Another good meeting! I commented after our last meeting that we left with a very good feeling. Same this time. The meeting was very well attended. We got a lot done and had great collegiality. I continue to experience the days at GAP as a retreat, a temporary escape in a lovely setting. The political circus and even another episode of gun violence upset us less than what we might usually experience.

Transitions: We have lost two members: Past President Marcia Goin and Sherwyn Woods. Larry Gross discussed the loss of both with great sensitivity. William Sledge, Aaron Krasner and Alex Kopelowicz have moved to contributing. We had 19 committee guests and we invited 6 into membership. The Board welcomed Curtis Adams and Sy Saeed to their first Board meeting as elected members. We will vote on new officers at the next meeting. Our twelve GAP Fellows presented a very educational session on new internet technologies, as they finish their two years with us. With their talents, they should have productive careers as future leaders. We hope some will continue to contribute to GAP. Lastly, we negotiated a multiyear contract continuation with our capable Executive Director.

Productivity: Over the years GAP has contributed so much knowledge to the greater world. In the beginning there were just books, which we continue to produce. Yet we have added peer reviewed papers, oped pieces, newspaper columns and so on. At this last meeting we added live interviews of individual members’ areas of their expertise, the results of which will be used as pod casts. David Adler reviewed our publications since our last meeting and they were numerous. He especially noted the high productivity of two committees, Psychiatry and the Law and Psychotherapy, but many other committees contributed to our output.

Another measure of our productivity is in the area of fund raising. While there have been no major gifts since the last meeting, we now have full endowments for 5 committees. Our GAP Guardians were recognized for their critical support. Cal Sumner reviewed the overall gradual improvement in our reserves.

Friendship and Fun: We had a good time! Conversations at meals were animated, especially at the reception dinner. The Fellows presentation was fun. Seeing old friends and making new ones is one important reason we come to GAP. We will see each other again when the plants bud again.

John G. Looney, M.D., President

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ANNOUNCEMENTS:

a. The Board of Directors thank the GAP Guardians for their ongoing support:
   David Adler
   Jack Bonner
   Jack Drescher
   Marcia Goin
   Larry Gross
   Doug Kramer
   Steve Leifman
   Benjamin Liptzin
   John Looney
   Joseph Merlino
   Wistar Morris
   Silvio Onesti
   Anand Pandya
   Jeanne Phillips and Walter Harris
   Gail Robinson
   Harvey Ruben
   Stephen Scheiber
   Stephen Shanfield
   John Showalter
   Steven Sharfstein
   Patricia Stern
   Frederick Stoddard
   Joseph Westermeyer

b. Proposed Publishing with GAP And Oxford University Press:
   GAP and Oxford University Press (OUP) recently, successfully worked together to publish Psychiatry of Workplace Dysfunction. Other publishing projects are in various stages of development, and the desire is to grow the GAP-OUP publishing relationship further.

   OUP proposes to develop and publish a series of concise books (200 – 250 printed pages) with GAP committees and members that would discuss new and emerging concepts on various topics/areas and what they mean for clinical practice. These books could help disseminate the thought-leading work of GAP to psychiatrists in the US and around the world and would support GAP’s role as a think-tank for the field. Readers would benefit from having, in effect, a seminar on new concepts and how they might impact or be implemented in clinical practice. Projects could involve multiple committees or individuals representing one or more committees.

   Oxford University Press is a department of the University of Oxford and a not-for-profit global academic publisher. Its mission is to further the University’s objective of excellence in research, scholarship, and education by publishing worldwide.

   If you are interested in learning more or have other publishing ideas you wish to explore, please contact Andrea Knobloch.

   Andrea L. Knobloch, Senior Editor, Medicine,
   Oxford University Press, 212-726-6072 voice/andrea.knobloch@oup.com
IN MEMORIAM:

Edward Francis Foulks, MD, Ph.D.

by: Liz Kramer and Jim Boehnlein

Doctor Foulks was a long time member of the Committee on Cultural Psychiatry. Ed was born June 5, 1937 in Utica, Michigan and left us on Septembere 1, 2018 at the age of 81.

In 1986 Ed was appointed the Sellars Polchow Endowed Chair in Psychiatry and Neurology at Tulane University School of Medicine. While at Tulane he served as Associate Dean of Graduate Medical Education and as Associate Chief of Staff for Education and Chief of Psychiatry at the Veterans Administration in New Orleans. He remained active following his retirement, especially after Hurricane Katrina when he truly served as a community psychiatry evaluating and treating displaced people living in FEMA trailers.

Ed was Emeritus Professor of Psychiatry and Neurology at Tulane, and served as President of the Louisiana Psychiatric Medical Association and the Orleans Parish Medical Society, from which he received the Leadership Recognition Award. He was a Distinguished Life Fellow of the American Psychiatric Association, and he was the recipient of many additional awards, among them Membership in AOA, the National Honor Medical Society. He was active in the American College of Psychiatrists and the Benjamin Rush Society, and was the recipient of the NAMI exemplary Psychiatrists Award and numerous teaching awards in addition to the Life Achievement Award from SSPC.

Ed and Janice, his wife of 25 years, lived in the French Quarter of the New Orleans. They were both very active in their community and in their church. He was a friend to all. He loved the culture of New Orleans. His many extracurricular interests including growing orchids and other tropical plants, and travel.

ADMINISTRATIVE COMMITTEES:

PUBLICATIONS BOARD

Present: Drs. Adler, Dube, Erlich, McIntosh, Merlino, Nadelson, Notman, Robinson, Scheiber, Winston, Wrzosek

1. Update on former Reports:
   a. The Psychotherapy Committee has an established routine with our subcommittee: Tom Franklin, Jack Drescher and Lois Flaherty who have reviewed and the Board has approved 3 Psychiatric News columns on Psychotherapy.
   b. The Cultural Committee had its GAP Case Consult for APA news reviewed and approved for submission.
   c. Psych and Law has been asked to do an entire APA Focus CME issue for 2019. The first four articles, “Trends in Confidentiality and Disclosure,” two on “Malpractice” and one on ethics were reviewed and approved.
   d. The Adolescence Committee manuscript on “Mothers and Children” received feedback, was reviewed and approved.
   e. The season of books continues thanks to Oxford and APPI Press. Andrea Knobloch, Senior editor of Oxford was at the meeting and met with several committees. Oxford is interested in GAP producing as many book length (200-250 pages) books on New and emerging concepts and how they apply to clinical psychiatry.
      1. Work and Organizations old manuscript was accepted for publication by Oxford.
      2. Psych and Law’s book is From Clinic to Courtroom is coming out Winter 2018.
3. Psych and Law’s second book on Family Murder was published by Oxford at the time of this GAP meeting.
4. The Gender and Mental Health Committee first case book to Oxford University Press is in discussion with Oxford as to how to proceed. Further case books are planned.
5. The Prevention, Disasters (Oxford) and MH (APPI) Committees all have approved book proposals that are progressing.
f. As part of advertising for Psych and Laws book two Psychiatric Times columns by the Committee were reviewed and approved for submission.
g. Our GAP Blog website has lain mostly dormant with the exception of Arts and Humanities that completed the next in their wonderful video series on the Ancient Origins of Psychiatry (https://youtu.be/u072SnfVMXU). In addition they have an article coming out in Psychiatric Times.
h. One of our newest committee’s Military had its first manuscript, “Children of warriors” reviewed and approved for submission.
i. The Research Committee’s manuscript on healthcare reform received feedback and we are awaiting revisions.
j. Two Op Ed pieces were approved and reviewed during the meeting: Professionalism and Ethics a brief letter to the editor of the New Yorker and from the Child Committee “Has America Abandoned Family Values at the Border.
k. The two new editors of Psychiatric Times Laurie Martin and Natalie Timoshen were at the meeting and met with a number of committees to encourage our continued working GAP column at Psychiatric Times.

2. The following journals have invited submissions specifically from GAP:
b. The Journal of Psychiatric Administration and Management (JPAM) – Sy Atezaz Saeed, editor.
e. Journal of Gay and Lesbian Mental Health – Chris McIntosch
f. Adolescent Psychiatry – Lois Flaherty, editor
g. Community Mental Health Journal – Jackie Feldman, editor

3. The Arts and Humanities Committee has launched GAP’s experiment with a GAP twitter site and their own “artspsyhum” which at this point has few followers.

OPERATING COMMITTEE REPORTS:

Addictions:
Present: Collins, Labins, Sullivan
Guest: Ashwin Patkar, MD
The Committee is working on an article “Treatment in Opioid Use Disorders”. This will be targeted to psychiatrists, psychiatric residents, training directors, psychologists, and the general public.

Adolescence:
Present: Becker, Flaherty (by telephone), Harper, Wittenberg
Guests: Crookall and Vianna (both by telephone)
Current projects and progress:
1. “Teen Mothers” paper – The group chose a target journal, and made a plan for submission.
2. “Teen Mothers” book – The group updated the book outline, reviewed chapter assignments, and discussed
a plan for completing the work.

Between Meeting Work:
Dan will prepare the manuscript for final distribution to committee members and submission. Lois will distribute an updated outline for the book, indicating which members are responsible for each chapter. Members will complete drafts of their assigned chapters by mid-December. We plan a conference call in mid-December to review progress on the book.

Focus of Work for the Next Meeting:
The next meeting will focus mainly on the book.

Arts and Humanities:
Present: Dube, Fidler, Lustbader, Sasso, Snowdy, Tamerin, Weiss

The Committee continues to work on History of Psychiatry video series that is ongoing. This video will be targeted at psychiatrists, psychiatric residents, training directors, psychologists, all mental health providers, and the general public.

Focus of Work Accomplished During the Meeting:
Work continues on our History of Psychiatry Video Series. Currently, the 19th Century Video (https://youtu.be/TFoJ0b4v3hY) and the new Ancient Origins video (https://youtu.be/u072SnfVMXU) have been live on our committee YouTube channel and have received a total of over 2000 views. During this meeting, we began work on short promotional trailers for both videos. We plan to post these videos within the coming months. A piece by committee member Ken Weiss about the Ancient Origins of Psychiatry was published online and in print in Psychiatric Times.

Plans for Between Meeting Work:
Complete trailers for first two videos. Continue work on Contemporary Psychiatry video.

The second project is a Psychiatry, Arts and Humanities twitter feed will be developed by the next meeting. This will be targeted at psychiatrists, psychiatric residents, training directors, psychologists, and the general public.

Focus of Work Accomplished During the Meeting:
We will continue our efforts to establish a social media presence for our committee and GAP as an organization. We encourage GAP members who are on twitter to follow both feeds. GAP twitter feed is: @thinkpsychiatry and the Arts and Humanities twitter feed is: @artPSYhum

The Committee is working on the Psychiatric Times blog series. This should be complete by the Spring Meeting.

Consultation-Liaison Psychiatry:
Present: Viswanathan, Pinhasov

The Committee is working on a fast track article, “Refusal of life-saving medical treatment due to suicidal motivation: Ethical, legal and clinical issues.” This will be completed by April 2018 targeted to psychiatrists, psychiatric residents, other physicians and ethicists. To be submitted to the New England Journal of Medicine or Psychosomatics.

Focus of Work Accomplished During the Meeting:
We discussed the workshop presentations that we gave on this work at the Annual Meeting of the American Psychiatric Association in May 2018 and the Annual Meeting and the Annual Meeting of the American Academy

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of Psychiatry and the Law in October 2018, which were both well received by the audience. We prepared an outline of a manuscript based on these presentations, an abstract and introduction. We wrote down key points to be discussed in the manuscript.

Plans for between meeting work: Analyze the responses to an IRB-approved survey collected from the audience in the two presentations, and include the results in the manuscript. Work on the manuscript through electronic sharing and discussions via email.

Focus for Next Meeting: Finish the first draft of the manuscript and submit it to the GAP Publications Board.

Ways members can be helpful? We have had Doctor Paul Applebaum as a co-presenter in the two workshop presentations. He will be a co-author in the manuscript.

**Cultural:**

Present: Becker, Lu, Farias, Lewis-Fernandez  
VIA Phone: Ladson Hinton, Weiss, Primm, Kopelowicz  
Fellow: Emily Wu

The Committee is working on an intermediate length manuscript, Best Practices in Cultural Psychiatry “Cultural Assessment and Treatment”. This project will be targeted at practicing psychiatrists, residents, training directors, psychologists. The Committee is also working on a journal length article. Discussing topic, Culture Neuroscience Training in Psychiatric Residency.

This project will be targeted at practicing psychiatrists, residents, training directors, psychologists. The first document would be targeted as an APA document and not sure about the submission of the second manuscript.

Focus of work accomplished during the meeting: For the first project the topic was discussed and ways in which the APA could become involved. The practicality of the APA – GAP relationships was reviewed. For the second topic, collaboration with McGill group working on this and the possibility of having an Ittleson Consultant. 

Between the meetings, a 1 page description will be developed for the first project and an Ittleson Consultant will be requested for the second project.

**Gender and Mental Health:**

Present: Robinson, Nadelson, Mittal, Benders-Hadi.

The Committee has completed an intermediate length, Case Book on Postpartum Disorders. This will be targeted to psychiatrists, psychiatric residents, psychologists, nurses, and family practitioners.

**Medical Education:**

Present: Bernstein, Cohen, Penzner, Scheiber, Vestal, Wroszek

The Committee is working on a journal length article that has been circulated to the Steering Committee Review Panel and Publications Board for review within 30 days. This will be targeted to practicing psychiatrists, psychiatric residents, and training directors. This will be submitted to *Journal of Graduate Medical Education*, and if not accepted, to *Academic Psychiatry*. The Committee had a lively and stimulating committee discussion.

We spent the bulk of the meeting working to continue to refine our manuscript focused on screening for distress in medical trainees. Areas that we identified for further improvement included clarifying and strengthening the main take-home points, simplifying the language, shortening the manuscript significantly, imposing more clear structure on the manuscript, and updating the lit search. We also discussed potential ideas for our next project, given that the current manuscript is moving into final stages. Suggested topics for consideration included: 1) a comparison of comprehensive resident wellness plans that are trainee-generated versus trainee-generated, 2) an...
analysis of the unique barriers that psychiatric residents face when seeking mental health treatment, specifically related to the fact that they may be discouraged or outright prohibited from seeking care from faculty within their own department. We discussed the possibility of conducting a survey of program directors. Between meetings, the Committee will integrate manuscript edits within the month following the meeting, submit to publication board, revise, then submit to JGME.

**Planning Marketing & Communications:**
Present: Bonner, Looney, Powsner, Ruben, Sharfstein

Dear Abby Award: There were 2 nominations from Committees for the Dear Abby award for the Spring GAP meeting in 2019. The committee discussed these and selected David Kaczynski, brother of Ted Kaczynski aka the Unabomber, for the award. Mr Kaczynski is the author of a memoir that discusses his brother’s mental illness and the impact on his family and has lectured widely on this and related topics. He was nominated by Aliya Saeed, Chair of the Terrorism and Political Violence Committee. He has agreed to the invitation.

Strategic Planning Follow Up: The notes from the April 2016 Strategic Planning day were reviewed. Attended by the committee chairs and the board of directors many of the recommendations were implemented that both preserved the essential character and structure of GAP and put the organization on a stable and sustainable financial footing by raising the dues and instituting a registration fee for the meeting. In addition, the size of the GAP Fellowship was reduced from 16 to 12 in order to cut expenses. At the Steering Committee the chairs were notified that a request for follow up will be sent to them which will then be reviewed by the PCM committee.

Digitalization and GAP: As the GAP Fellows were presenting on the digital age and the use of technology and video games in psychiatry, we invited a fellow to talk with us to help “get GAP out there” in psychiatry and the wider universe. Blogs, podcasts, tweets, “snippets” of information are as, if not more important, than articles and books if GAP was to have a wider impact. A bigger presence at the APA Annual Meeting, perhaps with a reception was also recommended. We then reviewed and critiqued the GAP website with Frances which is much improved but needs more content provided by the committees.

New Product for GAP: David Baron came to the committee to discuss an idea that might expand GAP’s portfolio of products of reports, books, articles etc. to a consultation role for curricula, guidelines, white papers generated by outside entities looking for a “seal of approval” from a prestigious body. Working with a small ad hoc subcommittee, Dr. Baron will come back with a concept paper and the outline of a business plan at the April meeting.

**Psychiatry and the Community:**
Present: Feldman, Minkoff, Hackman, Dragatsi, Leifman, Santopietro, Adams
Fellow: Sarah Baker
Guest: Joseph Parks, MD

The Committee is working on “The Ideal Mental Health Crisis Response System” to be completed November 2019 to be targeted at policy makers and funders, legislatures, and judiciary. The Committee will be trying to seek monies or publication of monograph.

Focus of Work Accomplished During the Meeting:
Reviewing all materials from everyone’s revisions, assigning tasks for further revisions.
Plans for between meeting work: revision assignments made, due this month. Co-chairs will meet in Arizona in February for further revisions, distillation of revisions to have second draft complete in time for review prior to

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April meeting.
Focus for next meeting: review of 2nd draft, review need for further revisions.

Psychiatry & Law:
Present: Ash, Frierson, Hatters-Friedman, Giorgi-Guarnieri, Resnick
Guests: Elizabeth Ford, Dave Cash and Donna Vanderpool

The Committee is working on a journal article for FOCUS on issues of psychiatric liability. This will be completed by May 2019. This will be targeted to practicing psychiatrists, psychiatric residents, and training directors.

The Committee reviewed the drafts, discussed marketing of books recently completed, and discussed possible next projects.

Plans for between meeting work: complete writing of current project.
Focus for next meeting: plan next project, complete current project.

Psychiatry and Religion:
Members: Brian Fallon, MD, Fayez El-Gabalawi, MD, Salman Majeed, MD, Joseph Merlino, MD, Michael Norko, MD, MAR (chair), James Phillips, MD
Fellow: David Saunders, MD, PhD
Other Participants: Natalie Timoshin and Laurie Martin from Psychiatric Times; Ramaswamy Viswanathan, MD; Christopher McIntosh, MD and Flávio Casoy, MD from the LGBT Committee

Project Information:
1. Religion and Psychiatry in the Age of Neuroscience
   Project leader: Dr. Phillips
Fast track: journal article
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals: Journal for the Scientific Study of Religion; Psychology of Religion and spirituality; Mental Health, Religion & Culture; Journal of Religion & Health; Psychiatric Quarterly; Journal of Nervous and Mental Disease
Any ways in which the Publications Board might be helpful: We have selected appropriate journals to consider that will accept a paper of this size (approximately 5100 words). We look forward to the Board’s feedback.

2. Varieties of Religious (Non)Affiliation: A primer for mental health practitioners on the “Spiritual But Not Religious” and the “Nones”
   Project Leader: Dr. Saunders
Fast track: journal article
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals/publisher: JNMD; Mental Health, Religion & Culture; Journal for the Scientific Study of Religion Journal of Religion & Health; Psychiatric Quarterly; Psychology of Religion and Spirituality
Any ways in which the Publications Board might be helpful: We plan to submit final draft to Publication Board in time to review their feedback at the April meeting

3. Religious Extremism
   Project Leader: Dr. El-Gabalawi, with Dr. Majeed and Dr. Nields
Fast track: journal article

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Anticipated audience: MHPs, educated people interested in culture, history, sociology, psychology
Potential journals: Mental Health, Religion & Culture; Aeon Journal of Myth and Science; others TBD
Any ways in which the Publications Board might be helpful: not now

4. “Living in Fear”
Project Leader: Dr. Majeed
Fast track: OpEd piece
Anticipated audience: general
Any ways in which the Publications Board might be helpful: not now

5. “White Paper” on the importance of faith communities in efforts to reduce suicide and other negative mental health outcomes for LGBT youth
Project leader: Dr. Norko
Fast track: Two forms will be pursued in succession – 1) publication for faith leaders/communities and lay audience; and 2) journal article for professional audiences
Anticipated audience: Faith communities, lay public for guidebook; MHPs and other health care providers for journal article.
Potential journals/outlets: for the lay version, GAP website, APA Foundation, APA website, LGBT religious organizations, others TBD; for the professional version, JNMD, Mental Health, Religion & Culture; Journal of Religion and Health
Any ways in which the Publications Board might be helpful: We may wish to discuss the potential collaborations between GAP, the APA Foundation, and the APA Caucus on Religion and Spirituality to become aware of both opportunities and challenges from the Board’s perspective

6. Dear Abby narratives
Project Leader: The LGBT Committee
Qualitative analysis of Dear Abby letter data underway. We have previously provided recommendations for using Fowler’s Stages of Faith in their analysis. We met with LGBT Committee again to review the progress on this project. We anticipate further collaboration with the LGBT Committee to develop coding of qualitative data along dimensions of Fowler Stages of Faith and Stages in Coming Out (Cass Identity Model), and the interactions of faith communities and development of gender identity and sexual orientation.

7. Evangelicalism and the Politicization of Christianity
Project leader: Dr. Merlino
Publication plan not yet determined, project in preliminary development.

8. Analysis of outcome data from Weissman et al. longitudinal study of effects of religion/spirituality on mental health
Project Leader: Dr. Fallon and Dr. Saunders
Fast track: journal article
Anticipated audience: practicing psychiatrists, psychiatry residents, training directors, psychologists & other MHPs
Potential journals: Am J Psychiatry, JNMD, Br J Psychiatry
Any ways in which the Publications Board might be helpful: not now

9. Biographical Essays on mental health attributes of major religious figures
Project Leader: Dr. Phillips
Fast track: series of journal articles
Potential journals: not yet discussed
Any ways in which the Publications Board might be helpful: not now

10. Religious Literacy in Psychiatric Education

Continued. on pg. 10
Project Leader: Dr. Nields

We reviewed a newly elaborated outline/notes and discussed possible ways to proceed with this work.

Fast track: journal article for first phase; curriculum proposal in second phase

Potential journals: TBD, most likely a psychotherapy/psychoanalytic journal for first phase

Any ways in which the Publications Board might be helpful: not now

Work Accomplished During The Meeting:

Projects:

1. We reviewed the final draft of the paper on religion and spirituality in the age of neuroscience; agreed on further amendments to be made.

2. We reviewed a revised draft of a manuscript on the growth of the population of individuals identifying as spiritual but not religious (SBNR) and as having no religious affiliation (the “Nones”), and the implications of these trends for mental health practice and research. We agreed on directions for re-structuring the paper.

We also discussed a research extension of the SBNR project, taking advantage of Jeanne Phillips’ (Dear Abby) offer to us at the April 2018 meeting to use her column as a vehicle for pursuing data collection. Given the paucity of available literature/data on the mental health of the SNBR population, we are considering how to pose a question to Dear Abby readers that will provide us with useful data.

1. We discussed Dr. El-Gabalawi’s approach to the first draft of the Religious Extremism paper.

2. We reviewed a first draft of Dr. Majeed’s Living in Fear article and offered suggestions for amendment.

3. We discussed the possible directions to take on the white paper on faith and LGBT mental health outcomes. We reviewed results of Caitlin Ryan’s latest article demonstrating negative mental health effects of parental “conversion therapy” behaviors and a discussion between her and Dr. Norko about our common efforts. In a joint session with the LGBT Committee (which has contributed revised text of the epidemiology section for the paper), we reviewed plans for moving forward along two lines: a publication directed to lay audiences and clergy/chaplains; and an article for a professional mental health journal. We decided to pursue the lay publication first.

4. We met with the LGBT Committee again to discuss the Dear Abby Narratives project development. We have previously provided recommendations for using Fowler’s Stages of Faith in their analysis. We anticipate further collaboration with the LGBT Committee to develop coding of qualitative data along dimensions of Fowler Stages of Faith and Stages in Coming Out (Cass Identity Model), and the interactions of faith communities and development of gender identity and sexual orientation. Dr. Fallon studied with James Fowler, and he and Dr. Nields will lead our committee’s contribution to the utilization of the Fowler model in this work.

5. Dr. Merlino presented his interest in pursuing work on Evangelicalism and the Politicization of Christianity. We discussed the need to approach this topic from a non-judgmental perspective and to determine the goal(s) of the project.

6. We reviewed the questionnaire utilized in the Weissman Templeton Foundation Grant study on mental health outcomes related to religion/spirituality and renewed our interest in pursuing analysis of the data.

7. Biographical essay project noted as an item for future work.

8. Religious literacy project noted as an item for future work.

Other: Dr. Rama Rao Gogineni advised Dr. Norko that he has colleagues at his institution who are interested in writing about faith, religion and minority mental health. We discussed this idea in our committee and with the LGBT committee. Both are interested in further pursuing this offer. This would tie in well, for example, with Dr. Majeed’s “Living in Fear” OpEd and our joint efforts with the LGBT committee on sexual minority mental health outcomes.

Plans For Between Meeting Work

1. Neuroscience paper: Dr. Phillips to make final amendments, and then submit to Publications Board in next

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month or so. We will review feedback from Board via email; plan to submit to a journal prior to April meeting.

2. SBNR paper: Dr. Saunders to produce next draft by Dec 31; committee members to reply with comments/suggestions by Jan 31. Hope to submit to Editorial Board by March 1 if extensive revision not suggested. Will plan to review Editorial Board feedback at April meeting. **SBNR research extension:** Dr. Norko to contact Jeanne Phillips (Dear Abby) about pursuing a question about SBNR mental health through her column. We will attempt to devise, in collaboration with her staff, a clear question that may be posed that will give us useful narrative data to analyze. Once the question is set, we will seek IRB approval for the study.

3. Religious Extremism paper: Committee members will review the draft following the meeting and return suggestions to Dr. El-Gabalawi by Dec 31. Subsequent draft will be discussed/reviewed via email correspondence in early 2019. If possible, will attempt to submit to Board prior to April meeting. Otherwise, will plan to review final draft at April meeting.

4. Living in Fear OpEd: Dr. Majeed will add FBI data demonstrating dramatic rise in anti-Semitic and anti-Muslim hate crimes and recent tragedies, and the negative public health consequences of fear and hatred. Dr. Majeed will circulate next draft to committee members by Dec 31 for our further review/discussion and feedback to him by email by Jan 31. If further revision can be approved via email, will submit to Editorial Board to have feedback to review at April meeting.

5. Faith and LGBT mental health outcomes publication: Dr. Norko will begin constructing a guide on this topic akin to the Mental Health Guide for Faith Leaders distributed by the APA Foundation in 2016 (available on the APA website). He will circulate to members of both the Religion Committee and the LGBT Committee a draft of several components of this for review and comment, to assess whether this plan is meritorious. We will decide via email whether to continue in this direction, or to revise the plan. Dr. Norko will also discuss the potential for involving the APA Foundation in distributing the product with the Executive Committee of the Religion and Spirituality Caucus of the APA at the next monthly conference call in December.

6. Dear Abby narratives: Dr. Norko to consult with colleagues at Yale who do extensive qualitative research around methodological questions encountered by the LGBT Committee in analyzing their narrative data. Drs. Norko and Saunders to investigate acquiring NVivo software through our institution to facilitate our collaboration with the LGBT Committee, which is using this software in their analysis. We may be able, for example, to further the Fowler Stages analysis of the de-identified data set.

7. Evangelicalism: Dr. Merlino to conduct research on the topic and consider mental health implications that might be explored.

8. Mental health outcomes related to religion/spirituality: Dr. Fallon to arrange meeting with Dr. Weissman, her associates, Dr. Saunders and himself to discuss our participation in the analysis and publication of the mental health data.

**Other:** Dr. Norko to contact Dr. Gogineni to further explore collaboration among his colleagues, the Religion Committee, and the LGBT Committee on faith, religion and minority mental health. Dr. Norko will share outcome of that contact with both committees.

Plans For Next Meeting
1. Update on progress of Neuroscience paper
2. Review feedback from Editorial Board on SBNR paper, or review draft for submission to Board; plan revisions accordingly.
3. Review draft of Religious Extremism paper for submission to Board; plan revisions accordingly. Or, if project has progressed faster, review feedback from Editorial Board.
4. Review Living in Fear OpEd – either Editorial Board feedback or final draft for submission to Board; plan revisions accordingly.
5. Review progress on LGBT mental health lay publication: merit and revisions of draft; collaboration with APA Foundation; publicizing product via Psychiatric Times and/or Psychiatric News and other mechanisms.

Continued. on pg. 12
6. Further collaboration LGBT committee on Fowler Stages analysis of Dear Abby narratives.
7. Review of Dr. Merlino’s research on Evangelicalism and discussion of directions the project may take.
8. Review of meeting with Dr. Weissman’s team and potential for participation in the religion/spirituality and mental health outcome research analysis and publication.
9. Discuss moving forward with Biographical Essay project.
10. Discuss moving forward with Religious Literacy project.
Other: Discuss potential for collaboration with Dr. Gogineni’s colleagues.

**Psychopathology:**
Present: Adler, Berlant, Dixon, Erlich, First, Goldman, Levine, Oslin, Siris
Guests: Mary Brunette, Kelly Irwin, Helena Winston

The Committee is working on a journal article, “Use of the DSM by Clinicians.” The article has been submitted to the Publications Board.

The second journal article, “The Opioid Epidemic and Psychiatry: The Time for Action is Now.” The anticipated date of completion is January 2019 with the first draft is completed. The Committee’s DSM survey manuscript has been submitted to the Publications Board for review and our new topic on Psychiatry and the Opioid Crisis is in process for rapid submission. Great time for a new fellow who will be able to participate from beginning to end of a new topic.

**Psychotherapy:**
Present: Kennedy, Knoepflmacher, Lazar, Melman, Plakun, Unterberg, Welton, Yeomans
On line: Caligor, Clemens
Fellow: Katherine Pier
Guest: Meiram Bendat, JD

The Committee is planning a series of columns on “Bias in Psychiatry”.
1. Past psychoanalytic hegemony
2. Recent biomedical hegemony
3. Bias against psychosocial treatments
4. Bias against a greater focus on the impact of personality pathology
5. Bias against psychotherapy in the treatment of substance abuse disorders

**Psychopharmacology:**
Present: Baron, Garakani, Gross, Pine, Slaby, Sumner
Fellow: Gopalkumar Rakesh

The Committee worked on finishing our manuscript on genomic testing in psychiatry. After Publication Board approval of the final paper, we are planning to submit to Lancet Psychiatry, the journal that published our last paper on Concussion.

The Committee discussed expanding the size of the current group, and all agreed to invite our Fellow over the past 2 years to join. In the Spring meeting we will determine our next project.

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professionals, and the general public. This publication will be submitted to a major newspaper.

Project 2: the series of articles on bias in psychiatry described above – topic chosen. A series of dates will be developed on the different articles. This will be targeted to psychiatrists, psychiatric residents, mental health professionals, training directors, and psychologists. This will be submitted to *Psychiatric News*.

Focus of work accomplished during the meeting: Our focus was on the need for adequate psychotherapy training in psychiatry. In discussing this topic, we decided to write the above-listed articles dealing with certain prejudices in the field that we think impede a proper emphasis on psychotherapy in training. On another topic, Drew Clemens spoke of retiring from the committee. He has agreed to stay on for one more, but he may retire after that (he’s retiring in general). We are discussing inviting a new member to the committee.

The Committee will have an on-line meeting in January.

**Work & Organizations:**

Present: Brown, Long, Morrison, Sassano-Higgins
Fellow: Christopher Flinton

The Committee is working on a series on disability with the first draft in preparation. This will be targeted at psychiatrists, psychiatric residents, training directors, psychologists and the general public.

Focus of work accomplished during the meeting: the Committee will work to structure the series and *Psychiatric Times* wants this article.

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**DATES OF FUTURE GAP MEETINGS**

Renaissance Westchester Hotel • 80 West Red Oak Lane • White Plains, NY 10604 • 914-694-5400

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