



Group for the Advancement of Psychiatry

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CIRCULAR LETTER #612 POST-MEETING FALL DECEMBER 2009

The New Year is upon us and it seems appropriate to reflect back and look forward to 2010. Like the rest of the world, 2009 was a challenging one for GAP financially, but we survived! A number of factors helped us get through it which warrant acknowledgement. First, thanks to all our members who did not request travel reimbursement to attend the meeting. It is an added financial burden to come to New York from out of the great metro area and the Board and I are very appreciative of your generosity. We give special thanks to Mike Skoien and Shire Pharmaceuticals for a grant to support the GAP Fellowship and to the Cotswold Foundation for an unrestricted grant. The Finance Committee will discuss the most effective use of this gift at the Spring Meeting from the Cotswold Foundation and hope they will attend the Spring Meeting. These three activities allowed us to right our financial ship for 2009 and 2010 and maintain an appropriate reserve fund moving forward. As Steve said in his Treasurer's report, "We are moving back from the cliff" and have a sound financial plan for our immediate future. Running a fiscally responsible, might I say lean and mean, organization has served us all well – thanks Frances! A point of clarification is warranted. A member approached me after the announcement of the Shire gift was made at our Fall meeting. The member was very upset and expressed concern that we had acted immorally by accepting the gift and were not in compliance with APA standards on conflict of interest. I appreciate the concern over GAP's reputation, but want to clarify the point. There is no conflict of interest. GAP does not conduct research with Shire, we offer (nor were requested) a presence at our meeting, and we do not write treatment guidelines which might be perceived as biased. Shire has asked for nothing in return for their gift to help support our Fellowship program. We have an existing policy of accepting similar donations from Dear Abby and other philanthropic organizations. I have discussed this matter with colleagues on the APA Ethic's Committee who agree with our position. We also make full disclosure of our financial matters. The entire conflict of interest topic seems worthy of a GAP paper or op-ed piece, given its ongoing political valence. Despite our delicate financial balance, GAP is not for sale and will remain an independent psychiatric think tank. This is my New Years resolution as your president.



Since our meeting, there has been a flurry of submissions to the Publications Board. Way to go! Keep up the good work to submitting committees, and special thanks to the hard working members of David's Publication Board for their timely, thoughtful review.

The number of guests approved by the Steering Committee at our Fall meeting to become new GAP members was impressive. It is a pleasure to review such impressive CV's of prominent psychiatrists wanting to join our GAP. Our future is bright with the addition of such talent to our ranks.

I would like to thank Phil Satow for attending the College Student and Planning, Marketing and Communication Committees. We appreciate his sage advice and valuable suggestions.

Finally the Nominating Committee, headed by Lois Flaherty, is soliciting nominations for Board of Director positions and officers. You can submit your recommendations, including putting your own hat in the ring, to Lois at lflaher770@aol.com or Frances at frdal@airmail.net. Anyone interested in contacting a fellow about a job can email Frances for assistance.

Happy, healthy, prosperous 2010! May it be a good one for us all. See you in April.



Dave Baron
President

ADMINISTRATIVE COMMITTEE REPORTS:

Fellowship:

Present: Barber, Gross, Heru, Ranz, Rao

The Committee continues to work with the current Fellows at their second meeting. The Committee will review and revise the recruitment and application process/materials for the next group of Fellows.

The Committee will continue to work on mentoring the Fellows.

Publications Board:

Present: Doctors Adler, Baron, Copans, Fink, Kaplan, Nadelson, Notman, Robinson, Schreiber, Hamoda, Koh, Sasso

1. Update on approved Reports:

- a. The Psychopathology Committee manuscript, "Implementing Standardized Assessments in Clinical Care" was published in the October 2009 Psychiatric Services.
- b. The Cultural Committee editorial, "Issues for DSM-V: Role and Relevance of Culture in Psychiatric Diagnosis" was published as an editorial in Journal of Nervous and Mental Diseases, 2009.
- c. The Psychotherapy Committee book on Psychotherapy was published by APPI, 2009.
- d. The Gender and Mental Health Committee had its article, "The Myth of the Abortion Trauma Syndrome." published in the Harvard Review, 2009.
- e. The Psychopathology Committee manuscript "Rational Protection of Subjects in Research and Quality Improvement Activities" will be published in Psychiatric Services February 2010.
- f. The Psychiatry and Community's editorial, "Jailing is failing People with Mental Illness" appeared in Psychiatric Services, 2009.
- g. The Psychopharmacology Committee's report on OTC appeared in Primary Psychiatry, 2009.

2. New approval procedure for the format of Op Ed pieces.

- a. While occasionally in the past Committee's have written Op Ed pieces it has been difficult to have them approved quickly enough to respond to events as they are happening. With the help of the LGBT Committee who has been working with a publicist, committee's are beginning to write "boiler plate" editorial pieces that can be pre-approved by the Publications Board. Four such Op Ed pieces were reviewed by the Publication Boards: 3 from the LGBT Committee and 1 from Work and Organizations. Three were

approved as GAP products though ultimately two newspapers decided there was not space or that they did not want to use a committee of GAP but only an individual contributor's name. A third is awaiting review by the NY Times. The fourth was a personal piece deemed by the Chair of the Publications Board and President of GAP as best to be submitted as an individual contribution.

- b. Because these Op Ed pieces may take more of a political position the following process has been put in place for review: The Publications Board has been delegated the task and responsibility to decide both on content and GAP representation. If there is uncertainty regarding the particular views in the Op Ed piece, the Chair of the Publications Board and the Executive Committee of GAP will make the final determination of whether the piece should be approved as a GAP product or whether it should be an individual contribution by members without the GAP imprimatur. In any case, should there be a request for immediate turn around the Publications Board will continue its 48 hour feedback to new Op Ed pieces reacting to breaking news with important mental health implications.

Operating Committee Reports:

Adolescence:

Present: Becker, Copans, Flaherty, Harper, Onesti

Guest: Jean Wittenberg

The Committee is working on two manuscripts:

- a. Engaging the Depressed Adolescent has been submitted for publication
- b. Meaning of Clinical Evidence near completion

The Committee will have a conference call in January and will be talking about oversight of pharmaceuticals for adolescents.

Addictions:

Present: Fromson, Lewis, Suchinsky, Sullivan, Tamerin

The Committee is working on identifying a topic for a new project. The target audience will be psychiatrists.

Aging:

Present: Liptzin, Meador, Sakauye, Streim

Fellow: Steve Koh

Guest: Helen Kyomen

The Committee is working on a fast track article, "Services for Elderly – Dear Abby Project." The final draft will be completed this month, targeted to mental health providers and policy makers to be submitted for publication to Psychiatric Services.

The Committee will be looking to the Publications Board for thoughtful review. Between meetings, the Committee will finish final editing of the manuscript and looking for a new topic.

Child:

Present: Daly, Kruesi, Pine, Schowalter, Shapiro, Stubbe, Tanguay

Fellow: David Cochran

The Committee has chosen a project to be completed in June 2010. This will be submitted to Psychiatric Services

for publication targeted at mental health providers. The Committee has determined the focus of a new project, an article on re-defining the roles and functions of a child psychiatrist in a changing health care delivery system. The Committee is considering an op-ed piece regarding children's mental health in the Healthcare Plan.

College Student:

Present: Backus, Barriera, Girard, Miner, Notman, Reich, Schwartz,

Guest: Richard Eichler

Fellow: David Sasso

Guests: Michelle Goldsmith, Phil Satow

The Committee welcomed Mr. Phil Satow from the Jed Foundation to discuss future collaborations. The Committee is working to select a new topic to be targeted at higher education administrators, mental health providers and young adults. The Committee will be submitting the work to Chronicle of Higher Education Commentary and developing a position statement in conjunction with the Jed Foundation.

The Committee has begun brainstorming on new topics. The Committee will begin drafting a paper or position statement between meetings.

Cultural:

Present: Becker, Gonzales, Lewis-Fernandez, Like, Lu, Primm, Rogers

Fellows: Mandy Garber

Guests: Terry Dugan and Greer Raggio

The Committee is working on two fast track articles:

- a. "Teaching Cultural Psychiatry in Psychiatric Residency" to be targeted at academic psychiatrists and to be completed in three months to be submitted to Academic Psychiatry.
- b. "Role of Race, Ethnicity and Culture in Psychiatric Research" targeted to mental health providers to be completed in three months to be submitted to Journal of Clinical Psychiatry.

Between meetings, the Committee will be conducting careful reviews of the drafts and the possibility of publication of particular journals.

Disabilities:

Present: Nesheim, VanLoon

Called: Gale, Gennarro, Sack

The Committee had a consultation with Malkah Notman and Marcia Goin about the re-structuring of the committee.

The Committee is working on a fast track article, "Disability, The Physician's Response and Counter-Transference in Busy Practice." The Committee is working on the final revisions of the article to be completed November 2009. This will be targeted to mental health providers and primary care providers. This will be submitted to Academy of Family Practice and local newsletter outlets.

The Committee discussed the history of the Committee as part of the re-structuring process along with future directions, leadership, merging into other committees or dissolution. Before the next meeting, the Committee will re-write the monograph and discuss re-direction.

The plan is to re-focus the Committee to: “medical professionalism,” disability and MD impairment, ethics and future of psychiatry.

The Committee thanks Doctors Notman, Baron, Goin and others for assistance, insights and guidance.

Disasters and Terrorism:

Present: Holzman, Jones, Katz, Stoddard

Teleconference: Aldrich and Merlino

Fellow: Chad Lemaire

Guests: Frank Dowling, Heather Shibley

The Committee is working on a monograph “Clinical Manual of Disaster Psychiatry.” The target audience will be psychiatrists to be completed in one year. This will be submitted to APPI for publication.

Between meetings, the Committee will focus on this publication for APPI, discuss Fort Hood shootings and Mass General stabbing, and proposing GAP pick up the topic of disaster psychiatry if the APA abandons the topic.

Family:

Present: Berman, Grunebaum, Heru, Rolland, Sargent

Fellow: Gwyn Cattell

The Committee is working on a manuscript, “Falling Between the Cracks: How to Support Mentally Ill Parents and Their Children.” The Committee will be discussing information, education for children, parents, families and available programs. This project is expected to take 2-3 years, currently information is being gathered for this topic. The Committee is interested in suggestions, references or discussion.

Gender and Mental Health:

Present: Nadelson, Ochiogrosso, Robinson

The Committee is working on a fast track article “Determinants of Success in Women Researchers in Academic Psychiatry.” The Committee is working on preparing the survey and completing forms for ethical review to be completed by February 2010 to be targeted to psychiatrists to be submitted to Academic Psychiatry for publication.

Between meetings the Committee will draft the questionnaire for survey monkey and completing ethics review form

The Committee is looking for male members for committee membership and identifying female researchers.

History and Psychiatry:

Present: Fidler, Gruenberg, Lipkin, Weiss

Guest: Bruce Harry

The Committee is working on a video project to be completed by April 2011 to be submitted to education programs. The Committee will be reviewing the content and the script. The Committee will focus on setting the agenda for topics, editing the scripts, creating video and setting the pilot video in place.

Human Sexuality:

Present: Adelson, Bell, Downey, Friedman, Goldenberg, Haase, Schore

- a. The Committee is working on a fast track article on “Sexuality in Bipolar and Bipolar Spectrum Adults”
- b. The Committee is working on an intermediate length article, “Sexuality in Bipolar Children and Adolescents”

The anticipated completion date is November 2010 targeted to mental health providers. The Committee will be working between meetings to review publication in press by Doctor Adelson for Journal of the American Academic Psychoanalysis and Dynamic Psychiatry. The Committee will also be reviewing clinical aspects of sexuality in bipolar children and adults.

IMG:

Present: Dewan, Goldberg, Kramer, Rao, Sacks, Saunders, Sperber

Fellow: Hashem Hamoda

The Committee is working on:

- a. Creating An Externship for International Medical Graduates to be submitted to Academic Psychiatry
- b. Beyond “No Resident Left Behind”: creating skills examination based on the standard of care interview, to be submitted to Psychiatric Services

Both of these projects are anticipated to be complete by April 2010 targeted at psychiatric educators.

Doctor Sperber was appointed as co-chair.

Between meetings, the Committee will be working on detailed reviews of both papers, strategies for expanding the committee membership, and ideas for IMG seminar on the program for the APA 2010 Annual Meeting and Institute for Global Psychiatry.

The Committee is looking at future projects:

- a. IMG training DVD of selected cross-cultural vignettes written by committee members
- b. Review article on Academic Development

International Relations:

Present: Twentyman

The Committee is working on an intermediate length manuscript “Application of Psychodynamic Therapy.” The project will be targeted to mental health providers and the general public.

The Committee is looking for new members.

LGBT:

Present: Barber, Drescher, McAfee, McCommon, Schwatz, Volpp

Guest: David McDowell

The Committee is working on a fast track article “Marriage Equality – Don’t Ask Don’t Tell Policy for LGBT Youth.” This will be targeted to the general public to be submitted to Albany Trans Union, Huffington Post and Bilerco.com

Between meetings, the committee will work on media training, messaging and writing op-ed pieces.

The Committee will also be looking for sources of revenue to retain a media consultant for future meetings.

Medical Education:

Present: Bernstein, Cabaniss, Dickstein, Hilty, Kaplan, Scheiber

The Committee is working on a paper “Issues Raised by USC of Technology in Residency Training” to be completed May 2010 targeted at psychiatrists and submitted to Academic Psychiatry.

The Committee worked on the following projects at the meeting:

- a. Discussed APA Workshop on issues raised in training of residents and the use of technology to be presented at the May 2010 APA Annual Meeting
- b. Discussed possible op-ed pieces for the Education Committee
- c. Discussed the issue of mentoring for residents

Between meetings, the Committee will finalize the Workshop presentation and do literature search on mentoring of psychiatric residents.

Mental Health Services:

Present: Carino, McQuiston, Ranz, Sethi, Skiandos

Fellow: Ben Brody

The Committee is working on a fast track article “Validation and Reliability Testing of a Systems-Based Practices Instrument for Psychiatric Residents.” This is set to be completed by November 2010 and targeted at residency training directors and psychiatric residents to be submitted to Psychiatric Services.

Between meetings, the Committee will be evaluating data collected to date and plan to Recruit residency programs. The Committee will be seeking IRB approval at 6-8 more sites, looking for additional sites and data collection, and develop plan to introduce the instrument to directors of residency training programs.

Preventive Psychiatry:

Present: Compton, Koplan, Powers

Fellow: Frederick Langheim

Guests: Christopher Oleskey and Ruth Shim

The Committee is working on a fast track article, “Benefits and Barriers of Prevention in Integrated Mental and Physical Health Care.” The first draft is in preparation to be completed by May 2010 targeted to mental health providers to be submitted to Psychiatric Services.

Between meetings, the Committee will be working on the manuscript and prioritizing the next projects.

Psychiatry and Community:

Present: Cournos, Lamb, Minkoff, Munetz, Talbott

Fellow: Julius Rose

Guest: Stephanie LeMelle

The Committee is working on a fast track article and monograph on the mentally ill in prisons and jails. The first draft is near completion and will be in final draft November 2010. The article will be submitted to Psychiatric

Services, web based, and forensic journals.

Between meetings, the Committee will be working on editing the manuscript.

Psychiatry and Law:

Present: Ash, Giorgi-Guarnieri, Kapley, Newman, Pinals, Resnick

Fellow: Megan Testa

Guest: Andrea Stolar

The Committee is working on a monograph “Legal Cases that Changed the Practice of Psychiatry.” This will be complete by Fall 2011, targeted at students interested in interface of law and mental health.

This will be submitted to APPI or Oxford Press. This will be submitted to the Publications Board after chapter drafts and table of contents have been written. The Publications Board will be solicited for an opinion or level of consent/IRB approval for publishing information from phone calls to litigants.

The Committee will be working on delineating the nature of book and audience, choose chapter topics, assigned primary authors for half the chapters. Each member will be asked to write the first draft of the chapters.

The Committee is interested in input from GAP to provide leads for reaching and contacting famous litigants.

Psychiatry and Religion:

Present: Hamblin, Hunter, Lewis, Snyder

The Committee is working on a fast track article arguing for adoption of a new model when people are mandated for mental health treatment by courts. The draft has been sent to the Publications Board. This will be targeted at mental health providers and submitted to the Journal of Community of Mental Health or Journal of American Orthopsychiatry Association. The Committee requests the Publications Board to develop a better title.

Psychopathology:

Present: Adler, Berlant, Dulit, Goldman, Oslin, Siris, Valenstein

Fellow: Rebecca Lewis

The Committee is working on a fast track article “Provider Communication in the New Era.” The first draft is in process and will be completed November 2010 to be submitted to Psychiatric Services targeted to mental health providers.

Psychotherapy:

Present: Bauer, Kay, Lazar, Mellman, Plakun, Yeomans

Fellow: Stephanie Giannandrea

The Committee is working on an intermediate length manuscript, “Six Different Psychotherapeutic Approaches to Parasuicidal Behavior in Characterologically Disordered Patients – Commonalities and Differences.” The first draft is near completion to be completed November 2010 targeted to mental health providers and specifically psychiatrists. The Committee will be editing the first draft between meetings.

Research:

Present: Beahrs, Keith, Kramer, Sutton, Swann, Verhulst

Guest: Barbara Hale-Richlen

The Committee is working on an intermediate length manuscript, "Evidence Based Practice." The anticipated completion date is one year, targeted to mental health providers submitted to Psychiatric Services.

Between meetings, the Committee will discuss an outline for article using drafts from the membership, every three months via conference calls.

Social Issues:

Present: Dowben, Lurie, Ottenberg

The Committee is looking for a new topic.

Terrorism and Political Violence:

Present: Beahrs, Henderson, Marvasti, Post, Shanfield

Fellow: Neil Aggarwal

The Committee is working on a fast track article "The Dynamics of Radicalization" to be completed in one year, targeted at mental health providers, scholars and political psychiatrists.

Work and Organizations:

Present: Gibson, Greiff, Heidel, Larsen, Long

The Committee has submitted an editorial regarding work place models. The Committee is working on additional editorials this year targeted to the general public. Between meetings, the work will continue on work place happiness.



DATES OF FUTURE GAP MEETINGS

2010
April 15-17
November 11-13

2011
April 7-9
November 10-12

2012
March 29-31
November 15-17

2013
April 4-6
November 14-16

2014
April 10-12
November 13-15

2015
April 16-18
November 12-14

Two Strategies for Increasing GAP Committee Productivity

by Doug Kramer and Stu Copans

As two relatively new members of GAP, we have been continually amazed at the level of creativity, wisdom, and productivity in our committees and in GAP as a whole. The projects we have and are continuing to work on are both important and stimulating, and the discussions both in committee and in other settings over the two GAP weekends each year have stimulated our thinking and changed our practice, teaching, and writing in positive ways. We return home from GAP a little behind in our e-mail, our household chores, and our clinical obligations, but far ahead in our energy, enthusiasm, and plans for positive accomplishments. There is usually a flurry of activity in the few weeks after each GAP meeting and in the few weeks before as we scurry to complete promised drafts or assignments. The recent suggestion of lengthening the meeting into Sunday on an optional basis has some appeal. However, for those of us who are child psychiatrists with our annual meeting at the end of October, and who may also be giving Child & Adolescent Psychiatry Board Exams in the beginning of November, a longer weekend would be difficult. Two suggestions that may help increase ongoing committee work during the interval between meetings are mid-year committee conference calls and the use of a tool called a "Wiki."

Conference calls have been used by at least one GAP committee to help complete a project on which they were working, and many GAP members have had experience using them in other organizations. Those in academic settings may be able to organize conference calls through their university. If not, there are a variety of organizations that can provide them. There is the possibility of GAP developing a contract with a company that would then provide the conference call support for GAP committees. When using a conference call to carry out committee work, it is helpful to have a clear agenda e-mailed out to members before the meeting.

A second strategy is to use a tool called a "Wiki." A wiki is a combination of a web page and a word document and is specifically designed to facilitate team productivity and collaboration. By locating the saved document on the Web, one doesn't have to send a new version to committee members each time a document is revised. When collaborators go to the webpage to look at the article, what they see is the most current version. At the same time, all previous versions of the article are saved, so one can easily find and correct changes that are later decided not improve the article. You can use a wiki without knowing about it, but for those who wish to understand more about the technology, practicalities, and potential uses of Wikis, we encourage you to get a copy of *Wikipatterns* by Stewart Mader. The best known wiki is Wikipedia, BUT if you don't like Wikipedia it is important to remember that a wiki is a tool, and tools are not responsible for what people use them to build. The atom bomb shouldn't be blamed on wrenches or blackboards even though both were important in its construction. A wiki can be used to keep committees informed about the latest document a member is writing without a constant barrage of e-mails each time the article is expanded or changed, and the problems associated with collaborators working independently and later attempting to collate changes. The original author of the article can decide who is allowed to edit the article, and who can look at it and send comments but not revise it. Early in the process a principle author may want input from several or all committee members, but as the final draft approaches, it may be better to restrict who can make revisions.

The easiest and most accessible Wiki to use is provided by Google. You will need a Gmail account to create a Google Document, and for you and your collaborators to access the online document to read and edit it. As mentioned above, a "wiki" is an online document that can be revised in real time by multiple collaborators.

Go to <http://www.gmail.com> to sign up for a Google email account (Gmail). You will not have to switch email providers. This is simply a mechanism to have access to this service. I never receive junk mail on my Gmail

account. I personally use that account for special situations, e.g., travel to GAP meetings, as I prefer to limit my email only to family while away. Once you have a Gmail account, which will be password protected, you will be able to create a Google Document (G-Doc), share it with collaborators, and revise and edit it. It is auto-saved something like every 20 seconds, so it is hard to lose work that has been done. Collaborators are always viewing the most current version, even if editing simultaneously.

To share the document, click in the "Share" menu box on the top right hand side on the title line. Click on the "Invite people" line, then type or paste the e-mail addresses of collaborators you are inviting to work on the document with you. To see who you have already invited, you can click on the "See who has access" line in the same "Share" menu. You can e-mail the article as an attachment to someone who prefers to work offline, or someone whose input you would like, even though they are not a collaborator. You can also send an email message to collaborators when you have made some changes to the document, or if you would like them to comment on a specific section.

In the "File" menu to the far left of the document, the entire Revision History can be seen. This is useful for reviewing and reconsidering changes made by other collaborators. Every change is thus available for reconsideration at any time. Each collaborator can add material, make changes, or add a "comment," using the comment function. Comments are inserted wherever the cursor is placed. Just pull down the "Insert" menu in the blue menu bar to add a "Comment." Comments can be added in different colors to designate a particular person or other attribute. To add comments in color, put the cursor in the comment bar and right click.

We have invited all committee chairs to collaborate on this article, and also all the GAP Fellows (since they are probably more familiar with Google documents and Gmail than the two of us). Others who wish to add or modify this particular document. "Two Strategies . . .," can ask to be added as collaborators by e-mailing Doug Kramer <dakrame1@wisc.edu> or Stu Copans <sacopans2@gmail.com> for access. In that sense, it remains a living document by way of the "wiki" process.

Finally, a word about the process of writing this article - which was done via the Google Document wiki mechanism described herein. GAP is at its heart a networking, collaborative, cooperative, interactive, creative, regenerative mental process. This idea began as current GAP Fellow, Frederick Langheim, M.D., mentioned the possibility to one of us in an airport on the way home in April 2009. I asked him for more detail, laptop in hand, at the Noon meal, at the beginning of the November 2009 meeting. I then mentioned the idea to my GAP roommate, the other of us, on our annual Friday afternoon stroll before the 2:00 PM session. We started playing with it that evening after all of the normal GAP activities had ended for the night. We did so in our room, using one computer, but logged into two email accounts, beginning with the establishing of a Gmail account for one of us, and proceeding as described above with multiple additional dead ends, and by about 12:30 AM had it mastered, using the word liberally, enough to suggest it to our respective committees on Saturday morning. At least two GAP articles are currently being written using this method. Younger members would likely have accomplished more in 15 minutes than we did in a few hours, but probably not with quite the satisfaction that we experienced.

Reference

Mader, Stewart (2008). *Wikipatterns: A practical guide to improving productivity and collaboration in your organization*. Wiley Publishing: Indianapolis.



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