2019 has been a good year for GAP. At our Fall meeting in November, 166 active members - including 11 new members – gathered in White Plains and welcomed 11 GAP Fellows, 24 Committee Guests, and 3 Presidential Guests.

The Finance Committee/Treasurer’s report was reassuring – GAP’s finances are sound, and our investments have done well. In addition, since the meeting we have received two generous contributions - $8,000 from the Jay & Rose Phillips Family Foundation of Minnesota on behalf of Jeanne Phillips and Walter Harris for general operations and $25,000 from Wistar Morris, to be applied toward an eventual third Cotswold Looney Fellowship. We are grateful for the continued generosity of these outside donors, and we are also the beneficiaries of another endowed Fellowship funded by one of our own, David Adler, and his wife Jill. Their $50,000 donation was announced at the meeting, along with a challenge to the GAP membership to come up with equal funding for a GAP members fellowship. We are on our way - initial contributions and pledges during the meeting totaled over $10,000! I encourage you to pick up David’s challenge and include the GAP Fellowship in your year-end and next year’s contributions, as our Fellows are the lifeblood of GAP.

The Board of Directors meeting was refreshingly free of controversy, allowing us time to actually look to the future. After comparing other locations, hotel, and travel costs, Frances is exploring extending our contract with the Renaissance Westchester past 2024. We also discussed the process for reviewing, adding, and sunsetting committees to reflect our changing profession. The Planning, Marketing, and Communications Committee will explore this long-term process, noting the formation of new committees (e.g., Climate Change) and attrition of others (e.g., Family Committee). We are fortunate that one of our new committees, Psychiatry and the Media, co-chaired by Jack Drescher and Carol Bernstein, is being consulted by other committees exploring new avenues of communication.

Speaking of communication, the Publications Board remains very busy and deserves our ongoing thanks for their outstanding service. So far this year six approved manuscripts have been published (two Psych Times pieces by Work and Organizations; two manuscripts by Psychopathology, and one each from Neuropsychiatry and Religion). In 2019 the Publications Board reviewed the remaining 4 of 8 manuscripts for Psychiatry and Law’s APA Focus issue and the first manuscript of an upcoming LGBT Focus issue. The Board also completed reviews of all 24 chapters of the Mental Health Services APPI book and a 6-part Psych Times series from Work and Organizations, as well as 13 other committee manuscripts. In addition, we are moving past the print world: Arts and Humanities has added to their video series on the GAP Blog website, Work and Organizations is beginning a series of podcast projects, Arts and Humanities is experimenting with a GAP twitter site, and Psychiatry and Law has proposed the development of an app for information on important legal issues.
FYI - the following journals have invited submissions specifically from GAP: *Psychiatric Services, Journal of Nervous and Mental Disease, Journal of Psychiatric Practice, Journal of Gay and Lesbian Mental Health, Adolescent Psychiatry, and Community Mental Health Journal.* Two of these journals (*JNMD and Adolescent Psychiatry*) are considering substituting their own peer review process given the quality of our internal Publication Board reviews. The publication record reflects the excellence of our GAP projects, most notably acknowledged by the recent announcement that the Committee on Psychiatry and the Law will be awarded the Manfred S. Guttmacher Award in recognition of the volume *Family Murder: Pathologies of Love and Hate,* at the 2020 annual meeting of the American Psychiatric Association in Philadelphia. The Manfred S. Guttmacher Award was established in 1975 to recognize an outstanding contribution to the literature on forensic psychiatry. Congratulations to the Committee for this distinct honor!

As we wind down 2019 and get ready for a politically challenging 2020, thanks to you all for your vital contributions to GAP, and Best Wishes for a Happy, Healthy, and Productive New Year!

Lawrence S. Gross, MD, President

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**GAP PUBLICATIONS BOARD MEETING**

**Present: Drs. Adler, Dube, Erlich, McIntosh, Flaherty, Gross, Merlino, Notman, Robinson, Scheiber, Edwards, Thom, Zettl**

1. **Update on Manuscripts/Books:**
   a. There were two new Psych News columns from the Psychotherapy Committee approved and submitted.
   b. LGBT also has been asked to do an entire APA Focus CME 6-chapter issue on LGBT patients. The first manuscript is under review.
   c. So far this year 6 approved manuscripts have been published.
      1. Work and Organization was asked by *Psych Times* to do a series of 6 short pieces on disability; two have been published.
      2. Psychopathology Committee, two manuscripts: How the DSM is used in Clinical Psychiatry (*JNMD*) and The Opioid Epidemic (*Psych Services*).
      3. Neurosciences manuscripts: Wilder Penfield (*J. of Neuropsychiatry* and *Clinical Neurosciences*).
      4. Religion: Religion and Psychiatry in the age of Neuroscience (*JNMD*).
   d. Arts and Humanities was approved for a piece they did for *Psych Times*.
   e. The season of books continues thanks to Oxford and APPI Press. Andrea Knobloch, Senior editor of Oxford is interested in GAP producing as many book length (200-250 pages) books on New and emerging concepts and how they apply to clinical psychiatry.
      1. MHS: Cost and Quality in Psychiatry, all 24 chapters for APPI was completed in 2019 with the yeoman effort of the Publications Board members.
      2. The Prevention and Disasters (Oxford) have approved book proposals that are in process.
   f. Our GAP Blog website has lain mostly dormant with the exception of Arts and Humanities that completed the next in their wonderful video series on the Ancient Origins of Psychiatry ([https://youtu.be/u072SnfVMXU](https://youtu.be/u072SnfVMXU)). However Disasters is thinking of revitalizing their blogging.
   g. In 2019 the Publications Board reviewed the remaining 4 of 8 manuscripts for Psych and Law’s...
APA Focus issue and the first of the LGBT Focus issue; 24 Chapters of the MHS APPI book; a 6 part Psych Times series from Work and Organization as well as 13 other committee manuscripts.

h. Psych and Law proposed the development of an app for information on important legal issues for psychiatric residents and will work with Dr. Sasso and Drescher on developing this further.

i. Work and Organization is beginning a series of Podcast projects and will work with Drs. Drescher, Scheiber and a GAP member who is knowledgeable about this as to how to review and facilitate.

2. The following journals have invited submissions specifically from GAP. JNMD and Adolescent Psychiatry are considering substituting their own peer review process given the quality of our own internal Publication Board reviews which would speed the process of publication by up to six months for these approved manuscripts:


d. Journal of Gay and Lesbian Mental Health – Chris McIntosch

e. Adolescent Psychiatry – Lois Flaherty, editor

f. Community Mental Health Journal – Jackie Feldman, editor

3. The Arts and Humanities Committee has launched GAP’s experiment with a GAP twitter site and their own “artspsyhum” which at this point has few followers.

OPERATING COMMITTEES
Committee on Administration and Leadership

Members attending: Victor Buwalda, Brian Hepburn (via phone), Eindra Khin Khin, Farooq Mohyuddin, Jorge Petit, Sy Saeed, John Santopietro, Stuart Silver, and Tobias Wasser
Fellow attending: Giovanna Sobrinho
Guests attending: John Lauriello, Mark D’Agostino

• Current Projects

• International Survey on Psychiatric Administration and Leadership. We beta tested the survey at the GAP 2019 Spring meeting with about 80 responders. This was a paper survey circulated at breakfast at the last full GAP meeting. We are in the process of reviewing data from this paper survey. The survey instrument is now complete and ready for distribution through International Initiative for Mental Health Leadership (IIMHL). The survey will be distributed to 4000 people in MH leadership positions across nine countries. We are already on the agenda for IIMHL meeting in Washington DC in May 2020. The survey has been reviewed by GAP publication board and has been approved as IRB-exempt by St. Elizabeth.

• Symposium on New Developments in the Field of Administrative Psychiatry for the 2020 APA Annual Meeting has been accepted. Amongst other topics, this will include a presentation on the international survey.

• Follow-up on the Survey of Residency Training Directors. Survey is almost ready. We reviewed it again and will finalize it in the next few days. We’ll apply for an IRB exemption. We will contact AADPRT to send the survey out to the training directors. We also briefly discussed considering writing up our training programs’ websites’ review as a separate paper. This was a review of over 200 websites that yielded some interesting data.

• Training Manual/ Curriculum for Residents. Discussion around the model curriculum in administration
and leadership for residents. We discussed what content we may want to include in the curriculum. As an action step, we agreed to review milestones and identify what belongs in the area of administration and management.

- **GAP book “Seeking Value.”** A few members of our committee worked on three chapters for this book. Sy and Victor (with Nubia Lluberes) have submitted the final version of the chapter on Technology. This chapter has completed all reviews. Jorge has submitted the chapter on Effective Methods for Managing Care which has also completed all the reviews. The chapter on Psychosocial Therapies that Pam has been working on has been withdrawn.

- **APPI Textbook of Psychiatric Administration and Leadership.** Sy discussed the finalized Table of Contents and confirmed chapter authors and provided the background of the textbook and its history and described how authors were selected. All 24 chapters now have confirmed authors. About a third of the chapters have already been completed and the remainder are anticipated to be complete by January 2020. The chapters’ review process will start in January 2020.

- **Expanding membership of the committee.** This was John Lauriello’s second meeting as a guest of the committee. He expressed interest in joining GAP. The committee discussed his candidacy and voted to bring him back as a member. The committee also voted to invite Mark D’Agostino to our next meeting as a guest. We also discussed potential guests at the Spring 2020 meeting and decided to keep our current list but not to add to it in this meeting. For future meetings, we’ll consider adding more with diversity and minorities in mind.

- **Other business:** Sy described his interest in telepsychiatry and health technologies. He mentioned that GAP currently has 31 committees but there appears to be a noticeable absence of a committee that focuses on telepsychiatry, telemental health, health technologies, or e-behavioral health. He had discussed this at the GAP Board meeting, as well as at the GAP Steering Committee meeting and received positive feedback. There is an interest in creating such a committee. He plans to write a proposal and take it to the board at its Spring or Fall meeting. He intends to complete the current projects before considering moving on to the new committee. We discussed the succession plan for the Chair. Sy summarized the history of the committee, the areas of focus of our work, and the products produced so far. Our charter and a listing of our work products are also available on our committee’s web page at GAP’s website.

**Aging**

Present: Ellison, Kyomen, Lehmann, Roca

The Committee is working on two projects:

1. “The Vital Contribution of Geriatric Mental Health Expertise to Collaborative Care” reviewed by Psychiatric Services and being substantially revised.

2. “Raising the Bar on Geriatric Mental Health Competency Training”. This has been submitted to the Publications Board for review. It is intended for Psychiatric Times. It is targeted to practicing psychiatrists, psychiatric residents and training directors.

**Focus of Work Accomplished During the Meeting:**

We worked on responding to the Psychiatric Services reviewers regarding the first paper noted above. We are focusing the paper more sharply and articulating a more explicit call to action. We made a few additional revisions to the second paper and sent it to the Publications Board for commentary during the meeting. We continued our discussion of issues around ensuring the competence of the aging physician and are planning to create a special issue of the Journal of Geriatric Psychiatry and Neurology on this topic; the Journal is edited by a Committee member so this is essentially an invited submission. We envision 7 or 8 articles to be written by members of the
committee as well as by outside experts. Topics include: 1) demographics of the aging physician workforce; 2) a review of how the issue of the aging physician is approached in other countries; 3) the rationale for assessing the late career practitioner; 4) the problem with dementia among physicians; 5) how the malpractice industry; 7) the perils and pitfalls of assessment (the Stanford experience); 8) the development of a model policy for a health system; 9) legal and ethical aspects of age-associated assessment; 10) suggestions for reform (e.g., advantages of having a policy, preparing for retirement, supporting aging clinicians, workplace accommodations).

**Plans for Between Meeting Work:**
We will revise and resubmit manuscript 1. We await commentary from the Publications Board regarding manuscript 2. We will begin to assemble authors for the special issue of the *Journal of Geriatric Psychiatry and Neurology*.

**Focus for Next Meeting:**
We hope to have at least one guest and plan to use the meeting to work on the projects described above. Anyone interested in contributing to the issue to the issue on the aging physician is invited to contact me. Thanks in advance!

**Arts & Humanities**
Present: Dube, Fidler, Lustbader, Sasso, Snowdy, Weiss
Guest: Helena Winston
The Committee continued the work on a *Psychiatric Times* series on History of Psychiatry and Arts and Humanities. Ken Weiss has received publication board approval for a piece on Dr. Julius Wagner-Jauregg, the first psychiatrist to receive a Nobel prize. We plan to contribute to a monthly *Psych Times* series, describing events on the History of Psychiatry corresponding to the calendar month.

Project 2: The Committee continued to work on our History of Psychiatry series by continuing editing of the 20th Century interviews of GAP psychiatrists. We completed and made live our committee website: [www.artsgap.org](http://www.artsgap.org), which will host links to our videos and other committee publications.

**Child**
Present: Stubbe, Daily, Dowben, Jackson, Pfeffer, Pradhan, Shapiro, Schowalter
Fellow: Eunice Yuen
Guest: Julie Sadhu
The Committee completed a letter to the *New York Times*, “US Must Provide Mental Health Services to Families Separated at the Border” November 6 submitted.

The Committee has chose another topic, “Family Values and Current American Border Policies: Ethical and Developmental Perspective” to be completed by April 2020. This article will be targeted to practicing psychiatrists, psychiatric residents, training directors and psychologists to be submitted to *Journal of Trauma and Dissociation*, *JAACAP*, *Pediatrics*.

**Climate**
Present: Janet Lewis, Elizabeth Haase (remotely)
Guests: Alex Trope, Benson Ku, Trygve Dolber, 5th year resident, Emory University
Beth Marks, Jillan Cantor, Caroline Dumont
Work: The Committee is finalizing a paper on findings about suicide and climate that is to be submitted to the *JNMD* in about two weeks. The Committee has begun discussion of its next project, a pamphlet for pediatricians with tear-out sheets giving advice for management of climate distress in children of different ages. There was
also discussion of a card deck for climate informed conversations or emotional processing through a game.

The Committee met with Psychiatric Services Committee to discuss possible collaboration, with one idea discussed being a circular on climate-informed care that would educate people about what would need to be in place for a system to be ready.

**College Student**

**Present:** Kring, Notman, Keable, Ackerman, Stern, deFaria  

**Project Titles:** The College Student Committee is working on a series of articles describing the new frontiers in college mental health; as psychiatrists working in student health centers or counseling services on campus, we keep the pulse of the current cohort of students. We are aware of the latest social trends and clinical syndromes relevant to college students. We are hoping to publish a series of articles either in *Psychiatric Times, Psychiatric News of Current Psychiatric Reports.*

1. **College Students are not the Worried Well**  
   **Lead Author:** Ludmila deFaria  
   Anticipated date of completion: submitted to the GAP publication board, November 2019.

2. **How to Get Ready for the iGen**  
   **Lead Author:** Alexandra Ackerman  
   Worked on a draft of a paper on the cognitive and psychological effects of problematic social media use among today’s emerging adults; further edits are necessary before submission to the Steering Committee Review Panel and the members of the Publications Board  
   Anticipated date of completion: January 2020

3. **Here Today. Gone Tomorrow. Back Next Semester.**  
   Care Transitions for College students with Psychiatric Conditions.  
   **Lead author:** Bruhild Kring  
   The Committee members reviewed the outline and provided feedback; Draft of the paper is due in January 2020

4. **Gown and Town Partnerships: The Pros and Cons of Providing Mental Health Care on Campus vs. Community Settings**  
   **Lead author:** David Stern  
   Outline due in January 2020

The Committee would like to submit the manuscripts to *Psychiatric Times, Psychiatric News,* and *Current Psychiatric Reports.*

Focus of Work Accomplished during the meeting: the Committee discussed the complexities of contemporary issues pertaining to college students: diversity, pre-existing mental health issues, increase in the absolute number of students attending institutions of higher learning, problematic social media use.

**Consultation-Liaison Psychiatry**

**Present:** Viswanathan, Pinkhasov

**Project title:**

1. **Refusal of life-saving medical treatment due to suicidal motivation:** Ethical, legal and clinical considerations with the first draft in preparation.

2. **Assessment and Management of Suicidality in Medical-Surgical Inpatient Units and the Emergency Department** with the topic chosen.

These products will be targeted to psychiatrists, psychiatric residents, other physicians and ethicists, to be submitted to the *New England Journal of Medicine* or *Psychosomatics.*

**Focus of Work Accomplished During the Meeting:**

*Continued on pg. 7*
1. We looked at the data collected by surveying the audience during our GAP Committee sponsored workshop presentations at the Annual Meeting of the American Psychiatric Association in May 2018 and the Annual Meeting of the American Academy of Psychiatry and the Law in October 2018, which were both well received by the audience. We worked on sections of the manuscript.

2. We identified a practice and knowledge gap in our and many other hospitals, chose a related topic, and did some literature search.

**Plans for Between Meeting Work:**

1. Analyze the responses to an IRB approved survey collected from the audience in the two presentations, and include the results in the manuscript. Work on the manuscript through electron sharing and discussions via email.
2. Do literature search and develop the second manuscript.

**Focus for Next Meeting:**

Bring the first draft of the manuscript to near completion. Discuss the work done on the second project while continuing to work on the first project.

**Any ways in which members can be helpful?**

We have had Dr. Paul Appelbaum as a co-presenter in the two workshop presentations. He will be a co-author in the manuscript.

**Cultural Psychiatry**

Attendance: Roberto Lewis-Fernández, Francis Lu, Anne Becker, Pablo Farias, Emily Wu. By Phone: Brandon Kohrt, Ranna Parekh, Ana Gómez Carrillo, Laurence Kirmayer.

We worked on two projects:

1. A literature review on digital psychiatry and mental health treatment, focusing on the extent to which cultural issues are incorporated and service provided to underserved populations.
2. A cultural critique and curricular contribution to neuroscience training in psychiatry, especially the online training modules of the National Neuroscience Curriculum Initiative.

In both cases, we are discussing the projects, not yet started writing. Good moment for contributions from other groups.

Between the GAP meetings we will work by email and conference call.

**Gender and Mental Health**

Present: Mittal, Benders-Hadi, Robinson
Guest: Brown
Fellow: Nkechi Conteh
The Committee is in the final stage of publication of *Casebook on Postpartum Disorders* by Oxford University Press. The Committee met with the Media Committee to plan a podcast on postpartum depression which may be the beginning of a 6 episode series. We welcome Doctor Brown as a new member and will be inviting Doctor Wald from Duke University to the Spring Meeting.

**LGBT**

Present: McIntosh, McAfee, Tompkins, Ashley, Drescher, Byne, Lothwell, Mattson, Casoy, Hung, Ahola, Schwartz
Fellow: Matthew Fadus
Guests: Naomi Libby, Alhasan Ghazzawi, Ben Fey

*Continued on pg. 8*
The Committee is working on a *FOCUS* issue, 7 articles, 3 Ask the Experts and 3 Sex/Relationships; Child/Adolescents; Glossary to come subsequently. The anticipated date of completion is January 2020 and targeted to practicing psychiatrists.

**Focus of Work Accomplished During the Meeting:**

Completed response to external peer reviewers for 1st paper from Dear Abby project (previously reviewed by the Publications Board) will re-submit for likely acceptance by *JGLMH*.

Received report from subcommittee working on qualitative data coding of themes for 2nd paper from Dear Abby Project (full sample) and looked at integrating previous work on the Introduction/Lit review.


Reviewed work completed and still to be done on the *FOCUS* issue.

Considered status of online LGBT curriculum revisions (Pub Board has stated OK for committee alone to approve any revisions)

**Plans for Between Meeting Work:**

Final comments to Religion committee on their paper.

Compete FOCUS Issue deadline of January, and to be submitted by Jack D. to FOCUS for March 1st.

Receive yea/nay decision from *Psychology of Religion and Spirituality* about our letter of intent: If YES deadline May 20th – 1st deadline January 15th – Joanne/Hasan/Bill introduction; Results and Discussion – Hasan and Flavio; Format – Kenny; References – Naomi, And; If NO will work the same way, and consider a different journal.

GAP curriculum: Scot, Kenn and Ben or other residents to work with Laura et al, on integration, interface with Roy Harker about putting up on the AGLP website.

**Focus for Next Meeting:**

Revision to look at from Publications Board to Religion Paper (2nd paper)

Consider paper 3rd paper on the sample (possible liaison with Religion Committee)

Brainstorming about possible podcast or media project

Brainstorming about possible book project

**Mental Health Services**

Present: Sowers, Ranz, Lluberes, Sastry
Fellow: Janhhopaul-Naylor
Guest: Fage, Zinns

**Focus of Work Accomplished During the Meeting:**

In this meeting we discussed the wrap up of our book publication. We spend most of the time considering future topics the committee might take on. We had a joint meeting with the Climate Change Committee. Other topics considered included:

1. Working with peer professionals
2. Trans-professional relationships
3. Housing and Homelessness
4. Integrated Care

**Plans for Between Meeting Work:**

We will review these topics with absent members and form appropriate work groups. We will communicate with the Climate Committee to identify and approach to defining climate informed care and anticipatory trauma stress issues.

*Continued on pg. 9*
Military & Veterans Psychiatry

There has not been any news on our submission from the Washington Post so the submission has been updated and submitted to the Publications Board intended for the Stars and Stripes.

Doctor Kudler represented the APA at a December 12th Congressional Roundtable on the VA Mission Act led by Chair of the House Committee on Veterans Affairs Subcommittee on Health, Susan Brownley ((D-CA) and Representative Chris Pappas where he also spoke to the concern about the potential closure of the Uniformed Services University raised by our GAP Committee. APA has been advocating on behalf of USU as well.

Neuropsychiatry
Present: Lauterbach, MacGillivray, Schildkrout
Guest: Shreya Raj
Project title: W. Eugene Smith: Making Methylmercury Poisoning Visible to the World” was completed at this meeting and submitted to the Publications Board for a fast track review. This will be submitted to Journal of Neuropsychiatry and Clinical Neurosciences.
The Committee finished a manuscript that we have been working on since the last meeting. We discussed what our next project might be and came up with 10+ excellent ideas. There is a plan to have a conference call in about a month to continue our discussion of next projects. We will start one or two of these before the next meeting.

Planning Marketing & Communications
Present: John Looney, Jack Bonner, Seth Powsner, Uma Naidoo, Harvey Ruben (afternoon), Saul Levin, William Sledge.
Absent: Mary Barber, Harsh Trivedi.
After some discussion we decided by consensus to give the Dear Abby award to Meiram Bendat. Meiram, a consultant to the Psychotherapy Committee, is an attorney and psychotherapist from Los Angeles who was the lead attorney in the landmark Federal case that found the United Behavioral Health violated the parity law by refusing to pay for treatment, using “medical necessity” criteria, beyond acute stabilization of psychiatric symptoms and the resolution of an acute episode. He will not only talk about the case and legal strategies to improve insurance coverage and access to care, but also about his personal journey in the fight against discrimination against patients with mental illness and the professions that treat them.

The other nomination for the award was from the Climate Change Committee. We decided to invite the chair of that committee to come to our committee to discuss what they are working on that is specific to psychiatry.

We discussed with Uma Naidoo her proposal for a new committee on Nutrition and Life Style Psychiatry and hope that by the spring meeting we would have a proposal to bring to the Board with the names of prospective members form GAP and outside guests. The goal would be a first meeting in the fall of 2020.

We had a brief discussion about Virgil Stucker and his proposal to help fund raise for GAP. We will invite him to come to the spring meeting.

We met with Pat Stern of the William Josef Foundation about her interest in GAP, attending 5 or 6 meetings in the last 4 years. Most recently she has been meeting with the Research Committee. We discussed a variety of

Continued on pg. 10
future options for her and the foundation to support GAP, including: funding a fellow; becoming a “philanthropic fellow” and attending future meetings; being part of an Advisory Committee of outside supporters of GAP, funding specific products or projects of GAP. She also thought GAP could have a role in advising Foundations in their decision making around funding for mental health.

We met with Lois Flaherty to discuss her idea about an Advisory Committee to GAP and how it might be structured and implemented.

On referral from the Board, we discussed how we might survey the membership on issues GAP should have a focus on either through a current standing committee or a new committee. There are now 32 committees of GAP. One new committee, in addition to the Nutrition and Life Style Committee discussed above, is a Committee on Telepsychiatry and Technology. A new committee needs a champion and entrepreneur to make it happen. Sy Sayeed has indicated his interest in starting a Telepsychiatry Committee.

We discussed membership. We invited Lois Flaherty to join. We also hope Brad Stein and Moira Rynn would come as guests in the spring.

**Professionalism and Ethics**
Present: Gennaro, Hafter-Gray, Howe
By video: Candilis, Fallon, Nesheim, VanLoon
Fellow: Matthew Edwards
Activities during this meeting: Continuing discussion and revision of second draft of evaluating applicants for aid in dying: Ethical issues when the outcome of a course of action is neither ephemeral nor reversible. Target for completion: Spring 2020.
Status of projects:
• Reevaluating and Redefining Supervision: Challenges for 21st Century Psychiatrists: GAP Workshop was presented at APA Annual Meeting at 1000 on 20190521.
• Topics for future discussion
  • Conflict of Commitment: What is it and how does it differ from conflict of interest?
    This may be appropriate for a brief communication.
  • Is limiting psychotherapy options in public sector clinics ethical? Issues of justice in a single payer system.
  • Professional and ethical issues for whistleblowers.

**Psychiatry & Law**
Fellow: Mensah
The Committee is designing a pocket app (possibly with ebook component) to be used as a forensic psych handbook for trainees and junior psychiatrists with possible appeal to other mental health professionals, The Clinician’s Pocket Handbook of Law and Psychiatry. To be completed Spring 2021.

**Psychiatry and the Community**
Present: Minkoff, Feldman, Baker, Adams, Hackman, Parks, Flaum, Panzer, Dragatsi
Fellow: XinLin Chen
VIA Phone: Balfour, Leifman

*Continued. on pg. 11*
“Getting to the Ideal Behavioral Health Crisis System: Essential Elements, Measurable Standards, and Best Practices”. The Committee is revising the Executive Summary, Framing Document after receiving input from 15+ stakeholders, editing the entire submission for excessive wordiness, and considering considerable revision of references. As such, we thought it wasn’t fair to impose a manuscript still in such flux on the Publications Board yet. The submission is 156 pages long. During this meeting we went line by line looking through reviews by stakeholders (47 pages). Line by line review of the Executive Summary, consideration and creation of visuals to better explain the concepts we are communicating.

Plans for Between Meeting Work:
1. Respond to input from reviewers (all members)
2. Revision of Executive Summary
3. Considerable copyediting of entire documentation by editor member of committee
4. Discussions with potential publishers, consideration of strategies for distribution
5. Review of revisions
6. Mini-summit in February to complete tasks
7. Submission to Publications Committee

Psychiatry and The Media
Present: Carol Bernstein, Jack Drescher, Jeffrey Freedman, Peter Kramer, Lorenzo Norris, Gail Saltz
Guest: Nick Andrews
1. Discussion and suggested talking points for Gail’s meeting later in the day at Columbia School of Journalism with practicing journalists and journalism students. There was a focus on ethical responsibilities of the media to the public in reporting about mass shootings and suicide.
2. Peter has officially joined GAP. Discussion of possible new members: Jessi Gold, Lloyd Sederer, Susan Vaughan, Elisabeth Rosenthal (Gail will reach out), Sue Varma was suggested but perhaps when the committee is larger.
3. Consultation with Ashley VanDercar (GAP Fellow) and Barbara Long from Committee on Work and Organizations about creating a work-related podcast. Committee felt they were very early in the process of preparing to do podcasts.
4. Consultation with Michael Norko of the Committee on Religion on joint working product with LGBT Committee on “Faith Communities and the Well-Being of LGBT Youth.” Suggestions for how to promote this material by partnering with people who are members of the faith community and who are supportive of LGBT people. Jack sent Michael some contacts within the Orthodox Jewish and Christian Evangelical community. Jack also reached out to APA Medical Director Saul Levin, who was at the meeting, to see if APA could help the committees with organizing and disseminating their materials.
5. Consultation with four members of Committee on Gender who wish to promote their forthcoming book on postpartum psychiatric disorders. The consensus was that they were further along than the Work Committee and had to decide with whom they might do their podcast. Lorenzo will be in touch with the committee.
6. Lorenzo was asked to write up some guidelines for any committees interested in doing podcasts in the future to go into the circular letter, ideally in the next one.
7. The Committee discussed its role of publicizing things WITHIN GAP. It should be noted that following the meeting, the Committee on Psychiatry and the Law did use the GAP list-serv to notify everyone of their having won APA’s Guttmacher Award in Forensic Psychiatry for their recent book, Family Murders.
8. The Committee would like to invite Nick Andrews back as an Ittelson consultant. Perhaps he might do a “Podcast 101” talk in our committee’s meeting room on the Saturday morning of the GAP meeting when many committees do not meet. We should decide on this early to give interested members enough time to schedule it into their GAP time.

Continued. on pg. 12
9. Future offerings to GAP members might include a Saturday morning tutorial on using social media or even media training (Jack and Gail have been doing media training for the American Psychoanalytic Association.)
10. Lorenzo explained the issue of giving away copyrights if podcasters go with MDEdge. However, journal articles published by scholars are transferred to the publishers as well. Would MDEdge be willing to provide some financial support for GAP, perhaps endowing a Fellow or two? Should GAP formalize a relationship? Jack will discuss with Board of Directors at Spring

**Psychiatry & Religion**

Members Attending: Brian Fallon MD, Salman Majeed MD, Joseph Merlino MD, Jenifer Nields MD, Michael Norko MD, MAR (chair), James Phillips MD
Fellow Attending: [no fellow assigned to committee]
Guest Attending: David Saunders MD, PhD (attended Friday morning)

**Project Information**

1. **Religion and Psychiatry in the Age of Neuroscience**
   Project leader: Dr. Phillips
   Fast track: journal article
   Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
   Journal: in press with *Journal of Nervous and Mental Disease*
   Plans for between meeting work: review proofs

2. **Varieties of Religious (Non)Affiliation: A primer for mental health practitioners on the “Spiritual But Not Religious” and the “Nones”**
   Project Leader: Dr. Saunders
   Fast track: journal article
   Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
   Journals: in press with *Journal of Nervous and Mental Disease*
   Plans for between meeting work: review proofs

3. **“White Paper” on the importance of faith communities in efforts to reduce suicide and other negative mental health outcomes for LGBT youth**
   Project leader: Dr. Norko
   Fast track: Two forms will be pursued in succession – 1) publication for faith leaders/communities and lay audience; and 2) journal article for professional audiences
   Anticipated audience: Faith communities, lay public for guidebook; MHPs and other health care providers for journal article.
   Potential journals/outlets for the lay version: GAP website, APA Foundation Faith-Based Initiative website, APA website, LGBT religious organizations, others TBD
   Any ways in which the Publications Board might be helpful: not yet
   Work accomplished during meeting: Most recent draft discussed. Had consultation with Media Committee and discussion with Dr. Saul Levin of APA and APA Foundation. Discussed plan for “field testing” with select faith

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leaders.
Plans for between meeting work: Revise draft based on feedback from field testing. Submit to Publication Board for review. Follow up discussion with Dr. Levin re design production for final product and possibility of joint sponsorship by the APA Council on Minority Mental Health and Health Disparities, and APA Foundation. Dr. Norko to continue discussions with Spirituality, Religion, and Psychiatry Caucus of the APA for their endorsement.

4. “Living in Fear”
Project Leader: Dr. Majeed
Fast track: OpEd piece
Anticipated audience: general
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: reviewed new outline and approach for article; offered suggestions for further development; discussed potential approach to expanding topic to New Yorker or Atlantic article
Plans for between meeting work: Dr. Majeed to draft article; share draft with committee for feedback; plan to approve final draft for submission to Publication Board at April meeting.

5. Dear Abby Spiritual But Not Religious (SBNR) question
Project Leader: Dr. Saunders
Fast track: journal article
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: We discussed a research extension of the SBNR paper (#2 above), taking advantage of Jeanne Phillips’ (Dear Abby) offer to us at the April 2018 meeting to use her column as a vehicle for pursuing data collection. We are particularly interested in what it means to people to be SBNR, especially among those who also identify a religious affiliation.
Plans for between meeting work: Dr. Saunders and Dr. Fallon to develop draft Qualtrics survey questions, incorporating PHQ4, Sheehan Disability Scale, demographics, and queries about SBNR and religious affiliation. Dr. Norko to follow up with Dear Abby staff about their interest/willingness to proceed. Begin to draft IRB application.

6. Biographical Essays on mental health attributes of major religious figures
Project Leader: Dr. Phillips
Fast track: series of journal articles
Potential journals: TBD
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: no discussion at this meeting: Discussion of Dr. Phillips’ outline for article on St. Joan of Arc.
Plans for between meeting work: Dr. Phillips to circulate first draft of article to committee members prior to April meeting.

7. Analysis of outcome data from Weissman et al. longitudinal study of effects of religion/spiritualty on mental health
Project Leader: Dr. Fallon and Dr. Saunders

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8. Spiritual Care in Mental Health and Illness
Project Leader: Dr. Merlino
Fast track: curriculum developed; possible journal article following course
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals: *Psychiatric Times*
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: reviewed Dr. Merlino’s reviewed the course he taught at Union Theological Seminary in May. We discussed writing an article describing the development and teaching of the course.
Plans for between meeting work: Dr. Merlino to draft and circulate article to the group prior to the April meeting.

9. Religious Literacy in Psychiatric Education
Project Leader: Dr. Nields
Fast track: journal article for first phase; curriculum proposal in second phase
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals: TBD, most likely a psychotherapy/psychoanalytic journal for first phase
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: We discussed multiple converging reasons for addressing this topic in psychiatric education, as well as significant barriers such as the existing high demands on residents’ time and energy
Plans for between meeting work: Dr. Nields to develop ideas for the project for discussion at April meeting.

10. Religious Extremism
Project Leader: Dr. El-Gabalawi, with Dr. Majeed and Dr. Nields
Fast track: journal article
Anticipated audience: MHPs, educated people interested in culture, history, sociology, psychology
Potential journals: Mental Health, Religion & Culture; Aeon Journal of Myth and Science; others TBD
Any ways in which the Publications Board might be helpful: not yet
Work accomplished during meeting: Dr. El-Gabalawi was unable to be at the meeting; discussion tabled for next meeting.

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Plans for between meeting work: Dr. El-Gabalawi has received feedback on his first draft, and will continue to revise, then re-send to committee members; plan to finalize draft at April meeting.

11. Dear Abby narratives
Project Leader: The LGBT Committee
Work accomplished during meeting: Brief report from LGBT committee of the significant progress they have made on coding the qualitative data they acquired. Further discussion tabled until April meeting
Plans for between meeting work: none by our committee

Plans For Next Meeting:
1. Review publication status of Religion and Psychiatry in the Age of Neuroscience paper
2. Review publication status of Varieties of Religious (Non) Affiliation paper
3. Review feedback from Publication Board of LGBT mental health lay publication; review status of design/production work on document; review status of collaboration with Spirituality, Religion, and Psychiatry Caucus of the APA, the APA Council on Minority Mental Health and Health Disparities, and APA Foundation; discuss publicizing product via Psychiatric Times, Psychiatric News, and other mechanisms.
4. Approve draft of Dr. Majeed’s Living in Fear OpEd for submission to Publication Board
5. For Dear Abby Spiritual But Not Religious (SBNR) question: Finalize survey questions, plan for IRB approval and Dear Abby Publication
6. Review Dr. Phillips’ draft of Joan of Arc biographical essay
8. Review of Dr. Merlino’s draft article re teaching seminary course on Spiritual Care in Mental Health and Illness.
9. Discuss further development of Religious Literacy project.
10. Discuss Dr. El-Gabalawi’s next draft of Religious Extremism paper.
11. Further discussion with LGBT committee on Fowler Stages analysis of Dear Abby narratives.

Psychopathology
Present: Adler, Berlant, Dixon, Erlich, First, Goldman, Koh, Levine, Oslin, Siris
Guests: Mary Brunette
Project title: Self-Disclosure: Our Public Face in the New Era. This will be submitted to Psychiatric Services: Open Forum. The topic has been chosen with the outline written and to be completed at the next meeting.

Psychopharmacology
Members Attending: Alexander, Garakani, Gross, Pine, Sumner
Fellow Attending: Robyn Thom
Current Project: SSRI’s: How Much for How Long?

Work accomplished during the meeting: The committee continued to formulate the current project as a perspective piece highlighting the risks and benefits of long-term treatment with SSRI’s vs. discontinuation. Potential journals include Lancet Psychiatry and JNMD. We reviewed the sections submitted since the last meeting and revised the article outline.
Plan for between meeting work: Revise current text and assign sections per the revised outline with the goal to have sections submitted and an initial draft ready for editing at the next meeting.

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Psychotherapy
Present: Franklin, Gerber, Kennedy, Knoepfmacher, Lazar, Plakun, Unterberg, Welton, Yeomans
Guest: Blair Bunting
The Committee:
1. completed a letter to NYS OMH regarding the wording of new Clinical Review Criteria.
2. a monograph on supervision in psychiatry – we’re discussing with APPI
3. an article for Psychiatry News on the impact of the “Wit vs. UBH” case – Kennedy/Bendat – next couple of months
4. an article for Psychiatry News on The Role of Psychotherapy in Treating Addictions – Unterberg
5. an article on Psych Sign on psychotherapy – suggested to our Fellow, Ciff Arnold
These will be targeted to practicing psychiatrists, psychiatric residents, training directors and other mental health professionals. Doctor Kennedy will submit the monograph to APPI, Psychiatry News for the articles and Psych Sign for the Fellow’s article.

Research
Present: Copans, Keith, Rahmani, Swift, Kramer
Guests: Patricia Stern, Gordan Harper, Peter Kramer
Project: book on getting context back in psychiatry, “Getting Psychiatry Back in Place”. The target audience is psychiatrists, psychologists, psychiatric residents and will be submitted to Oxford University Press.
Focus of Work Between Meetings:
Discussion, consultation with Doctor Harper and Mrs. Stern.

Work & Organizations
Present: Brown, Long, Morrison, Sassano-Higgins
Guest: Christopher Flinton, Fara White
Projects:
1. Key Points for Psychiatric Disability Evaluations
This manuscript will provide information on conducting disability evaluations with the first draft in preparation, targeted to practicing psychiatrists and psychiatric residents to be submitted to Journal of Occupational and Environmental Medicine.
The Committee completed initial revisions of our manuscript regarding impairment evaluations performed by psychiatrists. This will be submitted to the Journal of Occupational and Environmental Medicine.
2. Podcasts on Work Psychiatry
Brief interviews with psychiatrists discussing workplace issues. This will be targeted to practicing psychiatrists and psychiatric residents to be submitted to Psychiatric Times.
The Committee met with the Media Committee to discuss our Fellow’s project of creating podcasts of interviews of psychiatrists discussing workplace issues. We spoke with MDEdge and Psychiatric Times. We have elected to work with Psychiatric Times.
We will be developing the written material for the podcasts and complete 1-2 podcast recordings.
3. A Companion to Psychiatric Dysfunction in the Workplace: Case Studies. This will be a companion to our first book with Oxford. This text will use case studies to examine workplace issues. This is anticipated to be complete June 2021, targeted to practicing psychiatrists and psychiatric residents to be submitted to Oxford University Press.
The Committee completed a table of contents for a book proposal discussing case studies in work psychiatry. This will be a companion text to our first book published with Oxford: Psychiatric Dysfunction in the Workplace.

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Announcements:
We are delighted to share the news that the Group for the Advancement of Psychiatry Committee on Psychiatry and the Law will be awarded the Manfred S. Guttmacher Award in recognition of the volume *Family Murder: Pathologies of Love and Hate*, at the 2020 annual meeting of the American Psychiatric Association in Philadelphia. The Manfred S. Guttmacher Award was established in 1975 to recognize an outstanding contribution to the literature of forensic psychiatry. The committee is quite honored (and excited) to be receiving this award. If GAP members have not yet had a chance to read our book *Family Murder: Pathologies of Love and Hate* which was published by APA Publishing, the book is available at [https://www.appi.org/Family_Murder](https://www.appi.org/Family_Murder).

Report from the Nominating Committee:
In April we will have an election for two new Board of Directors positions. The four nominees are:
Katherine Kennedy, MD  
Harold Kudler, MD  
Wesley E. Sowers, MD  
Frank Yeomans, MD  

In Memoriam
Dr. Leah Joan Dickstein, 85, former president of the American Medical Women’s Association (AMWA), Vice President of the American Psychiatric Association, and Founder and President of the Association of Women Psychiatrists (AWP) passed away on December 16, 2019 in Cambridge, MA.  

Born on August 17, 1934, in Brooklyn, NY, to William David Chernoble, an immigrant from Russia and printing press operator, and Sadye Rebecca Engelman, a teacher. She developed an early interest in mental health as she helped care for her mother who struggled with depression, and her younger sister Renee, during her father’s service in the Navy during World War II, which included almost three years without any communication. Leah graduated at 16 from Erasmus Hall High School.

At Brooklyn College, she was told she had no scientific ability and should not consider attending medical school. Instead, Leah earned MA in teaching. She married Herbert Dickstein, another Brooklyn native, in 1955, and helped him complete medical school in Ghent, Belgium, which he attended due to restrictive quotas on Jews in U.S. medical schools. When they returned to the U.S., Leah spent seven years as a sixth-grade teacher at PS 110 in Greenpoint, Brooklyn, NY and had her first son, Stuart.

It was then Herbert’s turn to help realize Leah’s dream of becoming a physician, as Leah completed premedical courses at Queens College, NY. Despite having four strikes against her, that of being Jewish, a woman, 32 years old, and having had a child, she was accepted at the University of Louisville School of Medicine. Leah graduated in 1970 as one of only six women in a class of over 120.

“Dr. D” as she became known to her patients and students then spent the next 37 years in Louisville as a Psychiatrist, Professor, and Administrator at the medical school, where she treated, mentored, and befriended thousands of medical students, medical residents, faculty, staff, and others. She served as Associate Dean of Faculty and Student Advocacy, Associate Dean for Student Affairs, and Director of the Division of Attitudinal and Behavioral Medicine and Arts in Medicine Program. Decades of medical school graduates will remember her as the Co-founder and Director of the Health Awareness Workshop, an innovative weeklong orientation event that sought to develop physician physical and mental health before it was en vogue. She had two more sons, Daniel and Steven.

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and the entire family helped in Dr. D’s nationally recognized program that taught generations of future physicians how to maintain their humanity during their careers. As a clinician, Dr. D was available day or night, giving out the family’s home number to all patients in an era when there were no cell phones.

Leah was a regional and national leader, including the above roles. She loved attending professional meetings nationally and worldwide, developing a large cadre of physician women leaders whom she helped break the “Lexan ceiling”—a term coined by her husband, Herbert, to describe the barriers that women faced which were even harder than glass. She also helped mentor men, too, as she felt that “men of good conscience”—were essential to stand up for what was right, regardless of if it was to advocate for women or for men.

A highlight of her travels was when she decided during the First International Conference on Women’s Health in Shanghai that those who were interested should be able to participate in a Passover Seder – which she led in a government office that she was told by her Chinese hosts was, at one time, a synagogue. For several decades beginning in the 1980s, she became a researcher of The Holocaust, which lead her to lecture, write, and conduct video interviews of survivors, both Jewish and Catholic, in the US, Europe, and Israel. In all of these professional adventures, her family was by her side, serving as cameramen or schleppers.

She served on many local Louisville boards, including Adath Jeshurun, JFVS, the JCRC Yom HaShoah Commemoration, U of L Hillel, U of L Medical School Alumni Association, St. Francis School, and Planned Parenthood. She was a member of the American, and Kentucky Medical Associations, Greater Louisville Medical Society, and Friends of the Kornhauser Library.

Survivors include her husband of 64 years, sons Stuart (Dr. Nancy Shapiro) of Cambridge, MA, Dr. Daniel (Dr. Elizabeth Jacobs) of Barrington, RI, and Dr. Steven (Dr. Elissa Nelson) of White Plains, NY, and adored grandchildren Zev, Gefen, Jacob, Yona, Maddie, and Hannah.
DATES OF FUTURE GAP MEETINGS

Renaissance Westchester Hotel • 80 West Red Oak Lane • White Plains, NY 10604 • 914-694-5400

2020
April 2-4
November 12-14

2021
April 15-17
November 11-13

2022
April 7-9
November 10-12

2023
April 20-22
November 9-11

2024
April 4-6
November 14-16

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