the next 4 years? Our country and its institutions are likely to be under serious distress in the next period of time. The mental health fall out could be considerable. Our ethics as physicians and moral courage will be tested. With “repeal” of the Affordable Care Act, whether rapid or slow, our patients will be disproportionately affected. Access to care will be compromised. The mental health impact on individuals, families and communities of challenges to civil liberties must be measured and publicized. The attack on climate science and science in general is an attack on our basic values and is dangerous for the well being of all of us.

The American Psychiatric Association can and will speak out but as they want to be at the table when specific issues affect our profession they necessarily hold back in their criticism of the administration. GAP Committees in op-ed articles, think pieces, and other venues can be in the vanguard for the entire profession. A productive and flourishing GAP is more critical than ever. The bubble bursts.

Steven S. Sharfstein, M.D.
ANNOUNCEMENTS:
Report from the Nominating Committee:
There will be an election at the Spring Meeting, the slate submitted by the Nominating Report Committee is:
President: John G. Looney
President-Elect: Lawrence Gross
Secretary: Barbara Long
Treasurer: Calvin Sumner
Board of Directors Nominees: (vote for two)
Margaret Balfour, Michael Compton, Warachal Faison, Sy Saeed

Bios for Board of Directors’ Nominees:
Margaret (Margie) Balfour, MD, PhD is the VP for Clinical Innovation & Quality at Connections AZ, one of the largest providers of emergency psychiatric care in Arizona. She is responsible for managing the clinical operations at the Crisis Response Center on the Banner-University Medical Center South Campus in Tucson, AZ, where she led major process improvements resulting in significant improvements in the timeliness and quality of care. Prior to joining Connections AZ, Dr. Balfour directed the quality program for behavioral health within the public-safety net health system for Dallas, TX, with a special emphasis on emergency psychiatric services and integrated care models to address the behavioral health needs of patients throughout the health system. She also worked with ValueOptions to create a new program for the highest utilizers of behavioral health services in north Texas. She received her MD and PhD in Neuroscience from the University of Cincinnati and completed residency and a fellowship in Public and Community Psychiatry at the University of Texas Southwestern Medical Center in Dallas. She serves on the board of directors for the American Association of Community Psychiatrists and The American Association for Emergency Psychiatry and is a member of the Standards and Practices Committee of The National Suicide Prevention Lifeline. She was the 2010 recipient of the NAMI Dallas Professional of the Year. As an Assistant Professor of Psychiatry at the University of Arizona, she remains engaged in teaching and research.

Michael T. Compton, M.D., M.P.H. is Medical Director for Adult Services for the New York State Office of Mental Health (OMH), the largest state mental health system in the nation. He is also Professor of Psychiatry at Columbia University College of Physicians & Surgeons. After completing medical school at the University of Virginia in 1997, Dr. Compton trained in general psychiatry, preventive medicine, public health, and community psychiatry, all at Emory University in Atlanta, Georgia. He served on faculty as an Assistant Professor, and then tenured Associate Professor, at Emory from 2003 to 2010. He then served as Professor and Director of Research Initiatives in the Department of Psychiatry and Behavioral Sciences at The George Washington University School of Medicine and Health Sciences, from 2011 to 2013, before relocating to New York. In New York, he was Chairman of Psychiatry at Lenox Hill Hospital in the Upper East Side of Manhattan, and Professor of Psychiatry at Hofstra Northwell School of Medicine, for three years before taking a position in the Central Office at OMH. Dr. Compton conducts research on first-episode psychosis, the Crisis Intervention Team (CIT) model of collaboration between law enforcement and mental health, linguistic abnormalities in persons with schizophrenia, schizotypy, and the effectiveness of a new form of recovery-oriented community navigation for persons with serious mental illnesses and repeated hospitalizations. In addition to heading up numerous research projects, Dr. Compton, has taught in a wide array of settings, has cared for both inpatients and outpatients, and has served on a number of institutional, regional, and national committees. He is a Fellow of the American College of Preventive Medicine and a Distinguished Fellow of the American Psychiatric Association.

Dr. Compton has been a member of GAP’s Prevention Committee since 2005, and Chair of that Committee for the past nine years. His Committee—focusing on mental health promotion, mental illness prevention, public health, social justice, policy, and the social determinants of mental health—has been highly productive. In recent years his Committee has worked to advance psychiatry specifically regarding prevention by publishing: (1) a Psychiatric Annals issue on Prevention in Psychiatry; (2) an APA book on prevention in psychiatry (Clinical Manual of Prevention in Mental Health, 2009); (3) a number of articles in the scholarly literature, including in Academic Psychiatry and Psychiatric Services; (4) several publications in the non-scholarly literature (e.g., op-eds); (5) a Psychiatric Annals issue on the Social Determinants of Mental Health; and (6) an APA book on that same topic (The Social Determinants of Mental Health, 2015). His Committee’s
members have also presented at numerous APA Annual Meetings and IPS meetings. Dr. Compton now seeks to advance the broader GAP organization by serving on the Board of Directors.

**Warachal Eileen Faison, MD** is a geriatric psychiatrist and Medical Director at Pfizer. Prior to joining Pfizer in 2008, Dr. Faison was Clinical Director, Alzheimer’s Research & Clinical Programs at the Medical University of South Carolina (MUSC). She graduated from North Carolina Central University with a BS degree in biology summa cum laude. Dr. Faison received her medical degree and completed her psychiatry residency, including chief residency at the University of North Carolina at Chapel Hill (UNC-CH) School of Medicine. She completed a clinical geriatric psychiatry fellowship at Duke University School of Medicine.

Dr. Faison has been recognized for her work as a health care provider, researcher, and community advocate in health disparities, minority recruitment clinical trials, women’s health issues, and mental health. In 2013, she completed a global health fellowship in China for 3 months increasing awareness about diabetes, a growing epidemic in China. A recipient of numerous honors and awards, Dr. Faison has been featured in the national media, including CNN, BET, and Washington Post. She has also been recognized as a National Alzheimer’s Champion by the National Alzheimer’s Association as she has furthered research for prevention and cure, made strides in care and support, and raised awareness of Alzheimer’s disease. She recently received one of the UNC-Chapel Hill Harvey E. Beech Outstanding Alumni Awards for Overall Achievement.

Dr. Faison’s service to medicine has included national appointments such as the following: Executive Committee, Association of Women Psychiatrists; Board Member, American Association of Community Psychiatrists; Consultant, American Psychiatric Association (APA) Council on Aging; Board Member, American Association for Geriatric Psychiatry; Board Member, Geriatric Mental Health Foundation; Editorial Board, American Journal of Geriatric Psychiatry; Medical Advisory Board, Alzheimer’s Foundation of America; Treasurer, Association of Women Psychiatrists; Vice President, American Association of Community Psychiatrists; and Advisor, DSM-V Workgroup on Neurocognitive Disorders and Lifespan Study Group. She has also been a member of the GAP Aging Committee since 2008.

No matter what her role in the community—from her sorority, Delta Sigma Theta Sorority, Inc. to the YWCA of Greater Charleston, Inc., where she served as President, Board of Directors—she engages in active dialogue concerning health disparities. Due to her community advocacy, she was selected by the Charleston Regional Business Journal as one of the Influential Women in Business due to her volunteerism. She frequently collaborates with the New York chapters of the Alzheimer’s Association and American Heart Association as well as Caring Kind. Passionate about increasing the pipeline of ethnic minorities pursuing health careers, Dr. Faison is actively involved with National Medical Fellowships, chairs the United Negro College Fund New York Leadership Council, and has been recently appointed to the North Carolina Central University College of Arts and Sciences Advisory Board.

As Dr. Menninger highlighted in 1959, now more than ever there is a “sense of great urgency” to advance psychiatry and Dr. Faison hopes to serve GAP by participating on its board of directors. Let’s all embrace and work towards GAP’s “unlimited opportunities.”

**Professor Sy Atezaz Saeed, MD, MS, FACPsych**

Since 2004 Dr. Saeed has been serving as the Chairman of the Department of Psychiatry and Behavioral Medicine at the Brody School of Medicine, East Carolina University. He also serves as the Executive Director of Behavioral Health Service Line for Vidant Health, a non-profit hospital system made up of eight hospitals, physician practices, home health, hospice, wellness centers and other health care services serving 1.4 million people in 29 counties in Eastern North Carolina. Dr. Saeed also serves as the Director of the Center for Telepsychiatry at ECU and as the Director of North Carolina Statewide Telepsychiatry Program (NC-STeP), a state funded program covering over 70 hospitals in North Carolina.

A 1982 medical graduate of Dow Medical College, Dr. Saeed completed his residency training in psychiatry at the Illinois State Psychiatric Institute, Chicago. He is a diplomat of the American Board of Psychiatry and Neurology. He is also certified in Psychiatric Administration and Management by the American Psychiatric Association and holds a MS degree in Counseling and Psychotherapy. Prior to his appointment at East Carolina University, Dr. Saeed served as Professor and
Chairman, Department of the Psychiatry and Behavioral Medicine at the University of Illinois College of Medicine at Peoria (1995-2004) where he was also the Clinical Director for the Comprehensive Community Mental Health Service Network of North Central Illinois, a state-operated Network serving people with serious and persistent mental illness in 23 counties and covering 1.5 million lives in north central Illinois.

Dr. Saeed was the founding Editor of the American Association of Psychiatric Administrator’s Journal, Psychiatrist Administrator (2000-2010). He is currently the Editor-in-Chief of the Journal of Psychiatric Administration and Management (JPAM). He serves on the editorial boards of several academic journals. He is a fellow of the American College of Psychiatrists, a Distinguished Fellow of the American Psychiatric Association, and an elected Fellow of the Royal Society of Health, London. He also serves on the Group for Advancement of Psychiatry (GAP), a think-tank for psychiatry dedicated to shaping psychiatric thinking, public programs, and clinical practice in mental health. In 2014 Governor McCrory appointed him to the Governing Board of the North Carolina Institute of Medicine. In 2016 he was reappointed to the board for a 4-year term by the governor.

Dr. Saeed has published extensively in the areas of evidence-based practices; anxiety and mood disorders; telepsychiatry; psychiatric administration and leadership; and psychiatric treatment integration. His current scholarly and research interest areas include: the study of the process and impact of implementing evidence-based practices in mental health settings; telepsychiatry; and psychiatric administration and leadership. He has been involved in funded research both as a principal investigator and co-investigator. He has lectured and presented nationwide and internationally, including being an invited speaker at a White House Convening in 2016.

**Plenary Program: The Second Dear Abby Award**

The second Dear Abby Award will be presented to Richard Kogan, M.D. at the Plenary Program, “Musical Genius and Psychiatric Illness”. This presentation was made possible from a generous gift from Benjamin Liptzin supporting the honorarium.

The Dear Abby Award is given to honor Pauline Phillips and the longtime association between Dear Abby and GAP. The award is given to an individual or an organization who has contributed to innovation in mental health and the advancement of psychiatry. The award will be given in keeping with GAP's mission of working on the interface between psychiatry and society, and Dear Abby’s mission of spreading education and awareness of mental health issues.

Richard Kogan has a distinguished career both as a psychiatrist and as a concert pianist. Clinical Professor of Psychiatry at Weill Cornell Medical College and Artistic Director of the Weill Cornell Music and Medicine Program, he has been praised for his “eloquent, compelling, and exquisite playing” by the New York Times, and the Boston Globe wrote that “Kogan has somehow managed to excel at the world’s two most demanding professions.”

Dr. Kogan has gained international renown for his lecture/concerts that explore the influence of psychological factors and psychiatric and medical illness on the creative output of composers such as Mozart, Beethoven, Chopin, Schumann, Tchaikovsky, Rachmaninoff, Ravel, Gershwin, Bernstein and Joplin. He has given these presentations at music festivals, medical conferences, universities and scholarly symposia throughout the world. He is the recipient of numerous honors and awards.

Dr. Kogan is a graduate of the Juilliard School of Music Pre-college, Harvard College, and Harvard Medical School. He completed a psychiatric residency and academic psychiatry fellowship at NYU. He has a private practice of psychiatry in New York City.

**GAP Fellows:**

The 2017-2019 class of GAP Fellows will be present for this, their first meeting. Please reach out and welcome them to your committees and GAP!

Sarah Baker: Psychiatry & Community
Nadejda Bespalova: Medical Education
Bruce Fage: Mental Health Services

*Continued on pg. 5*
APRIL 2017 MEETING
141th MEETING OF
GROUP FOR THE ADVANCEMENT OF PSYCHIATRY

THURSDAY, April 6
10:00 a.m. GAP Office Opens Masefield A Room
10:00 a.m. Finance Committee Meeting Masefield B Room
12:30 p.m. Publications Board Hudson A Room
2:00 p.m. Board of Directors Cooper B Room
4:00 p.m. Fellows Meeting with Selection Committee Cooper A Room
4:30 p.m. Fellowship Selection Committee Masefield B Room
5:30 p.m. Reception of the Board of Directors with Fellows Room 634
6:30 p.m. Fellows Dinner Cooper A Room
9:00 p.m. Hospitality Room Cooper-Greeley Rooms
11:00 p.m. Hosted by: Administration & Leadership Irving A and B Rooms

COMMITTEE MEETINGS:
Administration & Leadership 6:00 p.m. Restaurant 5 people (Saeed)
Aging 6:00 p.m. Restaurant 8 people (Roca)
Child Committee 7:00 p.m. Library Room
Professionalism & Ethics 6:00 p.m. Dinner in Room 221
Psychiatry and Community 7:30 p.m. Restaurant 8 (Feldman)
Psychopathology 3:30 p.m. Gallery Room and 6 p.m. Restaurant 9 (Adler)
Research 7:00 p.m. Restaurant for 8 (Kramer)

FRIDAY, April 7
7:30 a.m. Breakfast Cooper-Greeley Rooms
8:30 a.m. General Membership Meeting Cooper-Greeley Rooms
9:30 a.m. Committee Meetings

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10:30 a.m.       Coffee Break
12:00 noon       Luncheon
                  Cooper-Greeley Rooms
                  Steering Committee Meeting
                  Irving A Room
                  Fellows Meeting
                  Irving B Room
2:00 p.m.        Committee Meetings
3:00 p.m.        Coffee Break
5:00 p.m.        Juice Break
5:30 p.m.        Plenary Session: Richard Kogan, M.D.
                  Musical Genius and Psychiatric Illness
                  Cooper-Greeley Rooms
6:30 p.m.        Cocktail Reception
                  Red Oak Terrace
7:30 p.m.        Dinner
                  Cooper-Greeley Rooms
9:00 p.m.        Hospitality
                  Hosted by: Child Psychiatry
                  Foyer - Cooper-Greeley Rooms
                  Jam session after dinner in the Foyer
SATURDAY, April 8
8:00 a.m.        Breakfast
                  Cooper-Greeley Rooms
                  Steering Committee Meeting
                  Irving B Room
                  Fellows Breakfast Meeting
                  Irving A Room
9:00 a.m.        Committee Meetings

COMMITTEE MEETINGS
ADOLESCENCE       ROOM 305
AGING             MASEFIELD B ROOM
ADDITIONS         ROOM 203
ADMINISTRATION & LEADERSHIP  ZENGER ROOM
CHILD PSYCHIATRY   LIBRARY ROOM
COLLEGE STUDENT    VERANDA ROOM
CLIMATE           ROOM 225
CRITICAL THINKING  ROOM 223
CULTURAL PSYCHIATRY PORTICO ROOM
DISASTERS AND THE WORLD KYKUIT SUITE/ROOM 103
GENDER ISSUES AND MENTAL HEALTH HUTCHINSON A ROOM
GLOBAL PSYCHIATRY  VANDERBILT/ROOM 107
LGBT              CARRERE SUITE/ROOM 101
MEDICAL EDUCATION  PARLOR ROOM

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MENTAL HEALTH SERVICES          HUDSON A
MILITARY PSYCHIATRY              MEETING WITH PSYCHIATRY & COMMUNITY
NEUROPSYCHIATRY                  ROOM 434
PLANNING, MARKETING & COMMUNICATIONS
PREVENTIVE PSYCHIATRY           ROOM 215
PROFESSIONALISM AND ETHICS       ROOM 221
PSYCHIATRY AND THE ARTS         ROOM 219
PSYCHIATRY AND THE COMMUNITY    LYNDHURST/ROOM 104
PSYCHIATRY AND THE LAW          SLEEPY HOLLOW/ROOM 105
PSYCHIATRY AND RELIGION         ROOM 209
PSYCHOPATHOLOGY                 GALLERY
PSYCHOPHARMACOLOGY              ROOM 207
PSYCHOSOMATIC MEDICINE          ROOM 205
PSYCHOTHERAPY                   JOHN JAY SUITE/ROOM 102
RESEARCH                       ROOM 217
TERRORISM/POLITICAL VIOLENCE    HUDSON B
WORK AND ORGANIZATIONS          VAN CORTLANDT/ROOM 106

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DATES OF FUTURE GAP MEETINGS

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