Message From the President

The April meeting was a great success. This was the 139th meeting of GAP, and it was the largest meeting ever with 151 active members attending. We had the first presentation of the Dear Abby Award to Judge Steven Leifman while we enjoyed the presence of Dear Abby herself for the entire meeting. Committee productivity continues to be high. The publication of *Mental Illness in the Criminal Justice System: Answering a Cry for Help* from the Committee on Psychiatry in the Community was celebrated at the plenary with a copy distributed to every member in attendance. This publication, I believe, will have a major influence on what is one of the major public policy and public health crises of the day — the criminalization of the mentally ill. Great attention is being paid to this issue at federal and state levels. This monograph is an authoritative statement from "America’s think tank for mental health" and will be widely appreciated.

The Publication Committee was very busy with an APA column on psychotherapy and a special column in *Psychiatric Times*. Setting the ground rules for rapid turnaround of these efforts is indeed daunting, but I am extremely impressed with the hard work and flexibility of Dr. David Adler and his Publication Committee, which now needs to be enlarged. Anyone who is interested in working with Dr. Adler in reviewing and editing various submissions please let me or Frances know. We now need all the help we can get.

Finanically, GAP is more stable, at least in the short run with the addition of a registration fee and the increase in dues. Essentially, the membership has taken on the yearly deficit that in the past was covered by grants from industry, so GAP’s future is now absolutely in our own hands. We are trying to use this time well in thinking about the long run. On Saturday, we held a strategic planning retreat, which was attended by almost every GAP board member as well as the great majority of committee chairs. We broke into three study groups – one focusing on hotel and frequency of meetings, another on the fellowship, and the third on other possible sources of revenue. What a unique opportunity to spend four hours in robust discussion with GAP leadership on topics that are of deep concern to members of GAP: a renewed focus on our mission and vision, the issue of productivity, the question of how much should continue to be siloed in committees versus issues for GAP as a whole, and ways that we can effectivly cut costs. A report on the retreat is included in this Circular Letter.

As GAP grows and evolves, so does society as a whole. We are approaching what appears to be a pivotal election season. When we meet in November, the future of our country, health care system, and opportunities for quality psychiatric care will become more clear.

As always, it was good to see many of you at our meeting in April and I look forward to the social relationships, new and old, that deepen with each GAP meeting.

Steven S. Sharfstein, M.D.
President, GAP

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Announcements:

a. The Committee on Psychiatry and the Arts is expanding their Friday evening after dinner performances. At the Fall Meeting, the open mic/jam session will be expanded. The Committee is also interested in displaying art work by patients. If you want more information about either one of these activities, please contact David Sasso: david.sasso@gmail.com

b. There is a forum posted: http://forum.ourgap.org/t/apa-member-special-15-discount/196/1. Please visit this and review the content.

c. Please welcome new Board Members, Jackie Feldman and Robert Roca.
Administrative Committees:

Publications Committee:

Present: Drs. Adler, Erlich, Knoepflmacher, Krasner, McIntosch, Merlino, Nadelson, Notman, Robinson, Scheiber, Sharfstein

1. Membership and New Ventures
   a. Prad Basant rotated off the Committee.
   b. Four new members were appointed for new tasks: Mary Barber will become our Blog editor and will be joined by Aaron Krasner. Lois Flaherty and likely Tom Franklin will join as liaison to the Psychotherapy’s monthly APA Psych News Column (in addition to Jack Drescher).

2. Update on former Reports:
   a. The Psychotherapy Committee had an OpEd piece: “Parity in Name Only” fast track reviewed and approved for submission.
   b. The Committee on Medical Education’s manuscript: “An Ounce of Prevention: A Public Health Model for Resident Well-being” was reviewed and approved for submission.
   c. The Committee on Professionalism and Ethics manuscript: “Psychiatric Professionalism for the 21st Century” reviewed and approved for submission.
   d. The Committee on Cultural Psychiatry’s manuscript: “Has The Time Come for a Cultural Psychiatry Fellowship in the United States?” was reviewed and approved for submission.
   e. The Gender and Mental Health Committee has submitted a proposal to Oxford University Press for a series gender related case books.
   f. The Committee on Religion manuscript “Can Religion Protect Against Suicide” was reviewed with feedback that will be revised during the current meeting.

3. Discussion of how best to review the new monthly APA Psychiatric News Column that the Psychotherapy Committee has committed to. Dr. Sharfstein and Adler are in discussions with the Committee who will work on several pieces with a one week turn around so that they can fulfill their monthly deadline.

4. Blog proposal for GAP website from the Committee on Disasters. Dr. Grant Brenner and his colleagues are proposing a six times a year blog posting (without responses at this point) on a to-be-newly developed GAP blog. Dr. Brenner will present the strategy to the Board of Directors and Planning/Marketing Committee at the Nov. meeting but will begin in June. Dr. Barber will be the liaison joined by Drs. Krasner and Franklin with a two week turn around.

5. Discussion of Psychiatric Times Request for a commitment to a Quarterly GAP Column was presented to the Board of Directors and will begin as an experiment with several committee’s already committing to the Project. GAP will get a headline with statement of purpose and links in return. Dr. Adler will be speaking with Alan Tasman, Editor of Psychiatric Times to finalize arrangements.

6. David Adler presented several times during the meeting an overview of committee productivity during the past 10 years in which at least 65 reports were published (60% peer reviewed and 40% other). Data is not entirely accurate and Committee Chairs were given the list of reports since 1991 to make corrections as well as to add presentations made on behalf of GAP.
   a. Four committees (LGBT, Prevention, Psychopathology, and Psychotherapy) have produced 37 of those reports.
   b. Seven committees have produced 20 reports.
   c. Eight committees have produced one report each (3 not in the past 5 years).
   d. Eleven committees have produced no reports however 8 have been formed during the past five years and two are close to approval on reports.

7. The following journals have invited submissions specifically from GAP:
   b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Atezaz Saeed, editor.

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Fellowship:
The Fellowship Committee met to review the brochure and application material that will go out late summer to solicit applications for the next group of Fellows. There will be 12 Fellows for the next two-year class of Fellows. There will be two Dear Abby Fellows and two Cotswold Looney Fellows and there is the possibility of another funded Fellow for 2017-2018. The Committee will continue with the Board to get endowed Fellows. No committee is allowed to select a Fellow on their own, each Fellow must go through the same process set by the Fellowship Committee.

Plenary:
Present: Copans, Kramer, Gross, Sasso
The Committee is asking all GAP members to notify the Plenary Committee if you review articles or books that might be plenary presentations. The Committee explored three possible future plenaries:
1. Immunology and psychiatry
2. Ethics of evidenced based medicine
3. Software to facilitate committee productivity
Focus of work accomplished during the meeting:
1. Immunology and psychiatry
2. Ethics of evidenced based medicine
3. Software to facilitate committee productivity
Plans for between meeting work:
   a. Explore presenters for topic 1
   b. Read book on topic 2 (by Moua Gupta)
   c. Gather data on available software
Focus for next meeting:
   1. Clarify openings for plenary
   2. Decide on immunology speakers
The Committee is looking for topics and speakers.

OPERATING COMMITTEE REPORTS:
ADMINISTRATION AND LEADERSHIP (CPAL)
Present: Buwalda, Levin, Merlino, Moyhuddin, Petit, Saeed, Silver, Weinberg
Guests: Ureh Lekwauwa and Eindra Khin Khin
Projects:
1. Paper on Definition and Competencies: Psychiatric Administration and Leadership working on the first draft.
2. APA Symposium – Current Challenges and Opportunities in Psychiatric Administration and Leadership, which was accepted for May 16, 2016 at 9 a.m. – 12 noon, Atlanta.
3. Workshop “Role of Leadership in Narrowing the GAP between Science and Practice: Improving Treatment Outcomes at the Systems’ Level.” At the 2016 APA Institute for Psychiatric Services, Washington, DC and has been accepted.

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4. Workshop “Business Planning, Budgeting, and Financial Management: The Issues You Need to Know for Psychiatric Leadership.” At 2016 APA Institute for Psychiatric Services, Washington, DC. This was accepted.

5. Three additional workshops submitted for APA 2016 Institute for Psychiatric Services, Washington, DC, these were not accepted.


**Anticipated Date of Completion:**
- July-September 2016 for the paper
- May 2016 for APA Symposium, Atlanta
- October 2016 for the workshops at the Institute for Psychiatric Services, Washington, DC.

**Anticipated Audience:**
- Practicing psychiatrists, psychiatry residents, training directors, psychologists and other mental health professionals.

**Manuscript to be submitted:**

The Publications Board will be asked to review the paper anticipated to be completed July-September 2016.

**Focus of Work Accomplished During the Meeting:**
- Dr. Ureh Lekwauwa (Medical Director NC Division of Mental Health, Developmental Disabilities, and Substance Abuse) and Dr. Eindra Khin Khin (Residency Training Director and Director Forensic Services at GW) joined us as a guest. Our other invited guest, Dr. Brian Hepburn from NASMHPD was unable to join us for this meeting and we hope that he’d be able to attend the Fall 2016 meeting.
- We reviewed productivity of our committee that includes six peer-reviewed papers in the last two years and several projects in progress (as outlined above).
- Discussed what we’d like to accomplish in this spring meeting and time between this meeting and the next.
- Discussed how we may be able to involve GAP Fellows in our future work. Discussed funding for Fellows. Jorge Petit offered that Beacon might be willing to fund a Fellow for the years’ cycle for the cost of around $7,000 (for two years). We’ll take this proposal to the Chair of the Fellowship Committee and GAP leadership.
- Dr. Ureh Lekwauwa was elected by the committee to be recommended to the Steering Committee as a member.
- Completed Work Product: *Psychiatric Quarterly* theme section: *Current Challenges in Psychiatric Administration and Leadership.*

**Current projects**
- Paper on Definition and Competencies: Psychiatric Administration and Leadership
- APA Symposium scheduled for May 2016 (Atlanta)
- *Psychiatric Times* column on the completed survey on “Current Perspective on Psychiatric Administration and Leadership.”
- Two workshops scheduled for IPS (Washington DC) October 2016, Washington, DC.

**Future project(s):**
- Training manual/curriculum in administrative psychiatry. This will be an extension of the paper on definition and competencies for administrative psychiatry.
- Book on Psychiatric Administration and Leadership
- Submission for 2017 APA Annual Meeting
- Submissions for 2017 IPS

- Expanding membership of the Committee: Guests at the Spring Meeting

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1. Brian Hepburn

Plans for Between Meeting Work:
- Finalize the content of the paper on Definition and Competencies: Psychiatric Administration and Leadership.
- Invite guests mentioned above to the Fall Meeting.

Focus for Next Meeting:
- Completion of the projects identified above.

The Committee does want a Fellow.

ADOLESCENCE:
Present: Becker, Flaherty, Harper, Onesti, Wittenberg
Post Ginsburg Fellow: Sarah Lytle
Ittleson Consultant: Natasha Vianna

The current project, “Teen Mothers” – The group the most recent reorganization of our overall manuscript, and considered the arrangement of various contributions within the work. Natasha Vianna, our Ittleson Consultant, discussed the placement of “voices of lived experience” within the section.

Work between work: A summer conference call is planned. The next meeting will continue to focus on this project.

AGING:
Present: Ben Liptzin, Ken Sakauye, Robert Rohrbah, Marsden McGuire, Keith Meador, Robert Roca
Guests attending: James Ellison

Project Information:
1) Suicide among older veterans: The committee continued its discussion of risk factors for suicide among older veterans. While the risk factors may be similar to those for nonveterans, there may be additional and unique risk factors among veterans. These may include combat related PTSD, TBI, and “moral injury.” Dr. McGuire will summarize our discussion and present a plan for moving forward with article on this topic. We may seek the input of experts Yeats Conwell and Eric Caine.

2) Mandatory cognitive testing for aging physicians: The committee discussed an upcoming AMA report that may propose routine testing of older physicians for competency to practice. Our guest, James Ellison, is the APA representative on an AMA work group that may move this initiative forward. Dr. Ellison will prepare a brief summary of the issue for the group and will alert us when the white paper on this topic becomes available. We anticipate writing an article on this topic as the issue takes shape.

3) Who will care for the elderly? Despite the call to arms sounded by the IOM report on the geriatric psychiatry workforce, there is little evidence of change for the better. It is likely that non-specialists will be providing care. How will they be trained? Medical schools are not obligated to provide teaching and training experiences in geriatrics proper, let along geriatric psychiatry. The committee is interested in writing an article calling attention to this problem and proposing some approaches to building the workforce, including providing medical students with experiences in geriatric psychiatry. Dr. Lehman will create a first draft by the end of July. Academic Medicine may be a good place to publish such a piece. Dr. Liptzin will contact the head of the AAMC (D. Kirsch) and we may ask for his input on such topics as how many schools lack formal training in geriatrics.

4) Palliative care in severe dementia: Much if not most of dementia care is fundamentally palliative care. Increasingly, persons with advanced dementia are being referred to hospice, a very particular kind of palliative care, where they may die soon after admission. What are the criteria by which we should determine when an elderly patient with cognitive impairment is a candidate for hospice? We may ask Sean Morrison (New York geriatrician) to join us in November to help us discuss this. Scott Shreve has done scholarly work in this area.

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Drs. Ellison, Roca, Meador will review the literature and develop these ideas further.

5) Geriatric psychiatrists as caregivers: Dr. Liptzin will prepare a book proposal; Springer has already indicated an interest.

6) Role of geriatric psychiatry in health care reform: Dr. Kyomen and Dr. Roca will finish revising this document and submit it for consideration to the Publications Committee.

7) We will meet by conference call every 1-2 months and communicate by email between times to report progress.

8) In November we will have a dinner meeting on Thursday evening (e.g., 7-9) to socialize and brainstorm; we will then meet all day on Friday and consider staying over for a few hours on Saturday morning to finish work.

CHILD PSYCHIATRY:
Present: Dowben (by phone), Jackson, Pradhan, Sarvet, Pfeffer, Schowalter, Shapiro, Stubbe, Tanguay
The committee is working on four projects:

a. A Survey of Child and Adolescent Psychiatrist Practice Patterns with the first draft in preparation to be completed by September 2016 and submitted to JAACAP and Psychiatric Services.

b. The Child and Adolescent Psychiatrists’ Role in a Changing Healthcare Environment to be completed by July 2016. This will be submitted to Psychiatric Services.

c. The Management of Traumatic Experience in Mentally Ill Children: A Case Study to be completed by January 2017 to be submitted to AJP and Trauma and Dissociation.

d. Terrorism and At-Risk Youth to be completed by January 2017.

These documents will be targeted to practicing psychiatrists, psychiatric residents, training directors, psychologists, mental health professionals and the general public.

Focus of Work Accomplished During the Meeting:
The Committee identified two new topics and set timelines for completion of current projects. Conference calls will be scheduled, statistics will be completed for completion of current projects and there was a meeting with the Terrorism and Political Violence Committee for a joint project.

COLLEGE STUDENT:
Present: Blue, Kring, Notman, Siggins
Guests: Helene Keable, Colleen Tennyson, Barbara Lewis
The Committee is working on two projects:

“Psychodynamic Considerations in Prescribing for Students” and “Transition of Care Through and Beyond College, Guiding Principles” to be completed December 2016. The anticipated audience is practicing psychiatrists, psychiatric residents, training directors, psychologists, and other mental health professionals. This will be submitted to Psychiatric Times.

Focus of work accomplished during the meeting:
Elucidation of potential topics and strategize for further recruitment of members. The Committee will schedule conference calls and email exchanges of written materials.

Focus for Next Meeting:
The Committee will review the written material and recruitment.

CULTURAL PSYCHIATRY:
Present: Aggarwal, Lu, Like, Lewis-Fernandez
Fellow: Nadia Oryema
The Committee is working on four projects:

1. Culture and Neuroscience (fast track) topic under discussion to be completed by October 2016

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2. The use of Restraints in Psychiatry (fast track), raised by the Fellow, to be completed October 2016.
3. Time for a Fellowship in Cultural Psychiatry, responding to review process.
The articles will be submitted to *JAMA Psychiatry*.
Focus of work accomplished during the meeting:
Discussion of the topics for the next 2 papers.
Plans for between meeting work: Settle on a topic and write first draft.
Focus for next meeting: Review first drafts.

**DISASTERS AND THE WORLD:**
Present: Brenner, Clegg, Nininger, Pandya
The Committee is working on a fast track article “Disasters and the World Committee Blog,” the process is
ongoing with the first 5-6 blogs to be submitted within one month. This will be targeted to practicing psychiatrists,
psychiatry residents, training directors, psychologists, mental health professionals, and the general public. This
will be on the GAP website.
The Committee will be meeting with the Publications Board to review the review process and turn around time.
Focus of work accomplished during the meeting:
1. Reviewed several projects, blog is primary project at this time.
2. Has abstracts for 6 blog topics, identified 13 additional blog topics.
3. Discussed potential collaboration with Terrorism & Political Violence Committee and suggests for brief
   joint meeting.
4. Discussed strategies for recruitment of new members and the Committee wants a Fellow
5. Discussed broadening scope of committee to include trauma and resilience
   a. Writing, editing, and submitting blog to Publications Board
   b. Confer with APA Committee and DPO.
   c. Continue consensus building in committee regarding inclusion of trauma and resilience
   d. Pursue new memberships
   e. Set up at last one on line meeting between meetings
6. Collaborating with organizations – DPO regarding training, curriculum, APA Committee on Psychiatric
   Dimension of Disasters.
Focus for next meeting:
1. Follow up blog.
2. Continue discussion of addition of trauma and resilience.

**GENDER AND MENTAL HEALTH:**
Present: Robinson, Nadelson, Greene, Benders-Hadi and Leena Mittal and Patricia Ordorica via phone.
The Committee is working on a project, “Case Books on Women’s Mental Health.” The Committee anticipates
signing a contract in the next 1-2 months. There are two books in preparation. The audience will be practicing
psychiatrists, psychiatry residents, psychologists, mental health professionals, the general public, obGyns, nurse
practitioners, and family docs.
The Committee is working with Oxford Press for publication.
Focus of work accomplished during the meeting: Outlined chapters for postpartum book and drafted one chapter.
Also we will work with *Psychiatric Times* column regarding postpartum screening.
Plans for work between meetings: Start working on connecting with potential chapter authors and begin work.
Focus for next meeting: Continue working on books. Also writing *Psychiatric Times* columns on relevant
topics.

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LGBT:
Present: Ashley, Barber, Casoy, Herbert, Lothwell, Mattson, McIntosh, Schwarz, Tompkins
Fellow: Brian Hurley
The Committee is working on two intermediate length manuscripts:
1. The Lived Experience of Faith and Sexual Orientation/Gender Status to be completed April 2017. The Committee worked on the IRB proposal, theme development and case review, qualitative review and writing the paper.
2. Role of Psychiatrist in Working with Transgender Individuals to be completed Fall 2017. The Committee worked on the literature search and assignment and reading background material and writing the paper.
The manuscripts will be targeted to practicing psychiatrists, psychiatric residents, training directors, psychologists and other mental health professionals.

MEDICAL EDUCATION:
Present: Bernstein, Cohen, Silberman, Scheiber, Vestal, Wrzosek
Guest: Lucy Hutner
Fellow: Deanna Chaukos
The Committee is working on a manuscript “A Public Health Approach to Resident Well Being.” This is projected to be complete by May 2016, currently in final draft and the Committee is responding to reviewer process. This will be targeted to psychiatric resident and training directors. This will be submitted to *Journal of Graduate Medical Education*. The Publications Board has reviewed the manuscript and revisions are process with a final draft and re-submission. The focus for the next meeting will be generation of new project: Measuring the Benefits of the 4th Year of Psychiatric Training.

MENTAL HEALTH SERVICES
Present: Wes Sowers, Julie Ranz, Joanna Fried, Miguel Alamprey, David Stern
Guests: Colleen Bell, Deepika Sastry
The meeting began with introductions and some description of GAP and how it works for the benefit of our guests. There was also some general discussion of the Strategic Planning Retreat scheduled for the following day. There was some feeling that the publication committee’s process needs to be clarified and that something should be done to relieve the financial burden of membership. Attendance of committee members was particularly low for this meeting, and we speculated about the extent to which this was due to the newly imposed registration fee. We also discussed the difficulty of attracting new members in light of the financial commitment. Wes will try to bring these issues up at the retreat along with our committee’s recommendation that dues be decreased for early career psychiatrists.

Joanne noted that for the first time in a long time, the majority of attendees were not graduates of Columbia’s Fellowship. Wes noted that it was also the first time recently that the majority were not NYC area residents.

Misuse of Diagnosis Project:
Joanna noted that no further progress had been made on developing a survey since our last meeting. She gave a brief overview of the project for our guests. We spent some time brainstorming around the objective of the survey and possible items for the questionnaire. There was some consensus that the main reason for the survey was to quantify some of the information obtained during the recent IPS workshops to create some data for a possible publication. There was also agreement that keeping the number of items low would increase the chances of getting responses.

ACTION: Joanna and Donovan will take the suggestions we generated and fashion a survey which they will pass by the committee for further input prior to sending out a final version.

Community Psychiatry Certification Exam Update:
Wes and Julie provided some updated information on this AACP project since Tony was unable to attend. There

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has been some recent progress in finding a platform for administration of the exam. Pat Runnels will be talking with a company called Educadium, and the hope is to get the first administration of the exam set for the fall if it can accommodate the needs of the exam process. We will continue to engage Michael Weinberg to assist with the analysis of the exam results.

**ACTION:** Tony, Julie and Wes with keep the committee informed.

**Early Career Psychiatrists Career Development Toolkit:**
Tony, Anna, and Sunmolu with all absent for this meeting, but there have apparently been no new developments on dissemination of the material from the toolkit. Some pieces were submitted to the publications committee, but their feedback did not coincide with the objectives of the project. The committee will continue to look for ways to create broad exposure for this material.

**Cost Conscious Care Project:**
David gave an overview of the project for our guests. They have submitted their curriculum to AADPRT to be reviewed for posting on their website as an educational resource for residency training, but it has not yet been approved. David, Melissa and Andres have given several presentations on the topic at various training programs and Grand Rounds in the Northeast. The group discussed several ways in which the project might be developed further, with the recognition that it might be addressed on the systems level as well as at the level of clinical practice. It was suggested that there may be opportunities to interface with the Education Committee and the Administrative Psychiatry Committee to address various aspects of the issue. We also discussed the possibility of writing a book. Deepika expressed interest in joining this project.

**ACTION:** Workgroup will consider options for further development of the project and discuss their thoughts with the committee at large. We will then decide whether to invite a meeting with another committee in the fall or next spring.

**K2 Epidemic Update:**
There were no new developments on this project. There are ongoing attempts to find a way to develop a database on how it is progressing.

**Scope of Practice Project:**
We had a wide ranging conversation around issues related to the expansion of the scope of psychiatric practice. We revisited the idea of creating a model job description as one possible avenue for raising this issue. We noted the interface with the activity of the Early Career Dev. Workgroup with regard to developing diverse work activity and how to create opportunities in training for psychiatrists to develop real competence in multiple modes of treatment and to maintain it the their clinical activities. We noted the value of consultative and supervisory roles in a workforce that is strained to meet the demands of the system. We also discussed some recent criticisms of SAMHSA by its former medical director, which implied that their advocacy for holistic approaches to recovery were misplaced and of no value to persons with severe mental illnesses. Colleen indicated her interest in this project moving forward.

**ACTION:**
The committee will give further consideration of options for developing this project and will suggest possible collaboration with other committees that have interface with these ideas. We will confer with Julie and Stephanie LeMelle with regard to data they have gathered re: job satisfaction and consider modification and reissue depending on the information available.

**Need Service Matching in Integrated Care:**
We considered a grid developed by Wes and Nubia for characterizing a person’s intensity of need re: co-occurring and complicating factors, and the level of sophistication for dealing with complexity for various elements of the service array. The idea would be to create a simple and accessible format for referrals and systems planning. Although there was a sense that a preliminary literature review did not reveal the existence of a schema of this type, further investigation is needed. Julie suggested that some experts be consulted prior to proceeding further.

**ACTION:**
Wes and Nubia with do further literature review and develop these ideas further. Will reach out to others with

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expertise in this area to join our committee or provide consultation to the project.

**Future Projects:**
Future of State Hospitals: Colleen expressed interest in developing a project related to quality of care in State Hospitals. Several committee members have worked in State Hospital systems and would be interested in contributing to this project which will be on the agenda for our next meeting.

Wes will attend the leadership retreat report back to the committee

**NEUROPSYCHIATRY:**

Present: Schildkrout, Lauterbach
Fellow: Lindsey MacGillivray

The Committee has two projects ongoing, both journal articles:
1. The Importance of Rare Diseases for Psychiatry (being edited)
2. Seminal Cases in Neuropsychiatry, to be completed before the next GAP Meeting.

The Committee will send the “cases” paper when it is completed to the Publications Board.

Focus of work accomplished during the meeting:
Writing “cases” paper and editing “Rare Diseases” paper.

Plans for between meeting work:
Will finish re-write of “Rare Diseases” paper and will finish writing “Cases” paper before next meeting.

Focus for next meeting:
Planning for next projects.

**PREVENTIVE:**

Present: Compton, Koplan, Manseau, Shim
Ittleson Consultant: Lynn Todman
Absent: Powers, Langheim

Current Topic:
With the assistance of Lynn Todman, Ph.D., the Committee is in the process of “screening” and “scoping,” which are the initial phases of a formal Health Impact Assessment. The Committee plans to conduct a Mental Health Impact Assessment of a proposed policy. This will lead to a policy brief/guidance for legislators and advocates, as well as a publication in a peer-reviewed journal about the Committee’s process/experience/outcomes in conducting a Mental Health Impact Assessment.

Needs from the Publication Board: None at present.

**PROFESSIONALISM AND ETHICS:**

Present: Candilis, Gennaro, Hafter-Gray, Howe, Nesheim (by videoconference)
Guest: Mark Komrad, M.D. to share ideas regarding psychiatrist assisted suicide of psychiatric patients

The Committee is working on a manuscript, “Physician-Assisted Suicide of Psychiatric Patients: An Ethical Analysis.” The manuscript is in the first draft.

Focus of Work Accomplished During the Meeting:
The entire meeting was devoted to a discussion with Mark Komrad, M.D., who has been arguing for an amendment of code of ethics to prohibit physician-assisted suicide (PAS) of psychiatric patients. At the conclusion of the meeting, we decided to approach this issue from the perspective of classical ethics, to delineate and assess the arguments for an against PAS, and to write a brief paper on the outcome of this analysis.

Plan for Between Meeting Work:
Outline of report and extended literature research.
Focus for Next Meeting: PAS for psychiatric patients and resumed work on publications of case reports.

PSYCHIATRY AND THE ARTS:
Present: Lustbader, Tamerin, Sasso
Via Skype: Cahill, Skorzewska, Peterkin
Fellow: Aparna Atluru
The Committee would like input from the Publications Board with assistance in considering venues for publication of our various in-progress projects.
Focus of work accomplished during the meeting:
1. Data from GAP survey regarding use of the arts in psychotherapy is being analyzed
2. Survey of training directors regarding integration of the humanities in psychiatric residency training in the US and Canada has received IRB approval, has been sent to training directors in Canada and will shortly be sent to training directors in the US.
3. Discussed the possibility of a collection of art/writing/music by psychiatrists inspired by or related to our work as psychiatrists.
4. Discussed possibilities for regular arts-related programming at GAP Meetings, including art exhibits, more formalized open mic/jams, and/or professional music performances.
5. Met with History and Psychiatry Committee to view and comment on their “Ancient Origins” documentary.
6. Began discussion with History and Psychiatry Committee on a paper regarding the societal implications of the popular notion of a connection between creativity and mental illness, between “genius and madness.”
Plans for between meeting work:
1. Will complete analysis of GAP survey regarding use of the arts in treatment and prepare a piece for publication.
2. Will analyze data when received from survey regarding use of humanities in psychiatric training programs in the US and Canada.
3. Each committee member will submit or create a work of art/writing/music inspired by or related to our work as psychiatrists.
4. Each committee member will write a short case study regarding the use of the arts within treatment for potential publication as a case series, a series of individual case studies, or a longer from work.
5. Follow up with Chris Randolph of Rockland Living Museum to coordinate an exhibit of artwork in her studio created by parents living with mental illness.
6. Members of the Arts Committee will work with the History Committee to compose the soundtrack for their recent installments in the History of Psychiatry series and to fine tune a topic for a potential collaborative paper.

The Committee is a relatively new committee and have benefitted greatly from the energy and ideas of our current and former Fellow. We have several projects in the pipeline that may be of interest to Fellows interested in psychiatry and the arts.

PSYCHIATRY AND THE LAW:
Present: Hatters-Freidman, Frierson, Resnick, Appel, Giorgi-Guarnieri
Fellow: Jackie Landess
The Committee is working on a monograph, “Family Murder” to be completed by December 2017. The anticipated audience is practicing psychiatrists, psychiatry residents, psychologists, mental health professionals, general public, criminology and law.
This will be submitted to APPI. The Publications Board will help with book proposal and additional publishers if not successful.

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Focus of work accomplished during the meeting:
Editing chapters and discussing book.
Plans for between meeting work:
Chapter writing.
Focus for next meeting:
Continue progress with book.

**PSYCHIATRY AND RELIGION:**
Present: Michael Norko, James Phillips, Ramaswamy Viswanathan (consultant)

Focus of work
In March 2016, we submitted our manuscript entitled “Can Religion Protect Against Suicide?” to the Publication Board for their review. At the meeting, we revised the manuscript based on the feedback we received from several members of the Publication Board, which was generally positive. There are two sections remaining that we wish to research/revise further; Drs. Norko and Phillips will complete this work by April 29. We will send the revised draft out to the remaining authors on the committee, asking for their response by May 20. We expect to return the manuscript to Dr. Adler by May 27, 2016 for final approval to proceed with submission. We are hoping to edit this to 3,000 words so that it may be submitted to Psychiatric Services as a regular article.

At this meeting, we also revised our plans for our next two projects.

The **first** of these projects is tentatively titled “Religion and Psychiatry in the Age of Neuroscience.” The paper will: 1) review the neuroscience challenges to a traditional understanding of faith traditions in the context of mental health; 2) examine the phenomenology of patients’ lived experience of faith beliefs and practice; 3) describe the ways in which various scholars have explicated the science/faith “debate”; 4) discuss the implications of these various dialectic models for mental health and mental health practitioners; and 5) advocate a posture for providers and patients consistent with the APA Resource Document on Religious/Spiritual Commitments and Psychiatric Practice (2006). Members of the committee were assigned sections to draft and circulate by October 1, 2016, so that we can review the drafts prior to the November meeting. The assigned members will submit progress reports on their work by July 31 to all the committee members.

The **second project will explore the implications for mental health care of recent trends in much of the world in which religious institutions have seen declines in members and participation, while there is a growing interest in non-institutional based spirituality** of many sorts. The ways in which we think about religion and psychiatry and spirituality and psychiatry must take account of these trends, and we hope to offer insights into areas for future development, research, and practice. Between now and the November meeting we plan to conduct preliminary research into the sociology of these phenomena and share important papers on the topic with each other, so that we will have a foundation for further elaboration of a manuscript outline at that meeting. Each member will be asked to circulate 1 or 2 relevant papers to the group by October 15, 2016, so that we will have a foundation for planning the manuscript at the November meeting.

Finally, at this meeting, we discussed potential **new members.** We need to develop gender, cultural and faith tradition diversity in order to more effectively conduct our work in an authentic and thorough fashion. We have invited two guests for the November meeting, and we are encouraging a colleague in training (who is Muslim, with a Master of Theology degree and strong interest in religion and psychiatry) apply for GAP fellowship. We are particularly interested in seeking female, Hindu and Jewish members for our committee.

After we augment our committee membership, we will pursue ideas for future manuscripts or other projects.

**PSYCHOPATHOLOGY:**
Present: Adler, Berlant, Dixon, Erlich, Goldman, Koh, Levine, Oslin, Siris
Fellow: Chaitanya Pabbati

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The Committee is working on a project, “Postvention: A Topic We Dread.” It will be complete May 2016 to practicing psychiatrists, psychiatry residents, psychologists, other mental health professionals. This will be submitted to *Psychiatric Times.* The Committee will need a speedy review from the Publications Board.

Focus of work accomplished during the meeting:

Completion of *Psychiatric Times* article with link for Postvention survey.

Plans for between meeting work:

Sending a letter to *Psychiatric Services*.

Focus for next meeting: Continue work in area of suicide, developing 2 further articles on:
1. The Use of the DSM by providers
2. Literature review on postvention.

**PSYCHOPHARMACOLOGY:**

Present: Baron, Goin, Gross, Pine, Slaby, Sumner, Garakani

Fellow: Rajiv Radhakrishnan

The Committee is working on a project on Concussion. It will be completed April 2016 targeted to practicing psychiatrists submitted to *Lancet, Psychiatry,* an invited paper of Dave Baron.

Focus of work accomplished during the meeting:

Finishing the final draft.

Plans for between meeting work:

Submission after Publications Board review.

Focus for next meeting:

Start new project (*Psychiatric Times,* article on concussion).

**PSYCHOSOMATIC MEDICINE:**

Present: Ramaswamy, Pinkhason, Martinez

The Committee is working on a fast track article, Narrative Medicine – A Natural Fit for Collaborative/Integrated Care? This will be completed November 2016, targeted to practicing psychiatrists, psychiatry residents, and non-psychiatric physicians.

This will be submitted to *Psychosomatics.*

Focus of work accomplished during the meeting:

Working on sections of the manuscript.

Plans for between meeting work:

Gmail communications to further develop the manuscript.

Focus for next meeting:

Finish preparing the manuscript for publication.

**PSYCHOTHERAPY:**

Present: Bauer, Clemens, Kennedy, Lazar, Mellman, Plakun, Yeomans

Fellow: Daniel Knoeplmacher

Guests: Thomas Franklin, Andrew Gerber, Donna Sudak

Ittleson Consultant: Meiram Bendat

The Committee is working on a trade publication article, monthly column, “Psychotherapy in Psychiatry” in *Psychiatric News.* The Committee is responding to the review process. The article will be targeted to practicing psychiatrists, psychiatry residents, and training directors.

The Publications Board members, David Adler and Jack Drescher will be reviewing the manuscript. During the meeting, the Committee worked to get a system in place for the monthly column in *Psychiatric News.* The

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Committee will continue to shepherd the paper on insurance companies breaches with regard to the parity law. The Committee will meet via conference call, July 18. The Committee will be working on finishing the paper on insurance company breaches with regard to the parity law - our focus will be on how the insurance company company guidelines to not meet academic and professional standards.

RESEARCH:
Present: Copans, Hale-Richlen, Keith, Kramer, Malone
Guests: Meg Cary, M.D., via SKYPE
Presidential Guest: Susan Kweskin
Project: Community Based Medicine: An Evolutionary Approach to Healthcare Delivery in first draft to be completed April 2017. This manuscript will be submitted to practicing psychiatrists, physicians, healthcare planners, and interested public. The Committee would like to submit to NEJM, JAMA or possibly Psychiatric Times, given its large print distribution and internet presence; and the necessity that psychiatrists take leadership roles in the development of relationship-based community healthcare models. The plan is to submit the first draft by April 2017 to begin the review interchange with the Publications Board.

Focus of Work Accomplished During the Meeting:
1. We jumped right into the ProSocial database completion project developing a data set regarding our group and individual characteristics. This was helpful in structuring our existing group process named, “conversational thought” by one committee member, as well as facilitating our developing an outline (and a deadline) for the first draft of or first paper in this likely extensive project.
2. We developed a working relationship with Rick Kauffman, Ph.D., our facilitator At SUNY Binghamton, and worked out a general plan for our ongoing activities and relationship.
3. Dr. Meg Cary, previous GAP Research guest, and ongoing participant in our conversations; and Susan Kweskin, GAP Presidential Guest, Group Editorial Director at Psychiatric Times, and former GAP Research Ittleson Consultant; each participated for parts of the meeting, Dr. Cary via SKYPE and speakerphone, and Ms. Kweskin in person.
4. We found a practitioner in Oregon who has developed a community based practice similar to what we have been discussing; and a literature database being developed by the Annals of Family Medicine for a project, the Future of Family Medicinei (FFM), developed under the auspices of seven family medicine organizations since 2002.
5. We solidified our commitment as a committee to work together collaboratively, respecting that our productivity is conversational-based, that ideas develop in good faith conversation, and that the only requirement of committee members (and interested colleagues, Ginsburg Fellows, prospective members, consultants, and guests) is to participate in the conversation.
6. We decided without a formal vote that despite Dr. Kramer’s Shermanesque term limit of ten meetings (Fall 2010), and having surpassed that by two additional meetings, that he would continue as chair for the time being.

Plans for Between Meetings:
1. Complete the final steps in the ProSocial database facilitating both our group process as the GAP Research Committee; and as a possible tool for community-based groups to organize their healthcare development. We have two individual steps, Step 6 and Step 7, to complete, and a group step which will be coordinated with Rick Kauffman, Ph.D., from The Evolution Institute at SUNY Binghamton.
2. Conference calls 6-10 and 9-9, Fridays at 2 p.m. EDT.
3. Invite James Hudziak, M.D., as an Ittleson Consultant to discuss the Vermont Family-Based Approach to health promotion, illness prevention, and intervention in the context of an integrated care model of healthcare.
4. Invite two guests/prospective members to the Fall meeting: (a) William J. Swift, M.D., former Child
Psychiatry Division Director, and US State Department child and family psychiatric consultant; and (b) Leonard Lantz, M.D., child and family psychiatrist who has developed community-based suicide prevention programs in Montana, and served on the AACAP Rural Psychiatry Committee.

Focus for Next Meeting:
1. Depending on the status of the first paper/first draft and the Publications Board, either work on revisions for that paper, or begin outlining and drafting the second paper in this project.
2. Continue studying the ProSocial interface as a healthcare-organizing possibility, possibly with continued consultation The Evolution Institute.
3. Begin incorporating possible new members, (Drs. Swift and Lantz) into the Research Committee’s version of the GAP “think tank” approach, a process we call “conversational thought.”
4. Hopefully continue interacting with possible future prospective member, Dr. Meg Cary of OHSU, via telephone and/or Skype, or the new GAP digital meeting platform, in developing our project(s).
5. Hopefully, be awarded a new Ginsburg Fellow.

WORK & ORGANIZATIONS:
Present: Long, Morrison, Sassano-Higgins
Fellow: Ben Hunter
The Committee is working on “Violence in the Workplace – the Paranoid Individual” to be completed soon and submitted to Psychiatric Times. The audience will be practicing psychiatrists, psychiatry residents, training directors, psychologists, and other mental health professionals, and the general public. The Committee is seeking consultation with Susan Kweskin.

Focus of work accomplished during the meeting:
Ms. Kweskin visited and wants the committee to work up topics list
Plans for between meeting work:
Finalize the first piece on violence in the workplace topic and submit to Publications Board and Ms. Kweskin.

DATES OF FUTURE GAP MEETINGS

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<td>November 10-12</td>
<td>April 6-8</td>
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